



Volume 45 • Issue 5 • May-June 2018 • Established 1974

TOY MAKING WORKSHOP AND TOY SAFETY WITH MIKE KEENS FROM JUNGLE TOYS

Monday May 7, 2018
7 pm, see flyer page 4



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An Evening with Myrna Frame, founder Fine Feathered Friends Foundation



Monday June 4, 2018
7 pm, see flyer page 5.

ANOTHER GREAT EVENING WITH DAVE WEESHOFF!

April 2, 2018
by Diane Sivas

We were very fortunate to have David Weeshoff as the speaker at our April meeting. Dave is always fun and informative, and he was really "on his game" as he walked us through his trip to the Galapagos.

Janet's opening remarks included announcements of upcoming speakers and upcoming events.

America's Family Pet Expo is coming up at the end of April, and by the time you read this, we will have already participated in the Whale of a Day event at Point Vicente Interpretive Center. If you were there and have photos, please share them with us so we can put them in the upcoming newsletter.

Dave, first and foremost, considers himself a "birdman." He became involved with birds right after he retired and has never looked back. As most of us know, Dave volunteers at the International Bird Rescue in San Pedro. The center takes in sick, injured, and oiled birds, and rehabilitates them for release back into the wild. Fishing injuries (hooks), foot problems (they once had to amputate the leg), and BB wounds are some of the other injuries they've treated. All birds that are rescued in the South Bay are taken to the IBR. Coverage area for the center is from Morro Bay to San Diego, and Dave told us they take in as many as 2500 birds every year. Oiled birds are cleaned, and sick or injured ones are tended to and given "fish smoothies" to help build up their strength.

The Galapagos Island chain is located off the west coast of Ecuador, and is made up of 13 major, and 6 minor islands. The best way to visit, Dave told us, is to connect with a local Ecuadorian guide. Currently, 25% to 30% of the country's gross national product is from tourism, but tours are "controlled tours" to



ensure that the area is kept pristine and protected. Tours are conducted by ship, and the best way to see everything is to use the ship as a home base as it travels from island to island, then go onshore for day hikes and return to the ship for the night. Dave kept us enter-

tained with his special brand of humor, and some great pictures. The Magnificent Frigatebird, who is among the best flying birds, never sets foot on land and never sits on water. They prefer to perch on branches or take a rest on a passing ship. They are nimble and quiet and can fly for weeks at a time. This bird is a fish eater but doesn't catch fish himself. So where does he get the fish? He steals it, of course, from other birds. The quiet, sneaky little (big, actually) kleptomaniac!

The Blue Footed Booby is another well known resident of the Galapagos. Dave explained the origin of its name, telling us that the Spanish thought they looked like clowns, and since the Spanish word for clown is "Bobo," they became known as the Booby. Another interesting fact about the Booby: The intensity of their blue feet indicates the state of their health. The bluer the feet, the healthier the bird.

There are "non-bird" attractions on the island, too, including those famous giant tortoises and the small penguins. There are 7 or 8 different species of tortoise, ranging from large to small. The Pinta Tortoise became virtually extinct after the death of "George," who was thought to be the last Pinta in existence. There is currently an ongoing search to find tortoises with similar DNA (hybrids). The hope is that something genetically close to the Pinta can be reproduced.

Continued on page 6.



The **South Bay Bird Society** is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501(c)(3).

SBBS MISSION STATEMENT

The purpose of the SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.

GENERAL DISCLAIMER

All prizes or auction items offered by the SBBS are offered "as is". No guarantee or warranty of any kind is expressed or implied. In no event shall the SBBS, its Board of Directors, or its general membership assume any liability for damages or losses, either direct or consequential, which may arise from the acceptance of any prize or auction item. Acceptance of any prize or auction item constitutes agreement with these terms and conditions.

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Notes from Janet

GREETING SBBS MEMBERS, SPONSORS AND FRIENDS

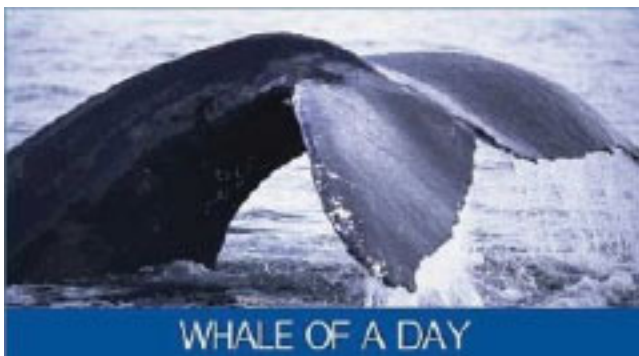
Spring has not completely arrived in many parts of the United States; we in California are very lucky to have such a diverse landscape and weather in which to live, work and play. Mother Nature is truly wondrous and hopefully we will not let her down! Recycle, recycle, recycle and keep our oceans clean!

MAY 7 MEETING WITH MIKE KEENS OF JUNGLE TOYS - TOPICS INCLUDE "TOY SAFETY" AND A "TOY MAKING WORKSHOP."

Mike will provide the toy parts and we will have the opportunity to make toys: either a small, medium or large toy for your bird and one donation to the Fine Feathered Friends Foundation. Myrna Frame, the founder of the foundation, will be our June 4th speaker. Our members are encouraged to create a toy and donate it to the foundation or in support of our sponsors you can purchase a toy from SBBS local sponsors Animal Lovers Pet Shop, Birds & More, Magnolia Bird Farm, or Frans Exotic Birds and bring it to the meeting. When a bird is adopted from Fine Feathered Friends, they always receive a toy which could be your handmade toy.

There is a fee for the parts to make the toys, \$5.00 for small toys, \$10.00 for a medium and \$15.00 for a large toy for your bird. Plus, make a toy to donate to the foundation at a \$5.00 minimum if you wish. This is a very cool way for the membership to participate and contribute to the birds at the foundation.

Mike will give us a hands-on presentation on toy safety, as safety should be the number one concern in selecting toys for our birds. Mike's knowledge and experience will steer us the right direction! This is an evening not to miss. You might be the winner of a table top stand and other Jungle Toys Surprises!



A WHALE OF A DAY CELEBRATION HELD AT THE INTERPRETIVE CENTER LOCATED IN PALOS VERDES ON APRIL 14TH.

The celebration was so much more than I could have expected. SBBS was fortunate to be included in this year's 38th celebration. The event included a variety of vendors, educational booths, art, jewelry, food trucks and raffles. We also had a fly by from the Good Year Blimp and the Coast Guard Halo along with almost 3000 people in

attendance. There were four whale sightings throughout the day. The whales and their babies were magnificent as they made their migration past us on their way up the coast of California.

SBBS was located under a beautiful tree that shaded our booth, with easy access to the Interpretive Center and the best of ocean views. It was a terrific location for the day's events. Ann Lynch from the South Bay Wildlife Rehab was also in attendance with owls, and other birds of prey. Ann and the volunteers do extraordinary work caring for California native birds. Check out their web site <http://www.sbwr.org/birds/> A booth across from SBBS was "Grey Whale Wisdom" with Keith Grey Hale and Carolyn M. Gorman. Keith has written several books on the consciousness of whales. He is truly gifted! Check out their web site <http://breathofthewhales.com/about/about-gray-whale-wisdom-inc/>

MANY THANKS

I would like to thank Marie Calleja and Finnegan her Cockatiel, Kathy Powell, Diane Sivas, Krista Renta with Flin Pionus and her Chinchilla, Phoebe, Gala Burkholder and Kaliha her Amazon, my two Pionus Seattle and Petey for being present on such a lovely day at the Whale of Day Celebration. SBBS members Carol Olsen and Sondra Luther and friends joined us in the booth in the latter part of the day. Happy to see SBBS members enjoying this celebration. Check out the pictures on pages 6 and 7.

AMERICA'S FAMILY PET EXPO – APRIL 27,28,29 Members Donna Crossley, Diane Bock, their flock and Sylvia Skidmore and Phyllis Levine and flock will be in attendance. Their birds are so well received by the public, as well as all the education information they provide. Their booths are in the same room, located in the Hanger building # 18 in booth 2100. Check out the announcement on page 11.

NOTE FROM PATTE FISHER – SBBS RAFFLE AND SPONSOR DIRECTOR ANNOUNCES: SBBS WANTS YOUR OPINION ON THE MONTHLY RAFFLE!!

What would you like to see more of? Less of? What items would you like to see that are not presently offered? Contact your Raffle Coordinator, Patte Fisher, email; pattefisher@verizon.net, phone 310-316-9843, text 310-418-9096 with your suggestions. All ideas welcome

ANNOUNCEMENT – MARIE CALLEJA took some great pictures at the Whale Watch with Joni Malukas on February 25th. We left out Marie's name from the photo credits in the April interim newsletter. Our apologies and many thanks!

See you May 7th with Mike Keens

Cheers,

Janet



TOY MAKING WORKSHOP AND TOY SAFETY WITH MIKE KEENS FROM JUNGLE TOYS

Monday May 7, 2018 • 7 pm • Monthly Drawing • Outstanding Food



TOY SAFETY...WHAT TO LOOK FOR

Learn how to select safe and appropriate toys for your birds from local founder/operator of "Jungle Toys" Mike Keens. His company makes perches, play stands and over 50 different bird-safe toys for all sizes of birds from lovebirds to macaws which are all made in the USA.

Come and enjoy the fun by making a customized bird-safe toy from toy parts provided by Mike Keens!

TOY WORKSHOP

Fees for the toy parts provided by Jungle Toys to make a toy are: Small \$5.00 • Medium \$10.00 • Large \$15.00

Make a toy for yourself and donate one for the birds at the Fine Feathered Friends Foundation.

Fee is \$5.00 to make a toy donation!

An excellent way to participate and donate!

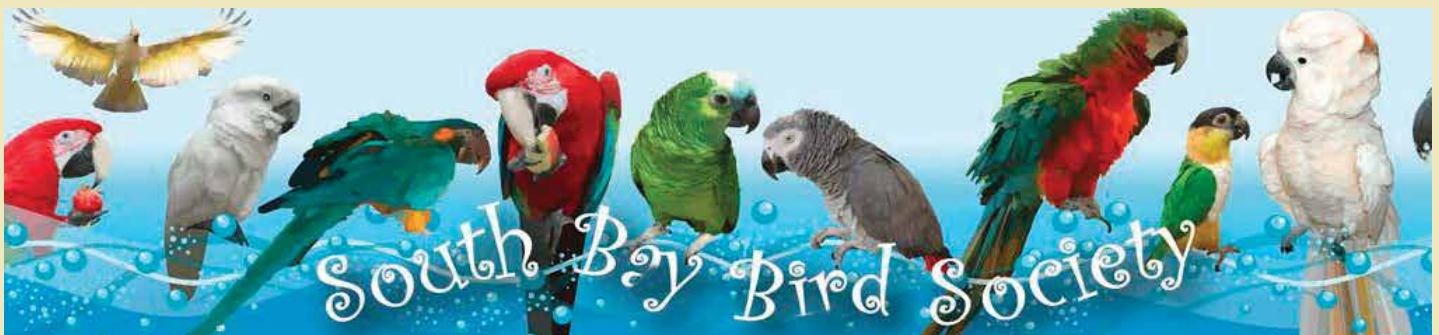
Plus you might be a winner of a tabletop bird stand or other "Jungle Toy" surprises!



Location: Kiwanis Club of Hermosa Beach

2515 Valley Drive • Hermosa Beach • Cross streets are Gould and Valley Drive

For More information: sobaybirdsoc.com
Janet: 310-376-5954 • Kathy: winebird1@msn.com



7:00pm, Monday, June 4, 2018

GREAT RAFFLE

POTLUCK EVENING

*An Evening with Myrna Frame Founder;
Fine Feathered Friends Foundation*



Myrna Frame is the founder of the **FINE FEATHERED FRIENDS FOUNDATION** nested in the South Bay. The foundation is a registered 501-C3 non-profit foundation established in 2003 by Myrna and husband Curtis. Myrna is currently expanding the foundations' rescue, re-homing, adoption and educational programs. SBBS welcomes Myrna to our June meeting.

**PLEASE BRING A NEW TOY TO DONATE TO THE FOUNDATION.
FOOD IS ALWAYS WELCOME! COME EARLY TO HELP SET-UP!**

Location: Kiwanis Club Of Hermosa Beach

2515 Valley Drive, Hermosa Beach, CA 90254

www.sobaybirdsoc.com (corner of Gould and Valley Drive)

For more information, call 310-376-5954

Continued from page 2.

The penguins of the Galapagos are also a fun attraction. Dave told us that these are believed to be the smallest breed of penguin found anywhere, and are world's northern most species of penguin. One theory is that when the earth's tectonic plates shifted, some penguins went South while others went North.

Galapagos penguins are from the latter group. How cute are these little guys??

Dave was great, as usual, and we were lucky to have him. Thanks, Dave! Next month's guest will be Mike Keens of Jungle Toys. Mike will be helping us make a toy for ourselves--as well as one to donate to Fine Feathered Friends--while he talks to us about toy safety. Join us on May 7 at 7:00 p.m.!



A Whale of a Day Celebration

April 14, 2018







Karen has been involved with birds 35+ years, has been an SBBS member 35+ years, and has become an honorary lifetime member of SBBS. She has her own bird shop, she counsels and trains new bird owners, and is a published writer.

Send your questions to Karen Allen, P.O. Box 3863
Redondo Beach CA 90277-3863
Email: Birdsnmore@aol.com



Q & A by Karen the Parrot Lady

The answers to your questions are MY opinion based on nearly 50 year's experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Roskopf and Woerpel. Hands-on experience owning my own exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds. Ask me your questions and I will answer to the best of my knowledge, if I don't have an answer I will make every effort to find one for you and tell you my source. Here we go!!!!

Q. My bird sneezes, sometimes a lot, sometimes just once in a while. What is wrong and what do I do?

A. If it's a lot go to see your Avian veterinarian. The bird may have a cold, a sinus condition or a seed or something lodged in the nostrils, or allergies. Antibiotics or nasal flushes might do the trick. Blood work might be called for and your vet is the best person to ask.

Q. You told us not to whistle at baby birds Why?

A. Baby birds learn very quickly and when they learn to whistle 1st they tend to whistle their words instead of talking them. Best to let them learn to speak and then they can whistle their hearts out.

Q. Why don't you allow mirrors in the cages?

A. You want your bird to relate to you and not that gorgeous creature in the mirror. The older birds tend to get turned on by that bird and get quite cranky

when they get no reaction. They might even take a hunk out of you!

Q. My bird flies free in the house. Are there things I should be aware of?

A. • Mirrors and windows. Birds are unaware that this is not open space. It is very easy to fly into either and break a neck, back or get a concussion.

- Sinks full of dishwater, disposals, slamming doors from kitchen doors to refrigerators, even worse an open front or back door that someone left open, just a smidge, and its bye bye birdie.
- Hot pots cooking on the stove are the worst. The burns from landing in a hot pot can be devastating!
- And last but far from least the dreaded TOILET. Not only do we want our birds not to drown in that particular fixture, but assuming it survives and you get a wet kiss ... Need I say more?



Association of Avian Veterinarians

Advancing & Promoting Avian Medicine and Stewardship

March 2018 AAV Bird Club News Release

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Don't Let Clean Food Foul the Air

By: Jodi Berls, CVA, LVT

Many of us these days are searching out and trying new ways to eat healthier, cleaner foods. But before you bring home that trendy air fryer or switch to avocado oil for cooking, you should give some thought to possible toxic effects on your pet bird.

How Can Cooking Harm my Bird?

Birds are very sensitive to airborne toxins because of their extremely efficient respiratory systems. In effect, they process oxygen into their bloodstreams much more efficiently than mammals do; likewise they process any toxins in the air much more efficiently. You may have heard the expression "canary in a coal mine," which comes from miners who used canaries to warn them of the buildup of hazardous gases like carbon monoxide. The canaries would die before the toxic gases reached concentrations adequate to harm the miners.

Veterinarians routinely advise against keeping pet birds in the kitchen and protecting them against smoke and fumes generated by cooking. Many cooking methods, such as frying, baking, broiling or sautéing, generate at least small amounts of smoke, and even small amounts can be harmful. You may already know about the unsafe effects of cookware coated with Teflon (polytetrafluoroethylene, or PTFE), but what about new "green" cookware with a different non-stick coating? Or that new air fryer or rice cooker?

The Danger of What We Don't Know

Consumer products undergo rigorous testing for toxicity to mammals (humans, dogs, cats, etc.) before they're released to the market for sale, but it's exceedingly rare for those tests to include potential toxic effects to birds. To make matters worse, there are no laboratory tests available for most airborne toxins in birds, so it rarely is possible to determine what toxin was involved even after a bird becomes ill. That means new culinary products or cooking methods can be especially hazardous, because their effects are not known in advance.

For example, a veterinarian in California reported in January 2018 that she had treated two birds that became ill after their owner tried a new recipe that included fried avocados. One of the birds died soon after reaching the vet clinic. Pathology results later showed signs consistent with inhaled fume toxicosis. There is no test available for the presence of avocado, so it remains unknown whether cooking it can cause fumes toxic to birds. It is known, however, that avocado contains persin, a compound that has been proven toxic when ingested by small birds, such as budgerigars and canaries. The incident raises questions not only about cooking avocados, but also about cooking with avocado oil, often touted for health benefits such as the presence of Omega-3 fatty acids.

Similarly, unverified reports surfaced in 2013 of birds experiencing acute death after their owner

"grilled" salmon on cedar planks in the oven. There's no way to be certain the cedar planks were the cause, but cedar is known to contain phenols that are respiratory irritants in many species.

So What Do We Know?

Common inhaled hazards include:

- Fumes produced by any item or appliance that contains a non-stick coating, particularly PTFE, especially if the item is designed to withstand high heat. These may include slow cookers, skilletts and saucepans, baking pans and tins, drip pans, coated heating bulbs, coffee makers, hair dryers, toasters, ironing board covers and many others.
- Smoke from any source, such as cooking oils, burning food, melting plastics or tobacco products.
- Fumes or smoke given off by self-cleaning ovens.
- Fumes from gasoline, paints, glues, nail polish, air fresheners, scented candles, mothballs, hair spray, and cleaning products such as bleach or ammonia.
- Pesticides, including the "bird saver" discs sold at pet stores for the control of mites.
- Carbon monoxide and/or natural gas from a malfunctioning home furnace system, wood-burning stove or fireplace.
- Formaldehyde in new carpeting.

How Can I Protect my Bird?

Because there are so many products and cooking methods that can pose hazards, the best way may be to think of them in categories: Will it get very hot? Will it make smoke or have a strong odor? Are you sure the ingredients are safe when ingested? (This may give a hint about whether any fumes generated may be hazardous.)

If your home is an open plan where it's difficult to separate your birds from the kitchen, good ventilation may be a key part of protecting your pets. Note, however, that unless your range hood vents to the outside of your home, it may not be adequate to remove smoke and fumes. Consider cracking a window to increase airflow out of the home.

If you're thinking of buying a new appliance, such as an air fryer, you can contact the manufacturer for information about whether its internal components include any non-stick materials. If the answer is vague or you don't get a response, you may want to investigate another brand of that appliance.

Overview

If you're looking for ways to achieve a happier, healthier lifestyle by adjusting your diet, good for you! Just be sure to keep your feathered pets' health in mind, too, by exercising some caution about what you cook and how you cook it.

Sources:

<https://www.petcoach.co/article/teflon-toxicity-ptfe-toxicosis-in-birds-signs-and-preventio/>

<http://www.vetstreet.com/our-pet-experts/10-everyday-items-that-are-toxic-to-birds>

<http://www.petpoisonhelpline.com/pet-safety-tips/top-5-toxins-companion-birds/>

https://aspcapro.org/sites/pro/files/apcc_birdtoxic.pdf

<http://www.merckvetmanual.com/exotic-and-laboratory-animals/pet-birds/toxicoses-of-pet-birds>

<https://lafeber.com/pet-birds/avocado-fumes-cause-birds-death/>



Birdie Treats

by Karen the Parrot Lady

- Cottage cheese
- Sliced Canned Peaches (sliced thin or chopped)
- Sliced celery
- Raisins
- Mix together the amount appropriate for your bird/birds.
- Sprinkle chopped walnuts on top with a touch of cinnamon



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Show Hours

Friday: 10am - 6pm • Saturday: 10am - 7pm • Sunday: 10am - 6pm

Please do not bring your pets.

West L.A. Bird Club Meeting

Wednesday, May 9, 2017

7:00 pm

Deb Stambul

Observable Behaviors

The small behaviors our animals display are key to clear two way communication. Learn to listen with your eyes.



American Legion Hall
5309 Sepulveda Boulevard
Culver City, California
www.westlabirdclub.com/



Welcome SBBS New & Returning Members

Returning

Charles Bender & Barbara Simon-Bender, Lisa Cooley & Sean Wright, Linda Dorfmont, Phyllis Levine, Sondra Luther, Linda Dorfmont, June Baker, Lori Kendall

Lifetime Members

Diane Bock, Cary & Anita Pao, Lorrie Mitchell, Jimi K. Anderson, Bree and Deven Brozey

Don't fly off the membership list. Please pay your dues!

SBBS is currently upgrading our membership files. To help us, please go to www.sobaybirdsoc.com and click on Memberships to find the new membership application. Please fill it out and include your check and send it to SBBS, P.O. Box 3863, Redondo Beach 90277-3863.

If you want to join and have received a hard copy or found the membership application on the back of the newsletter, fill it out and send it to the above address. If you have any questions about your membership, please contact Elaine Dunn at (714) 306-5513.

West Valley Bird Society Meeting

No longer has formal meetings.



For more info,

www.thewestvalleybirdsociety.com

FRIEND OR FOE?



THE NEXT DAY...



johnhansen.com



Next meeting is the 3rd Saturday of May. A change from our usual meetings on the 2nd Saturday of each month.

Long Beach Bird Breeders Club

Meets the 4th Tuesday of each month 7 p.m. at the American Legion Hall 5938 Parkcrest Street, Long Beach, CA (S. of Carson, E. ast of Woodruff Ave.)

We present Gregg Crisco
Master Falconer
The Art of Training Birds of Prey
For Information call 562-881-9847



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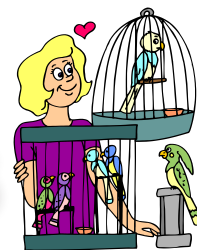


PEAC is not taking in any parrots right now, but they do have a lot of nice birds ready to be adopted. There are classes going throughout the month. The San Diego location has classes the last weekend of the month. Classes in Orange County are on the third Saturday of the month. There is a new class now being offered in Hemet on the first Sunday of the Month. Please check the website for topics, times, and directions.

Please contact PEAC at parroted@cox.net or visit their website www.peac.org for more information.



Adoptions



There are so many birds needing homes out there. If you are considering another bird, please think about adopting one. Call one of these rescue/adoption groups. They all have many wonderful birds just waiting for someone to come and take them home. Many of these groups have websites – take a look!

Organization	Phone	Contact
Parrots First	(866) 248-7670, ext. 5937	www.parrotsfirst.org
The Lily Sanctuary	(714) 442-9474	www.lilysanctuary.org
Parrot Rehabilitation Society	(619) 224-6712	www.parrotsociety.org
Southern Nevada Parrot Education, Rescue & Rehoming Society		www.southernnevadaparrotrescue.org
Santa Barbara Bird Sanctuary	(805)-565-1807	www.sbbird.org
Fine Feathered Friends Foundation	(310) 541-2468	curtismyrna@verizon.net

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Is your card current?
Email Elaine Dunn at ersracer62@gmail.com

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PLEASE JOIN US

Meetings are held at the Kiwanis Club of Hermosa Beach, 2515 Valley Drive, Hermosa Beach 90254 on the 1st Monday of the month at 7:00 p.m.
Parking lot and street parking.

Birds are Welcome at Meetings

South Bay Bird Society - Officers and Board of Directors 2018

Voting Positions

President Janet Ragonesi, (310) 376-5954
Vice President CFO Kathy Powell, (310) 325-1268
Vice President, Secretary Diane Sivas, (310) 937-9925

Directors

Programs Director Open
Membership Elaine Dunn, (714) 306-5513
Education Karen Allen, (310) 371-9967
Community Outreach Tammy Carreiro, (310) 675-6789
Raffle & Sponsor Patte Fisher, (310) 316-9843
Media Director Gala Burkholder, (310) 345-0278
Technical Support Open

Non-Voting Positions

Webmaster Paul Carreiro
 Joan Margolis-West
Consultant to Board Ron Ellwood

Support Positions

Youth Ambassador Open
Adoptions & Foster Care Janet Ragonesi, (310) 376-5954

Newsletter

Publication Joan Margolis-West
 Elaine Dunn

Meeting &

Informational Flyers Joan Margolis-West

Proof Reading Lorrie Mitchell, Sylvia Skidmore

Refreshments Coordinator Deborah Peterson

Photography Open

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SPONSORS

Upon review and acceptance by the Board of Directors, any business that donates \$25 or more per month in either goods, gift certificates, or money to SBBS will be known as a SBBS Sponsor. For each month a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month, depending upon the timing for publication. These sponsors are listed on pages 14 and 15. Let's all give them our support.



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**BIRDS ARE WELCOME
AT MEETINGS**

EFFECTIVE IMMEDIATELY:
**Due to rising costs, members that require newsletter USA Postal Service
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MEMBERSHIP UPDATE:

When a new or renewing member pays for a 2 year membership in advance,
the member receives \$5.00 off the 2nd year, excluding lifetime members.

SOUTH BAY BIRD SOCIETY MEMBERSHIP APPLICATION

P.O. Box 3863 • Redondo Beach, CA 90277 - 3863

- New Renewal Former Member Family \$40 Individual \$32 Senior (60+) \$25 Lifetime \$350

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How did you hear about us? _____

To help plan programs and activities, please tell us what kind of birds do you own? _____

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Signature: _____ Date: _____

