



Volume 46 • Issue 5 • November - December 2018 • Established 1974

South Bay Bird Society Invites You to Our Annual Fundraiser & Silent Auction

Sunday, December 9th, 2018 * 1:00pm-3:30pm

Sending you Chirpy, Cheerful, Holiday
Greetings!



AUCTION TIMES:

Preview

1:00-1:30

Buy It Now

1:30-2:00

General Bidding

2:00-3:30



- Complimentary hors d'oeuvres, homemade goodies and drinks.
- Wonderful gifts for family, friends, pets and you.
- Excellent way to contribute to a good cause while finishing your last minute shopping!

Location: Kiwanis Club of Hermosa Beach

2515 Valley Drive • Hermosa Beach, CA

Cross streets are Gould and Valley Drive

For more information please visit: www.sobaybirdsoc.com

Janet Ragonesi: 310-376-5954 • Krista Renta: kbarrett2000@yahoo.com

**See flyer page 5
for all the details!**

Photos in the newsletter courtesy Gala Burkholder and Marie Calleja

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AN AFTERNOON WITH J. MORGAN SAIFER

November 4, 2018

By Diane Sivas



The **South Bay Bird Society** is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501(c)(3).



Tiki Lisa Cooleys sun conure - checking out her new toy

As has been the case for the past few years, our November meeting had to be moved from Monday evening, November 5th, to Sunday afternoon November 4th to allow for Election Day set up at the Kiwanis Club. I've really gotten to enjoy these Sunday afternoon meetings which seem to have a different feel to them. We had a good turnout of members and birds, and a couple of guests, as well.

Janet kicked things off by introducing our guests, and then moved on to announcements and upcoming events. As most of you know, December is our annual silent auction and fundraiser, and we always need help getting ready. We need people to help set up and clean up after the event, and we need help getting all the donations wrapped, put in baskets and prepared for display at the auction. If you can help, please contact Janet and let her know. Gala reminded us all to use Amazon Smile (SBBS) when ordering things from Amazon. When you do, SBBS gets a little cut from everything you purchase. David Benjamin recently visited Santa Barbara Bird Sanctuary and made a plea for help on their behalf. As most of us know, they

suffered financially in last year's fires, and could use some help getting back on their feet. You can visit the sanctuary or donate on line.

And then it was on to the main event. Janet was instrumental in getting the evening's speaker, Morgan Saifer, from her home in Winnipeg, Manitoba to Southern California. Morgan is an animal communicator and medium, who has been honing her craft for the past 12 years. She is a teacher and recently published her first book, "Animals & Energy."

Morgan started by telling us that she's been to California 22 times and feels "drawn to Los Angeles." She likes to spend part of her time in Palm Springs, where she enjoys the warm weather. She told us that she made some poor decisions in her younger years, but that all changed when she decided she needed a cat. She set out to search and found her perfect match at a local Humane Society. It was love at first sight and they've been together ever since (she and "Pink" even travel to LA and Palm Springs together!). Soon, she came to realize that she knew what Pink was thinking, and

SBBS MISSION STATEMENT

The purpose of the SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.

GENERAL DISCLAIMER

All prizes or auction items offered by the SBBS are offered "as is". No guarantee or warranty of any kind is expressed or implied. In no event shall the SBBS, its Board of Directors, or its general membership assume any liability for damages or losses, either direct or consequential, which may arise from the acceptance of any prize or auction item. Acceptance of any prize or auction item constitutes agreement with these terms and conditions.

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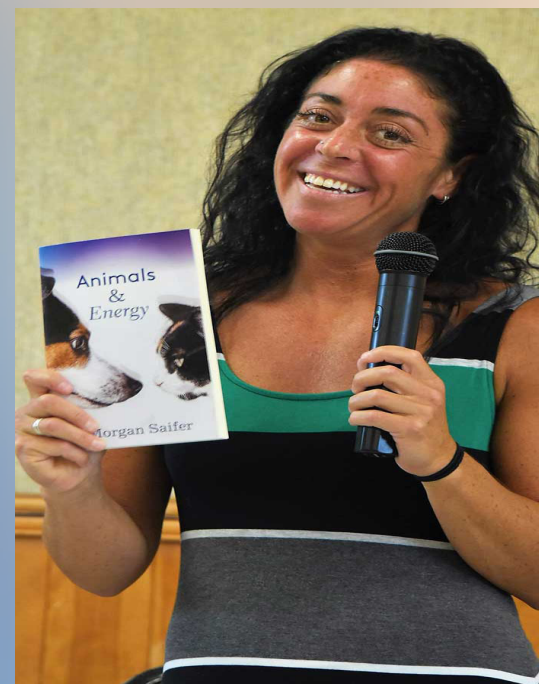
that's what started her on her current path. She got a job at an animal shelter where she spent time sharpening her communication skills.

All animals need a purpose, she told us. They can pick up on our feelings and make them their own. (Ever come home in a bad mood and wonder why the bird is in a bad mood, too?) Interestingly, they can also emulate any physical issues we may have. Birds feel that it is their role to maintain balance in the household and take care of us. Unfortunately, they sometimes come to us with signs of sensitivity or negativity, which they might have picked up in a previous household.

She reminded us that different animals have different roles, and that we need to give them "jobs." Giving them companionship, a good diet, and enough sleep allows them to perform their best when taking on the task of caring for us. Our job is to constantly observe our birds (or other animals) for signs of illness, or unusual behavior or symptoms. We need to take care of them, so they can take care of us!

Morgan gave several "readings" during the meeting. It was interesting hearing feedback and confirmation from the members who put themselves and their birds in the spotlight.

SBBS gives a big shout out to Morgan for traveling so far to see us. It was really an interesting afternoon, and a lot of fun, too! Now it's time to get ready for the big event happening on Sunday, December 9 from 1:00 to 3:30 p.m. We are still taking donations, and we still need help. More information is available on the website, or you can call Janet. Have a great Thanksgiving and see you all on December 9th!



Images from left: Janet and Morgan, Tiki Lisa Cooleys sun conure, Ruby, Morgan Barbara and Abel, Morgan and Ruby, Morgan.

Notes from Janet

Greetings SBBS Members, Sponsors and Friends

As SBBS president, I look forward to seeing you at our **"ANNUAL Fundraiser/Auction"** December 9th. With the help of our member volunteers, sponsors, friends and board of directors' participation prior this auction, this fundraiser could be our best! I would like to thank each of you for stepping up for SBBS!

We Have Over 175 Items Currently For Your Shopping Pleasure! The Auction Is a Time For Fun and Support Sbsbs!

Help Needed – Our setting up the tables begins at 9:30am. If you can help at 9:30, assistance is welcomed. The tables are the most critical stage before any items can be placed upon them.

The set up continues from 9:30 – 12:00 noon. At the closing of the auction at 4:00pm, we will need help to break down tables and chairs. **We Need Help!**

For Their Safety, Please Leave Your Birds At Home!

For auction details see flyer on pages 5 and 6!!!!

Please Read The Auction Guidelines which will be helpful to the success of the fundraiser!

This is your club and the success of the auction depends on all of us attending, participating and purchasing a variety items for our shopping pleasure!

For additional announcements see pages 8 and 9. See you Sunday December 9th.

AMAZON SMILE Please remember to select "The South Bay Bird Society" when making Amazon purchases.

A percentage of the amount of your purchases will be given to our club to help support our programs. Thank you.

Cheers, Janet

Note From Patte Fisher:

SBBS Raffle and Sponsor Director Announces:

SBBS WANTS YOUR OPINION ON THE MONTHLY RAFFLE!!

What would you like to see more of? Less of? What items would you like to see that are not presently offered?

Contact your Raffle Coordinator, Patte Fisher, email; pattefisher@verizon.net, phone 310-316-9843, text 310-418-9096 with your suggestions. All ideas welcome!

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For more information please visit: www.sobaybirdsoc.com

Janet Ragonesi: 310-376-5954 • Krista Renta: kbarrett2000@yahoo.com

SBBS AUCTION GUIDELINES 2018

1. SILENT AUCTION PREVIEW begins at 1:00pm
2. "BUY IT NOW" BIDDING is open from 1:30 - 2:00 only.
3. All "Buy It Now" bids are final at the "Buy it Now" price
Please proceed to cashier with winning "BUY IT NOW" ITEMS AND BID SHEETS by 2:00 to purchase Items.
CASH, CHECK, DEBIT OR CREDIT ACCEPTED
4. General Bidding is open from 2:00 - 3:30. Tables will close every 12 – 15 minutes in number sequence as indicated on balloons on each table.
5. CHANGE YOUR MIND? - If you place a bid and change your mind, you must cross your name off the bid sheet before the table closes for final winner.
6. When table is closed remove, your winning item and bid sheets (the bid sheet attached to the item plus the one taped to the table) and proceed to the cashier).
7. In the event of a "bidding war", a Board Member will call a Live Auction to settle the winning bid.
8. All guests at the fundraiser are entitled to place bids for any items. Please do not block guests from bid sheets at any time.
9. Entry into the Kiwanis Club and exit will be from the front door facing Valley Drive only. Your paid receipt and bid sheet is important at the time you leave the Kiwanis Club. SBBS assistants wearing Santa hats will be available to assist you during the fundraiser, check out and entry/exit.

Thank you!

SBBS Board of Directors



Karen has been involved with birds 35+ years, has been an SBBS member 35+ years, and has become an honorary lifetime member of SBBS. She has her own bird shop, she counsels and trains new bird owners, and is a published writer.

Send your questions to
 Karen Allen, P.O. Box 3863
 Redondo Beach CA 90277-3863
 Email: Birdsnmor@aol.com



Q & A by Karen the Parrot Lady

The answers to your questions are MY opinion based on nearly 50 years of experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Rosskopf and Woerpel. I have hands on-experience owning my own exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds.

Ask me your questions and I will answer to the best of my knowledge, if I don't have an answer I will make every effort to find one for you and tell you my source.

Q My bird flies free in the house; are there things I should be aware of?

A Good Question, I have one for you, WHY? Here are the downfalls of letting your bird fly free, with non-clipped wings:

1. Mirrors and windows look like the outdoors to your bird. If you do not have the windows covered properly, your feathery child will fly into them and possibly break a neck, leg, back or be on their way to the Rainbow Bridge. Of course, if you have them outside in an aviary it is a whole different ball game. Free flight is wonderful, but in the right place.
2. Your toilet seat is not closed and the bird falls in...If you keep a ladder in the toilet then ignore this. If not, how do you expect him to get out?
3. Do you cook with a screen around your kitchen and covers on all pots and pans so your feathery kid cannot fall into a boiling pot or hot frying pan?
4. What if you forget your bird is on your shoulder and you walk outside?
5. What if a friend, roommate or child walk into the house and forgets to close the door?

Are you getting a picture here?

Q Why do a DNA test when I don't much care if my bird is female or male?

A You have your bird DNA tested simply for health reasons. Males may have testicular problems; females may have ovarian problems like yolk peritonitis or egg binding. The organs are not visible to the human eye, so there is no way for even the best of veterinarians to tell. If you have a sick bird and the vet asks you the sex of your bird, it is best to have that answer ready, instead of doing a blood test on the spot and waiting for the results. Your bird may even die while you are waiting for an answer. DNA sexing is in the best interest of both you and your bird.

Q My bird likes to kiss me and pick at my teeth, is that OK?

A Your saliva carries E Coli and there happens to be over a hundred different strains. Some E Coli are a natural bacteria for us and can be deadly to the birds. It is NOT a good idea for your bird to pick at your teeth. Kiss with closed lips, and by all means, use a toothpick and toothbrush to clean your teeth.

*A Celebration of Life
For Lorrie Mitchell*

Sunday - January 27th, 2019

2:00 - 4:00 pm

951 Keniston Avenue

Los Angeles, Ca 90019

RSVO - Karen Allen - 310-371-9967



Dive N' Surf, Redondo Beach

With Roads Closed During The Woolsey Fire, Surfers Take To The Ocean To Haul Supplies To Victims

by Janet Ragonesi

The South Bay community stepped up recently by giving to the families and animals that have lost their homes and are displaced by the recent fires.

On November 16th, as I was watching television, a news reporter announced a call for donations by Dive N' Surf in Redondo Beach. Dive N' Surf is a stone's throw from my home. The company has been a part of the community since approximately 1953 and is the home of Body Glove. I was impressed by their web site, as the company is very philanthropic, supporting a number of organizations throughout California. I drove to the shop and discussed with the volunteers what they needed for donations. They had NO donations for companion or aviary birds that had been displaced by the fires. I immediately contacted Kathy Powell, our CFO, Karen Allen from Birds & More and Karen spoke with Tomi Takemoto from Animal Lovers Pet Shop. In my conversation with Dive N' Surf, I learned that they were making plans to transport the items by boat as the roads were closed due to the fires.

I did not want to miss their launch timeline and promised to return with donations by 4:30pm. I had a 3-hour window! As part of SBBS community outreach commitment, with Birds & More, Animal Lovers Pet Shop, Myrna Frame and myself, we set out on a mission to help. We pulled together over \$500 worth of High Pro Mix, bags of pellets, a variety of seed mixes, millet spray, small animal carriers, plus a few bags of cat food.

As I drove to pick up the donations, I thought of all the birds that needed our help. Both Karen and Tomi had organized their donations. Before I knew it, I was on my way back to Dive N' Surf and arrived safely at 4:15 pm.

Volunteers at Dive N' Surf were thrilled and grateful for our donation. They stated, "We knew you would come back, what a donation!" My heart was full, and I truly believe we are all connected, "that it does take a flock" and together we made a difference! Then, as always!

While at Dive N' Surf, we had a lovely conversation about a hummingbird in need that a volunteer had taken up to Dr. Micco at Point Vicente Animal Hospital earlier this year! Again, I have no doubt that we are all connected!

I applaud Karen, Tomi, Myrna and the SBBS board, along with our membership and sponsors, for supporting SBBS efforts. By purchasing raffle tickets, paying your membership dues, supporting our SBBS fundraiser/Silent Auction, making individual donations for our publications or website, volunteering your time for community outreach events or to be a board member and by supporting SBBS programs and our sponsors, all of these DO make a difference! There was a need, and we thank Dive N' Surf for their call to action!





Association of Avian Veterinarians

October 2018 AAV Bird Club News Release

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Teaching Parrots Alternatives to Biting and Lunging: Angry Birds

*By: Melody Hennigh, RVT, KPA-CTP, Medical Center for Birds and Busy Beaks Academy, Oakley, CA
Reprinted from ExoticsCon 2018 Proceedings, Session #2387*

Abstract: Biting and lunging are common behavioral problems of companion parrots that may lead to reasons for relinquishment. In the absence of functional assessment, behavior-change strategies are more likely to be forceful, less ethical, and can result in an augmentation of the problem behavior(s). Using the principles of functional assessment, this discussion demonstrates how a scientifically based behavior-change plan can be formulated and implemented in a practice setting. Enrichment of maintenance behaviors and target training are emphasized.

Introduction

When describing any behavior it is important to describe observable actions (ie, what we see and what can be seen easily by others). These types of descriptors often have different meanings to different people. For example, an aggressive bird may look like a bird slamming its toys around the cage to one person, but to another person aggressive may look like a lunging, biting bird. Another example is of a depressed bird, which needs to be petted constantly to be happy. Happy and depressed can have many different meanings to different people, yet they are very commonly used as explanations for why a bird behaves as it does. For example, what is the difference between an obnoxious or rude bird and a bird that screams constantly when the owner leaves for the day? One seeks to describe the bird's personality (the owner might say "That's just how the bird is!"), while the latter describes an actual behavior, something the bird is doing, that can be measured, observed, repeated, and therefore is subject to behavioral change. Without taking time to paint a clear picture of a bird's behavior, we can be a greater hindrance than help to our patients and clients.¹⁻³

Enrichment

Foraging is a necessary form of enrichment for most companion birds. Working for food by means of searching through toys or puzzles, and shredding or chewing through paper or cardboard are great ways to keep birds busy, improve cognition, engagement and daily maintenance activities. Many birds will need to be taught these natural behaviors since they are not innate, and are often times have been very limited in the lives we offer for our caged birds, especially when some natural chewing behaviors are considered a nuisance to the pet owner and discouraged. Beginning foraging behaviors and shredding can be taught by demonstration in the exam room and continued at home. These food acquisition activities can range from very simple hidden treats in half covered bowls to very complex puzzles and time consuming boxes to untie or open. By increasing foraging in daily activities often times we can eliminate or lessen inappropriate behaviors.⁴

Target Training

We can teach birds numerous behaviors using target training. By this method, we teach the bird that if it targets (ie, touches with a body part such as its beak) an object (such as a chop stick or closed hand), it will receive a favorable outcome (ie, positive reinforcement).⁵ Target training is used commonly to train

a large number of animal species. Target training can be used to train birds to do anything from playing basketball, allowing intramuscular injections, to stepping up onto the owners hand or exiting the cage. Using small approximations and the individual strength of different reinforcers we can create new behaviors. A reinforcer is any consequence that increases the strength or frequency of the behavior.¹⁻⁴ Target training is a tool used to communicate with our birds what we would like them to do, step by step and allows the human animal bond to be strengthened through positive interaction and reinforcement opportunities.

There are several applications of target training for behavior-change strategies with aggressive parrots, often, which have resulted from broken human-animal bonds. Owners can engage their birds with target training while the bird is in the cage. This allows the owner to interact with their companion while it is still in the cage, making the owner feel safe from being bitten and preventing the bird from practicing biting. Treats for positive reinforcement can be dropped into a bowl inside the cage, given by hand, or delivered on a spoon or from a syringe. Target training is a great starting point for stationing behaviors, where the bird is reinforced and taught to stand on a perch or platform. Standing on a designated perch and lunging a person are incompatible behaviors. By reinforcing stationing and not reinforcing lunging or biting behaviors, the aggressive behaviors become less valuable to the bird and they chose to perform these behaviors less often.

Conclusions

Behavior problems are common reasons for parrot owners to visit their veterinarian and even re-home or surrender their birds. When properly identifying the problem, using functional assessment to find an acceptable replacement behavior and adding enrichment activities to their daily activities, difficult behavior problems can be managed.

References

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3. Fridman SG, Martin S, Brinker B. Behavior analysis and parrot learning. In: Luescher AU, Manual of Parrot Behavior. Ames, IA: Blackwell Publishing;2006:147-164.
4. Echols S. Captive Foraging. The Next Best Thing to Being Free. Lake Worth, FL: Zoological Education Network;2009.
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West L.A. Bird Club Meeting

Wednesday, October 10, 2018
7:00 pm

Our annual Holiday Party

American Legion Hall
5309 Sepulveda Boulevard
Culver City, California
www.westlabirdclub.com/



Welcome SBBS New & Returning Members

New

Diana Gilster, Hedda Dubois, Chris & April House, Brenda Dyer

Renewals

Charles & Barbara Bender

Lifetime Members

Diane Bock, Cary & Anita Pao, Lorrie Mitchell,

Jimi K. Anderson, Bree and Deven Brozey

Don't fly off the membership list. Please pay your dues!

SBBS is currently upgrading our membership files. To help us, please go to www.sobaybirdsoc.com and click on Memberships to find the new membership application. Please fill it out and include your check and send it to SBBS, P.O. Box 3863, Redondo Beach 90277-3863.

If you want to join and have received a hard copy or found the membership application on the back of the newsletter, fill it out and send it to the above address. If you have any questions about your membership, please contact Ron Ellwood (310) 850-0594. Other names will follow in upcoming months.



SAVE THE DATE

for the annual West Los Angeles Bird Club



HOLIDAY PARTY



Wednesday, December 12th at 7PM

Culver City Legion Hall, 5309 S. Sepulveda

RSVP by DECEMBER 7th

Contact WLABC President, Doreen Seelig, at
djseelig@aol.com or 310.488.9749





Meetings are the 2nd Saturday of each month.
 Next meeting is Saturday, December 8, 2018
 Annual Holiday Potluck and Members Opportunity Drawing
NO LIVE BIRDS due to the Virulent Newcastle's Disease outbreak.

Long Beach Bird Breeders Club

Meets the 4th Tuesday of each month 7 p.m.

No December meeting

American Legion Hall
 5938 Parkcrest Street
 Mike Keens from Jungle Toys
 (S. of Carson, East of Woodruff Ave.)
 Long Beach, CA
 For Information call 562-881-9847



PARROT EDUCATION & ADOPTION CENTER

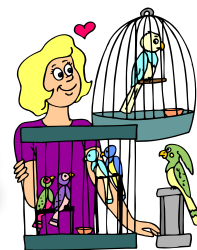


PEAC is not taking in any parrots right now, but they do have a lot of nice birds ready to be adopted. There are classes going throughout the month. The San Diego location has classes the last weekend of the month. Classes in Orange County are on the third Saturday of the month. There is a new class now being offered in Hemet on the first Sunday of the Month. Please check the website for topics, times, and directions.

Please contact PEAC at parroted@cox.net or visit their website www.peac.org for more information.



Adoptions



There are so many birds needing homes out there. If you are considering another bird, please think about adopting one. Call one of these rescue/adoption groups. They all have many wonderful birds just waiting for someone to come and take them home. Many of these groups have websites – take a look!

Organization	Phone	Contact
Parrots First	(866) 248-7670, ext. 5937	www.parrotsfirst.org
The Lily Sanctuary	(714) 442-9474	www.lilysanctuary.org
Parrot Rehabilitation Society	(619) 224-6712	www.parrotsociety.org
Southern Nevada Parrot Education, Rescue & Rehoming Society		www.southernnevadaparrotrescue.org
Santa Barbara Bird Sanctuary	(805)-565-1807	www.sbbird.org
Fine Feathered Friends Foundation	(310) 541-2468	curtismyrna@verizon.net

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South Bay Bird Society members receive a 10% discount at Animal Lovers and Birds & More on selected merchandise and a 5% discount from Chopper's Toys. You must show your membership card or mention South Bay Bird Society when shopping online. Is your card current?
Ron Ellwood
 email Ronellwood1@gmail.com

NEED A HOME for Your Ad?
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 (310) 316-9843



SPONSORS

Upon review and acceptance by the Board of Directors, any business that donates \$25 or more per month in either goods, gift certificates, or money to SBBS will be known as a SBBS Sponsor. For each month a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month, depending upon the timing for publication. These sponsors are listed on pages 14 and 15. Let's all give them our support.



PLEASE JOIN US

Meetings are held at the Kiwanis Club of Hermosa Beach
 2515 Valley Drive, Hermosa Beach 90254
 on the 1st Monday of the month at 7:00 p.m.
 Parking lot and street parking.

Birds are Welcome at Meetings

South Bay Bird Society - Officers and Board of Directors 2018

Voting Positions

President Janet Ragonesi, (310) 376-5954

Vice President CFO Kathy Powell

Vice President

Secretary Diane Sivas, (310) 937-9925

Directors

Programs Director Open

Membership Ron Ellwood (ronellwood1@gmail.com)

Education Karen Allen (310) 371-9967

Community Outreach Krista Renta (kbarrett2000@yahoo.com)

Raffle & Sponsor Patte Fisher (310) 316-9843

Media Director June Baker (junespetcare@hotmail.com)

Technical Support Gala Burkholder (310) 345-0278

Communications

Director Krista Renta (562) 212-5040

Newsletter

Director Gala Burkholder (gidgetscal@aol.com)

Non-Voting Positions

Webmaster Joan Margolis-West

Consultant to Board Ron Ellwood

Support Positions

Youth Ambassador Open

Adoptions &

Foster Care Janet Ragonesi (310) 376-5954

Newsletter

Graphic Designer Joan Margolis-West

Meeting &

Informational Flyers Joan Margolis-West

Proof Reading Patte Fisher

Refreshments

Coordinator Open

Photography Gala Burkholder

Lifetime Members Lorrie Mitchell, Diane Bock, Jimi K.

Andersen, Anita & Cary Pao, Bree and
 Deven Brozey

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The Bird Endowment
 P.O. Box 966, Cuero, TX 77954-0966
<http://www.birdendowment.org>



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 (800) 540-SPCA**



P.O. Box 3863
Redondo Beach, CA 90277-3863
www.sobaybirdsoc.com
**BIRDS ARE WELCOME
AT MEETINGS**

EFFECTIVE IMMEDIATELY:
Due to rising costs, members that require newsletter USA Postal Service delivery please add \$15 to your membership. Thank You!



MEMBERSHIP UPDATE:

When a new or renewing member pays for a 2 year membership in advance, the member receives \$5.00 off the 2nd year, excluding lifetime members.

SOUTH BAY BIRD SOCIETY MEMBERSHIP APPLICATION

P.O. Box 3863 • Redondo Beach, CA 90277 - 3863

- New Renewal Former Member Family \$40 Individual \$32 Senior (60+) \$25 Lifetime \$350

Name(s): _____

E-Mail Address for Newsletter Delivery: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: (____) _____

How did you hear about us? _____

To help plan programs and activities, please tell us what kind of birds do you own? _____

How long have you been keeping birds? _____

Do you keep birds primarily as Pets Breeders Both Renewal Month: _____

Signature: _____ Date: _____

