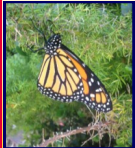




Volume 47 Issue 4 March-April 2020 SBBS Newsletter Established 1974



**Monday, April 6, 2020, 7 P.M.**

**Monthly Drawing Potluck Dinner**

**Sherry Roberts will share with us how we can "Raise Monarch Butterflies!"**

Sherry has been raising Monarch Butterflies for five years. Her yard has recently been recognized by the National Wildlife Federation as a Certified Wildlife Habitat (No. 234,191). Come and celebrate of North America's most familiar butterflies which is considered an iconic pollinator species. America is currently experiencing a crisis as relates to the Monarch Butterfly (*Danaus plexippus*). Many factors contribute to their demise. Come learn what those challenges are and how you

can help the species survive extinction. In this informative presentation you will see the life stages of this fascinating butterfly, what they eat, how they grow, who their enemies are (and there are many) and the patterns of their life that make them unique.

You will also be instructed on how you can raise them inside your own home to contribute to their population numbers. It is fascinating and worthwhile to see them emerge from the tiniest of eggs, transform into a caterpillar, then a chrysalis and finally dash off into the sky as a regal butterfly! You will learn about milkweed (their host plant) and how to take care of their cages.  
*(Photography by Sherry Roberts)*



**POSTPONED NO MEETING ON APRIL 6TH**  
**See pages 3 & 4 for details**

**Location: Kiwanis Club Hermosa Beach**

**2515 Valley Drive, Hermosa Beach, CA (Cross streets are Gould and Valley)**

**Sorry, no BIRDS ALLOWED at the APRIL MEETING due to a VIRULENT NEWCASTLE Disease**

**For more information visit: [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com)**

**Or contact: Janet at (310) 376-5954**

**Inside this issue:**

Page

- 1 April Flyer "Raise Monarch Butterflies" Canceled Mtg.
- 2 Recap on March Meeting, "Dr. Roskopf" by Diane Sivas
- 3 Recap "March Meeting" Continued, Canceled Meeting
- 4 President's Notes by Janet Ragonesi, March Meeting, April Meeting Canceled
- 5 President's Notes Continued, Early Bird, Programs Planned
- 6 Audubon Society, Birding, Food & Raffle Donations
- 7 May Meeting Flyer, "David Weeshoff on Plastics"
- 8 "Q & A" by Karen Allen, The Parrot Lady
- 9 "Q & A" continued, Cartoons
- 10 Avian Article, "Your Pets & Corona Virus"
- 11 Avian Article continued
- 12 SBBS Memberships, Avian Organizations, Cartoon
- 13 Newsletter Submissions, Adoptions, Cartoons
- 14 WING TIPS: Make Birdie Bread
- 15 Color-in Bird Picture
- 16 Sponsors
- 17 SBBS Officers, Board of Directors, Volunteers
- 18 Membership Form

*Cartoons Submitted by:*

*June Baker & Marie Calleja  
Photos by: Gala Burkholder & Janet Ragonesi*

## Avian Medicine and Surgery Dr. Walter Roskopf, Jr.

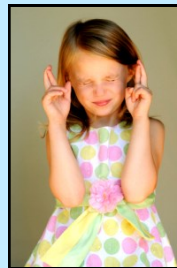
**Sunday, March 8, 2020**  
**By Diane Sivas**

Our March meeting was on Sunday afternoon, March 8, rather than our usual Monday evening meeting. And if it's March, that means it's time again for Dr. Walter Roskopf, who always comes to us with important up-to-the-minute medical information.

After we got everything set up, Janet kicked off the meeting starting with the Early Bird drawing, won by June Baker. We had one guest, Barbara, who currently lives with three birds. Welcome, Barbara. We look forward to seeing you again. Dr. R's birthday is in March, so he had to endure yet another round of the Happy Birthday song from our crowd. He's shy, but we suspect he loves it. Janet provided an update on upcoming speakers. We've got some good ones, so be sure to check out the newsletters and monthly flyers so you don't miss out.



With club business out of the way Karen introduced a man who needs no introduction, Dr. Walter Roskopf. He started with the encouraging news that, while Newcastle is still around, it might soon be in the rearview mirror. It'd be great to be able to bring birds back to our meetings. Keep your fingers crossed!



*Diane Sivas kisses her  
Blue and Gold Macaw, Cheeto*



### SBBS MISSION STATEMENT

The purpose of SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.

### THE SOUTH BAY BIRD SOCIETY

Is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501 (C) (3).



*Dr. Roskopf speaks at the  
March SBBS meeting*

Blood tests are a good start to finding out what is ailing a bird. Erythrocytes are red blood cells. Blood parasites are uncommon but are still seen on occasion. Heavy metal poisoning can be seen on a blood test. Leukocytes (white blood cells), either high or low counts, can indicate disease. Avian hematology can reveal clotting problems or the overall health of the bird. Aspergillosis is a fungal disease, which is also revealed through a blood test.



*("Avian Medicine" continued on Page 3)*

("Avian Medicine" continued from page 2)



Another tool of the avian vet is bacteriology, specifically using gram stains, cultures and sensitivities.

Lead poisoning can be detected by examining droppings, which are usually red. If the condition goes undetected, seizures are the next indication of a problem. Fortunately, this is easy to cure.

Certain birds are more prone to certain illnesses. Budgies have a tendency towards mange, cancer and "duck bill." Dr. R showed us a picture of the duck bill which can be cured with shots, and strategic beak trimming. Feather cysts and air sac mites are a common sickness of canaries (also found in finches). Beak and feather disease, which is caused by a virus, is most often found in macaws, but can also be found in other birds. Dr. R mentioned Marie Calleja's hyacinth macaw, Sebastian, who is, unfortunately, suffering from an auto immune disorder called "ganglioneuritis." He also told us that Marie is doing a great job of keeping Sebastian comfortable. The encouraging news is that the disease has been mostly eradicated in large birds.



We've heard it before – don't kiss your bird on the mouth or allow them to pick your teeth. Humans have bad stuff in there, and we don't want to transmit anything to our parrots! Feather picking can occur when a bird is too attached to its owner. The close attachment can encourage them to pluck chest feathers to use to line the nest. It's a difficult thing to stop, so don't encourage them by letting them sleep in your bed. Dr. R told us about someone who actually did that. Not a good idea!

As always, big thanks to Dr. Roskopf. He always helps us keep well-informed and "in check" so we can do everything possible to keep our bird kids healthy and happy.

V.P. Karen Allen & Dr. Roskopf

**PLEASE READ:** It is with disappointment, that our April 6th meeting will be canceled. The health of you and your feathered and non-feathered family is of the utmost importance to all of us. We will keep you informed of any updates. The speaker, Sherry Roberts, plans to come and share with us about raising Monarch Butterflies at a future date. We are all facing this challenge, but we will get through this together and I hope we can resume meeting soon. Thank you for your understanding in this matter.



## *The President's Notes By Janet Ragonesi*

### Greetings

**SBBS Members,  
Sponsors and Friends:**



The South Bay Bird Society's priority is to our health, safety and well being in whatever we do. The board has been monitoring the COVID-19 situation, and we have decided that in the interest of inhibiting the spread of this virus, it was best we cancel our April 6th scheduled meeting. Our speaker, Sherry Roberts, has agreed to postpone her presentation on "Raising Monarchs," and will speak to us at a future date. While it saddens us to suspend this meeting, we want to protect everyone's health: our birds, pets and families who depend on us.

SBBS will continue to monitor the situation and assess the need to cancel any other future meetings. We will keep you informed via e-mails, posting on our web site: [sobaybirdsoc.com](http://sobaybirdsoc.com), and will continue to send you our monthly newsletter filled with updates, avian information, "Wingtips" - ways to spend your time at home, cartoons and more.

While voluntary social distancing may be necessary to protect our health, we need to pull together to get through this crisis. I am grateful for the network of friends I've made through my involvement with the South Bay Bird Society.

We want to stay healthy and available to anyone who needs extra assistance during this time. If anyone needs or wants help, please contact me at [ragonesi@att.net](mailto:ragonesi@att.net) or call (424) 247-4447 and we will support each other.

Stay in touch with each other, be well and give your birds a hug. I hope to see everyone back at one of our SBBS meetings soon.



### APRIL 6TH MEETING

POSTPONED WITH SPEAKER, SHERRY ROBERTS, ON RAISING MONARCH BUTTERFLIES!



Due to our concern for social distancing, **SBBS will NOT MEET on April 6th as planned.** Sherry Roberts has agreed to make her presentation regarding "Raising Monarch Butterflies" at a later date.

### MARCH MEETING—DAYLIGHT SAVING TIME

Our March meeting started on the first day of Daylight Savings Time! Before I retired, I never liked getting up in the dark. To this day I have no desire to rise and start my day before sunrise! Despite the one hour of lost sleep, the March 8<sup>th</sup> meeting was outstanding with Dr. Rosskopf. He gave us tips to look for in our birds that indicate they may be sick. Through a series of slides, Dr. R. showed us how blood testing can help diagnose illnesses in birds. He also gave us pointers how to keep our feathered flock healthy. Check out Diane's article on pages 2 and 3. Since it was the Doc's birthday, Karen Allen presented him with a chocolate cake, and we all sang Happy Birthday to him!



In honor of St. Patrick's day, I wore green in celebration of my Irish heritage!



Last year at the March meeting, Marie Calleja brought two stuffed animal parrots dressed as leprechauns.



**EARLY BIRD DRAWING**

JUNE BAKER was the winner of the March early bird drawing, This drawing is for current SBBS members only. Your membership must be paid up-to-date for a ticket! The prize is the privilege to be the first person to pick from the raffle table!



*June Baker wins March early bird drawing!*



**50/50 FUNDRAISER**



*50/50 Winner Elaine Dunn*

We had our second 50/50 drawing at the March meeting along with our evenings raffle! The drawing was fun. ELAINE DUNN was the winner of \$25.00 and raised \$25.00 for our club. Including the usual raffle to win an item from the table, the 50/50 was another added feature to the meeting! We will continue the 50/50 when SBBS meetings resume!



**FUTURE SBBS SPEAKERS**

I would like to thank June Baker, Gala Burkholder and Karen Allen for initiating contact with three upcoming speakers. BRAVO LADIES! If you have any recommendations regarding a future topic or speaker, let one of the board members know.

**THEME FOR OUR SEPTEMBER PICNIC**

Each year, we have a theme for our annual picnic. June Baker has recommended the theme: “Mardi Gras” for the 2020 picnic theme. The board will consider this and any other themes that are suggested by our members. More information will follow after the board discusses and votes among the various ideas. Thanks June, for the great idea!



**LISTED BELOW ARE SOME OF OUR UPCOMING SPEAKERS**

**PLANNED FOR 2020**

**\*DUE TO IMPACT OF THE COVID-19 VIRUS, PLEASE CHECK OUR WEB SITE ON THE STATUS OF MEETING ON THESE DATES**

**(Members will receive updates on meeting changes or cancellations through e-mails)**

**\* Monday, May 4, 7 PM David Weeshoff of International Bird Rescue**  
**“Causes and Consequences of Marine Plastic Debris”**



**\* Monday, June 1, 7 PM Josefina Madunich 17-Year Galapagos Naturalist**  
**“The Galapagos Islands & the Rain Cloud Forest of Ecuador”**



**July No Meeting, “Happy 4th of July”**

**Monday, August 3, 7PM Julie Scardina of Sea World**  
**“Animals, Travels and Conservation Stories”**



**Sunday, September 13, 12 Noon-3 PM, Annual Picnic Columbia Park. This year’s theme: TBA**

**Monday, October 5, 7 PM TBA**

**Sunday, November 8, 2 PM TBA**

**Sunday, December 6, 1-3:30 PM Annual Fundraiser and Silent Auction**



**Be a part of our flock and reach out “wing to elbow” to support one another during this difficult time.**

*Cheers, Janet*

**Palos Verdes/South Bay**

**AUDUBON SOCIETY PROGRAMS 7 PM**

**At The Madrona Marsh Nature Center**

3201 Plaza del Amo, Torrance, CA 90503

- **Check on-line to see if these programs and bird walks will be offered or canceled due to Covid-19**

\* **Tuesday, April 21, 7 PM**

**Presentation by: Ann & Eric Brooks, "Railroad Birding Road Trip"**

\* **BIRD WALKS:**



**4th Sat. each mo., 8:30-10:30 am:**

\* **(3/28 & 4/25) Madrona Marsh with Audubon leaders**

\* **Sun., April 5 & 19\*, 8-11 am:**

**Ken Malloy Harbor Regional Park with Audubon leaders. 4/5 meet in the parking lot, 4/19\* meet in the parking lot closest to Anaheim & Vermont for Regional Park 2.**

\* **Sun., April 12, 8-11 am:**



**South Coast Botanic Garden with Audubon leader David Quaadhamer**

**For Info: [www.pvsb-audubon.org](http://www.pvsb-audubon.org) or call David at (310) 833-3095.**

**THANK YOU** to everyone for your donations of **FOOD & RAFFLE ITEMS at the SBBS MEETINGS.**

**FOOD:** Ron & Perry Ellwood, Marie Calleja, June Baker, Gala Burkholder


**RAFFLE ITEMS:** Marie Calleja, Ron & Perry Ellwood,

Each donator receives **2 RAFFLE TICKETS** towards winning a raffle prize for their donations!



**The Orange County Bird Breeders April Meeting Is Canceled**

Balearic Center, 1975 Balearic Center Ave, Costa Mesa  
[www.ocbirdbreeders.org](http://www.ocbirdbreeders.org)

America's Family Pet Expo  is canceled this year due to COVID-19

**YOU KNOW YOU ARE A BIRD OWNER IF:**

1. You ask your neighbor to save their newspapers for you and it is NOT for a Scout paper drive.
2. The bottom of your cupboards have beak marks in them or they are missing portions of the wood.
3. You don't have living room furniture, but instead have a jungle of cages and perches.

**BIRDING** coordinated with the PV Ballona Wetlands and more led by Bob Shanman from Peninsula Land Conservancy, Madrona Marsh, the Wild Birds Unlimited

**ALL OF BOB'S BIRD WALKS THRU APRIL ARE CANCELED**

**BIRD WATCHING WITH BOB SHANMAN**

When: **(4th Wednesday), 8:30 am**

Where: **GEORGE F. CANYON**  
27305 Palos Verdes Dr. East, Rolling Hills Estates, CA

When: **(2nd Wednesday), 8:00 am**

Where: **MADRONA MARSH**

When: **(3rd Sunday), 8:00 am**

Where: **BALLONA WETLANDS**

When: **(3rd Wednesday), 8:30 am**

Where: **WHITE POINT NATURE PRESERVE**  
1600 Paseo Del Mar, San Pedro, CA

**Other BIRDING Locations:**

Where: **BALLONA WETLANDS, KEN MALLOY HARBOR PARK** (see PV/SB Audubon Society in the top, left, yellow box), **BIXBY MARSH**

(See "Events" on Wild Birds Unlimited web site: [redondobeach.wbu.com](http://redondobeach.wbu.com) or call (310) 543-2473 to know more)

**Palos Verdes Peninsula Land Conservancy**  
RSVP: at [pvplc.org](http://pvplc.org), select "Events & Activities"

You could WIN A PRIZE by helping to clean-up after the monthly meeting. Those who stay around a few extra minutes to lend a hand to help take down tables, put away chairs, sweep the floor, wipe-down dirtied tables, put items for home in cars, etc. will be considered to be the randomly chosen person to WIN A PRIZE. Congrats to **PERRY ELLWOOD**, the winner of the prize at the March meeting.

When we all pitch in, the clean-up goes much quicker and easier.

THANKS!





**\* Check on-line for updates to see if this meeting will have to be postponed!**

**\* Monday, May 4, 2020, 7 P.M. \***



**Monthly Drawing      A Potluck Dinner**

**David A. Weeshoff will discuss**

## **“The Cause and Consequences of Marine Plastic Debris”**

David will share how we can reduce the plastic debris in our oceans and insights into the issues regarding plastic recycling. Learn how poor water quality and habitat impact the health of aquatic birds. Also, he will discuss how we can reduce the use of single-use plastic products.

Mr. Weeshoff became a volunteer and docent with International Bird Rescue in San Pedro, CA in 2005 after a 35-year career with IBM. At the Center, he assists the veterinary staff in the care of sick and injured aquatic birds, as well as rehabilitation of birds involved in oil spills. While at the Center he directly observes the impact of poor water quality and habitat on the health of aquatic birds and people.

In February 2006, Dave joined the Speaker's Bureau of Heal the Bay, an environmental organization focused on improving the water quality off the California coast, and is a speaker on related environmental issues, including ocean pollution and climate change.

Dave has represented avian issues for the Marine Life Protection Act, and helped design the marine-protected areas off the southern California coast. Dave is Past-President of the San Fernando Valley Audubon Society and currently is their Conservation Chair, where he addresses contemporary issues involving aquatic birds.

He travels extensively to the Arctic, Antarctica, Midway Atoll, Alaska, Greenland, Iceland, Galapagos, Patagonia, Madagascar and other interesting birding destinations worldwide. ***You won't want to miss this important topic and how we can reduce plastic debris!***



**Location: Kiwanis Club of Hermosa Beach**

**2515 Valley Drive, Hermosa Beach, CA, (Cross streets are Gould and Valley)**

**No BIRDS ALLOWED at the MAY MEETING due to a NEWCASTLE Disease Outbreak.**

**For more information visit: [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com)**

**Or contact: Janet at (310) 376-5954**





## Q & A *By Karen, The Parrot Lady*



The answers to your questions are MY opinion based on nearly 50 years experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Roskopf and Woerpel. I have hands-on experience owning my own Exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds.

Ask me your questions and I will answer to the best of my knowledge. If I don't have an answer I will make every effort to find one for you and tell you my source.

Here we go!!!!

**Q** My bird loves to clean my teeth and give me tongue kisses. I always thought it was cute, but have heard differently. What is the answer?

**A** A BIG RESOUNDING "DO NOT DO IT!" Besides many different strains of E. coli, we carry multiple types of bacteria in our mouths that are unhealthy for our birds. Dry kisses are not even safe -- but certainly better than wet kisses.



**Q** I want to train my bird to poop on command. How do I accomplish this?

**A** Here is the only way it is OK: When your bird poops in the cage, use a specific word like "poop" or "drop" (or whatever), followed by "good bird!" This lets him know that it's good to poop in the cage. Then, when you take him out, hold him over the waste basket and say the same word. Always compliment the process -- in or out of the cage. A bird that holds that poop, waiting for a command, is going to get sick, especially if you are gone for the day or longer. He needs to know that pooping in or out of the cage is OK!



**Q** My bird is dropping feathers all over. Is he sick?

**A** Birds molt their feathers at least once a year. Some are really obvious, some not. It is a natural process, and your birds can use extra vitamins, veggies and fruit to keep up their energy during this time. When a feather is mature and ready to come out (to make room for a new feather), you will see feathers on the cage bottom. This happens year round. Should your bird be losing lots of feathers on a regular basis, get him to an Avian Veterinarian and get blood work done because there may be something far more serious happening than just a normal molt.



**Q** My bird is trying to talk, but I can't understand what he is saying. How can I get him to speak clearly?

**A** There are no speech therapists for birds. You speaking clearly, no baby talk, helps. If it's a really young bird, make sure that no one whistles around the bird until it is talking, or it will whistle words and you will play havoc trying to understand anything. Needless to say, some birds are really good talkers, and some are not. I have even heard finches talk, so all are capable, some just would rather not!

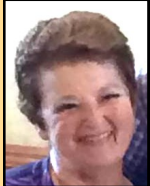


Stay safe. Wash your hands often and vigorously for 20 seconds.  
 (Singing the Happy Birthday song TWICE is perfect timing.  
 Sing softly if you don't have a great voice).  
 Avoid people that are sneezing and coughing.  
 Your dog might catch the Coronavirus (COVID-19).  
 We don't know about birds, but let's not take any chances.



Send me your questions. I look forward to hearing from you.

*Much Love, Karen, Your Parrot Lady*



**Karen Allen** has been involved with birds and a SBBS member for over 35 years. She is a lifetime member of SBBS. Karen owns her own bird shop, "Birds & More" located at 4301 Redondo Beach Blvd., Lawndale, CA. The phone number is: (310) 370-7550. She counsels and trains new bird owners and is a published writer.

Send your questions for "The Parrot Lady" to:

Karen Allen, P. O. Box 3863 Redondo Beach, CA 90277-3863

Email: [Birdsnmor@aol.com](mailto:Birdsnmor@aol.com)



"Laugh Kookaburra" From Marie Calleja

## Your Pets Unlikely To Get Or Give Corona Virus

By Bara Vaida, WebMD Health News


**March 3, 2020 -- The threat that the virus causing COVID-19 could sicken pets and spread between them and their owners is EXTREMELY LOW, veterinarians say.**

Concerns about pet illness with COVID-19, and spread between owners and their animals emerged on Feb. 28, when Hong Kong health authorities announced that a dog belonging to a woman sick with COVID-19, also tested “weak positive” for the new coronavirus, the virus that causes the disease.


The dog showed no symptoms of the disease and is in quarantine, where Hong Kong’s Agriculture, Fisheries and Conservation department is continuing to monitor and test the animal. The agency said “environmental contamination” may have caused the initial positive response and the dog will be monitored and tested repeatedly in the coming days.

“It is really hard to interpret what weak positive means,” says Guy Palmer, DVM, and senior director of global health at Washington State University Paul G. Allen School for Global Animal Health. “There is suspicion [among scientists] about whether it is a true positive.”

Until there is any information otherwise, Palmer says pet owners can feel confident that the virus ISN'T spreading between pets, owners and other pets. There is a greater likelihood of certain bacteria on animals spreading between owners and their pets, so diligent hand washing is recommended, he said. Understanding about the virus that causes COVID-19 is continuing to evolve, however, and information could change about the disease and its impact on pets and their owners in the coming weeks and months.



Sing “Happy BIRD Day” 2 times (or for 20 seconds) while you are washing your hands vigorously to help keep you and your family healthy!



*Our pets are a source of our joy!*

*Lisa Cooley smiles when her Sun Conure reaches out to its new toy.*



To help process the current situation, here are some questions and answers, based on information from the American Veterinary Medical Association, the CDC, the World Organization for Animal Health, World Small Animal Veterinary Association and several veterinarians.

### How worried should I be that the virus will infect my pet?

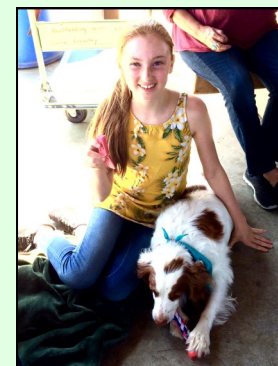
Not very worried. As of March 1, no animals in the United States have been identified with the virus and currently, there is no evidence that a dog or other pets can contract or spread this disease among themselves or humans, says the CDC.

“The risk to and from pets appears low at this time,” said Brennen McKenzie, VMD, a veterinarian with Adobe Animal Hospital in Los Gatos, Calif., and author of the book ‘Placebos for Pets: The Truth about Alternative Medicine in Animals.’

Animals spread viruses between one another that are genetically distinct from human viruses. The genetic distinction makes it extremely difficult for humans and their pets to pass diseases on to one another. (Except for the rabies virus, which is known to be transmitted from dogs to people. In the US, rabies is rare because dogs are required to be vaccinated against rabies).

*Keep petting your dogs & parrots.*

*Donna Crossley’s granddaughter, Hannah, plays with Donna’s dog, Lexi, at the 2018 SBBS picnic.*



(“Pets” Continued on page 11)

*("Pets" Continued from page 10)*

But what about the dog in Hong Kong? What does that test result mean for me and my family?

The **Hong Kong dog** is the only known instance worldwide where a pet has tested positive for the virus causing COVID-19, and **scientists are skeptical about the accuracy of the test.**

"We are still waiting to get more information about whether the dog in Hong Kong was actually infected with the virus, or whether it was just present on the dog, but not in an infectious way," said Michael San Filippo, spokesman for the Illinois-based American Veterinary Medical Association, a non-profit representing 95,000 veterinarians.

He added that until Hong Kong authorities provide more information "we just don't know if the dog could get sick, or make other animals or people sick, or if it could carry the virus and pass it on to others, or if this was a rare case."

**While we wait for more information from Hong Kong, how can pet owners keep their animals and families safe?**

Keep petting your animals. **Wash your hands with soap and water after petting your animal or another's. Sometimes pets can carry bacteria, like E. Coli or salmonella, that make people ill, says the CDC.**



**(Editors note: Due to other potential germs that could make your parrot sick, wash your hands BEFORE you pet or hold them).**

**Avoid close contact with people who are sick. Stay home when you are sick. If you need to cough or sneeze, do so into your bent arm, instead of your hand. Practice "Social Distancing."**



**Include pets in your family's emergency preparedness planning.** Keep a two-week supply of your pet's food and medications on hand, **advises** the American Veterinary Medical Association.

**Donna Crossley & Marie Calleja taught us about emergency preparedness at a SBBS meeting in 2019. Thank-you!**

**What about reports that an animal was the source of the virus?**

Viruses are always evolving. Sometimes, though rarely, viruses that are circulating among animals **evolve** enough to cross over between species and then to humans. The majority of new pathogens dangerous to humans, emerge from animals. The new coronavirus, officially known as SARS CoV-2, likely **germinated in an animal, probably a bat, but it is not clear yet how it evolved to infect a human,** says the World Small Animal Veterinary Association. **Companion animals and humans have distinct viruses that usually don't infect one another.**

The new coronavirus that causes **COVID-19 is transmitted between people through respiratory droplets from coughing, sneezing and through personal contact with an infected person.** There is **some evidence that the virus may live on surfaces for hours,** but scientists aren't certain if this is correct. **There is no evidence that a dog or cat, or another type of pet, can contract or spread COVID-19.**

**What if I live in an area where there are COVID-19 cases?**

Continue to follow your usual routine of pet care. Until there is more information, pet owners may want to **avoid contact with unfamiliar animals. Always wash your hands before and after touching your pet, or someone else's pet.** If your pet is ill, call your veterinarian, says the World Small Animal Veterinary Association.

**What should I do if my animal came in contact with someone who is later diagnosed with COVID-19?**

There isn't evidence that COVID-19 can spread through pets, so **don't worry.** If your pet gets sick after interaction with someone with COVID-19, first call your veterinarian.

**What if I, or someone in my family develops COVID-19, or I am in quarantine because of close contact with someone diagnosed with COVID-19?**

The CDC **recommends limiting contact with pets or other animals if you develop COVID-19.** They advise **having someone else in the household care for your pet if you are sick. If you are in quarantine, but not sick, technically, your pet is in quarantine also, and you should find some way to care for the animal in the confines of your home,** says veterinarian McKenzie.

*(Watch for more updates in future newsletters)*



SBBS Welcomes  
New & Returning Members

RENEWALS: Linda Dorfmont

LIFETIME MEMBERS: Cary & Anita Pao,

Karen Allen, Ron & Perry Ellwood, Donna Crossley,

Dr. Roskopf, Jack Ford, Janet Ragonesi, Don Hand,

Bree & Deven Brozey

MEMORIAL LIFETIME MEMBERS:

Lorrie Mitchell, Diane Bock

Number of Current Members: 64

Don't fly off the membership list! Please pay your dues.

Your dues help support your club by providing newsletters, educational programs, the website, beverages and more.

To join SBBS, please print page 18 of the newsletter or go to [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com) and click on "Membership" to find a membership application. Fill the form out, include a check and send it to SBBS, P.O. Box 3863, Redondo Beach, CA 90277-3863. If you have received a hard copy or found the membership application on the back of the newsletter, fill it out and send it to the above address. If you have any questions about your membership, please contact Membership Director, Ron Ellwood (310) 850-0594.



The West L.A. Bird Club

*\*The APRIL meeting is*

**CANCELED due COVID-19**

**We will post updates when the club can resume their monthly meetings**

**At the American Legion Hall**

5309 Sepulveda Blvd., Culver City

[www.westlabirdclub.com](http://www.westlabirdclub.com)

For info. Contact  
President, Doreen at  
[djseelig@aol.com](mailto:djseelig@aol.com)  
or (310) 488-9749



"Laugh Kookaburra"

Cartoon submitted by  
June Baker

**Long Beach Bird Breeders**

**ALL MEETINGS ARE CURRENTLY CANCELED**

Meets the 4th Tuesday of each month at 7 p.m. at  
the American Legion Hall, 5938 Parkcrest Avenue,  
Long Beach, CA 90808

(S. of Carson, E. of Woodruff Ave.)

For info call: (562) 881-9847



**PARROT EDUCATION & ADOPTION CENTER**

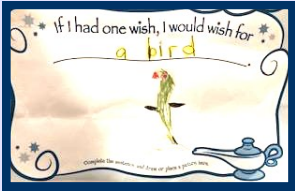
**PEAC** is not taking in any parrots right now, but they do have a lot of nice birds ready to be adopted. There are classes going throughout the month. The San Diego location has classes the last weekend of the month. Classes in Orange County are on the third Saturday of the month. There is a new class now being offered in Hemet on the first Sunday of the month. Please check the website for topics, times, and directions. **Please contact PEAC at [parroted@cox.net](mailto:parroted@cox.net) or visit their website [www.peac.org](http://www.peac.org) for information.**

All members are invited to submit bird-related items for a future SBBS newsletter in any of the following segments:



Gala & Kahlia

- ☀ In **“Wing Tips,”** share a tip that could improve the lives of both you and your bird(s).
- ☀ In **“Laugh Kookaburra,”** send a bird-related cartoon, joke or humorous photo.
- ☀ In **“Creative Corner”** send photos of your **bird-related drawings**, ceramic pieces, needle point, paintings, etc. or texts of poems or photos with a unique point of view.



E-mail your ideas of what you would like to SEE, along with your SUBMISSIONS to: [gidgetscal@aol.com](mailto:gidgetscal@aol.com).

The deadline for the next newsletter is *Tuesday, April 14th*

## Adoptions



There are so many birds needing homes out there.  
If you are considering another bird, please think about adopting one.

Call one of these rescue/adoption groups.

They all have many wonderful birds just waiting for someone to come and take them home.

Many of these groups have websites—take a look!



### Organization

Parrots First

### Phone

(866) 248-7670, ext. 5937

### Contact

[www.parrotsfirst.org](http://www.parrotsfirst.org)

Parrot Rehabilitation Society

(619) 224-6712

[www.parrotsociety.org](http://www.parrotsociety.org)

Southern Nevada Parrot Education, Rescue & Rehoming

[www.southernnevadaparrotrescue.org](http://www.southernnevadaparrotrescue.org)

Santa Barbara Bird Sanctuary

(805) 565-1807

[www.sbbird.org](http://www.sbbird.org)

Fine Feathered Friends Foundation

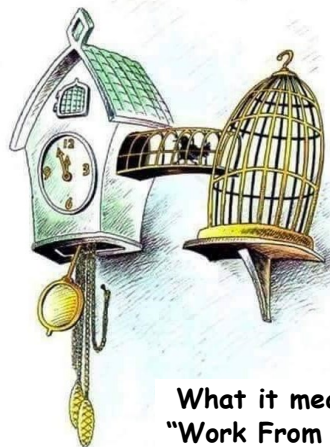
(310) 613-9549

[curtismyrna@verizon.net](mailto:curtismyrna@verizon.net)

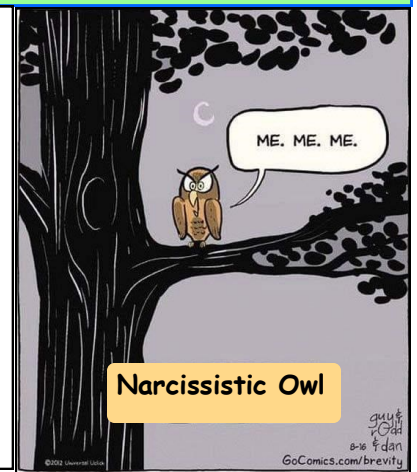


“Laugh Kookaburra”

Cartoons submitted by June Baker & Marie Calleja



What it means to “Work From Home”



Narcissistic Owl

guy & rick are fan GoComics.com/brevity

## WING TIPS: Are you staying home with your birds?

If so, we have some ideas for you to consider to take advantage of this time at home to benefit you and your feathered and non-feathered family. Start out by **making birdie bread for your parrots**. After the bread has been baked, cut the bread into individual bird servings, freeze the tasty treats so you will have them on-hand for future use even if your fresh supplies run low. Your birds will love these treats. Thank you to Donna Crossley for providing some of her birdie bread recipes. Her feathered family get baked treats every Sunday.

### BIRDIE BANANA NUT BREAD

#### Ingredients:

- 3 ripe bananas
- 4 eggs with shells crushed
- 1 1/2 C apple juice (can use concentrate w/ water)
- 1/2 C vegetable oil
- 2 C flour
- 1 C oatmeal
- 3 teas. baking soda
- Nuts, bird seed, dried fruit



Mash bananas

Add eggs with their shells, apple juice & oil and mix together

Add a mixture of flour, oatmeal and baking soda and mix

Add other items such as chopped nuts, bird seed and dried fruit and mix

Pour into greased 9" X 13" pan

Bake in 350 degree oven for 40 minutes

### BIRDIE CORN BREAD

#### Ingredients:

- 1 1/2 C apple juice (can use concentrate w/ water)
- 1/2 C vegetable oil
- 4 eggs with shells crushed
- 1 C corn meal
- 2 C flour
- 1 T baking powder
- Cockatiel seed, mixed frozen vegetables



Mix together liquids with eggs

Add mixture of dry ingredients and mix together. Add cockatiel seed and frozen mixed vegetables and mix.

Pour into greased 9" X 13" pan and bake in 350 degree oven for 40 minutes

**WING TIPS: Here is an adult coloring book page featuring hummingbirds.**

Enjoy the calming effect of coloring-in this picture using colored pencils or fine-tipped markers. If possible, print this page on cardstock for better coloring results. You are invited to submit your finished colored-in pictures for a future newsletter to [gidgetscal@aol.com](mailto:gidgetscal@aol.com). Have fun!





**SHOP our sponsors.**

**Contact:** "Birds & More" for curbside service, "Animal Lovers" for home delivery information and "Wild Bird's Unlimited" for items to be shipped.

**SBBS members get a 10% discount from Birds & More and Animal Lovers**

**Birds & More**  
 Hand-fed baby birds  
 Birds supplies & accessories  
 Grooming • Day Care  
**Karen Lee Allen**

Available "Curbside" Service

4301 Redondo Beach Blvd.  
 Lawndale, CA 90260

(310) 370-7550  
 E-mail: birdsnmor@aol.com  
 Website: birdsandmore.com

**Animal Lovers**

Home Delivery

Hand-fed baby Birds  
 Free bird grooming  
 Toys • Seed • Pellets  
 Medium to large baby birds are sexed & microchipped  
 Birds, reptiles & small animal boarding

**New address 24028 Vista Montana  
 Torrance, CA 90505  
 310 378-3052  
 Website: www.animalloverspetshop.com**

**Jungle Toys**

**Mike Keens**  
 (818) 993-9777  
 E-mail: mkeens@sbcglobal.net

The South Bay is fortunate to have great avian veterinarians for our feathered friends.

Get your bird "wellness check" now!

**Exotic Birds by Fran, Inc.**  
 9215 Valley View Street  
 Cypress, CA 90630  
 p: (714) 761-0868  
 f: (714) 827-8471  
 facebook.com/birdsandsuppliesbyfran

- Open 7 days: Monday-Friday 9-6, Saturday & Sunday 9-5
- Boarding & Grooming services
- Home Grooming & Training

**MANGO Pet Products Inc.**

HOME IS WHERE THE BIRD IS

**mangopet.com**  
**Erik (516) 263-4551**

**AVIAN and EXOTIC ANIMAL HOSPITAL**

**Walter J. Rosskopf, Jr., DVM**  
 Board Certified

4871 W. Rosecrans Ave., Hawthorne, CA 90250  
 (310) 679-0693

Special "Curbside" Service

**POINT VICENTE ANIMAL HOSPITAL**  
 Teresa E. Micco, DVM  
 Cassie L. Jones, DVM

31270 Palos Verdes Drive West  
 Rancho Palos Verdes, CA 90275  
 www.pointvicentevet.com  
 Phone (310) 265-9500  
 Fax (310) 265-9521  
 Cats, Dogs & Exotic Animals Welcome

**Lafeber COMPANY**  
 Nutri-Meals • Avi-Cakes  
 Nutri-Berries • Pellets • and  
 Available at your favorite pet shop.

**Magnolia Bird Farm**  
 We Buy Birds • We Sell Birds  
 Complete Bird Supplies

8990 Cerritos Ave.  
 Anaheim, CA 92804  
 (714) 527-3387  
 (Closed first 2 weeks in July)

12200 Magnolia Ave.  
 Riverside, CA 92503  
 (951) 278-0878  
 (Closed first 2 weeks in August)  
 Open 9-5 daily - Closed Sun., Mon., & Holidays.

**PARROTS Naturally**  
 LA's Premier Bird Store

We ship anywhere (except birds & fresh prepared foods)  
 Happy, socialized babies  
 Natural & healthy food  
 Harrison's Bird Foods  
 Fresh sprouts, breads.

Experience Wall of Toys!  
 Breeders' supplies  
 Sundays are always Samples Days

19224 Ventura Blvd., Tarzana, CA 91356  
 818.708.7277 Toll Free 866.727.7687  
 www.ParrotsNaturally.com

Our sponsors provide us some of our raffle prizes to make our meetings more fun!

Please thank our sponsors for supporting the South Bay Bird Society by giving them your business.

Shop on-line at: [www. MyWBU](http://www.MyWBU)  
 or call: [www. MyWBU](http://www.MyWBU)

Contact for delivery options during Covid-19

**Wild Birds Unlimited**  
 Your Backyard Birdfeeding Specialist®  
 1886 Pacific Coast Hwy  
 Redondo Beach 90277  
 (NW corner of PCH & Prospect  
 310 543 2473 (new)

Feed a Hummingbird.

We MET ONLINE.

Contact for reduced access during Covid-19.

since 1934

**Leach Grain & Milling**  
 562.869.4451

South Bay Bird Society members receive a 10% discount at Animal Lovers and Birds & More on selected merchandise. You must show your membership card or mention South Bay Bird Society when shopping on-line.

If you need to renew your card, e-mail Ron: [ronellwood1@gmail.com](mailto:ronellwood1@gmail.com)

**NEED A HOME for Your Ad?**

Please Contact **SBBS President, Janet Ragonesi at (310) 376-5954**

**SPONSORS**

Upon review and acceptance by the board of directors, any business that donates \$25 or more per month in either goods, gift certificates or money to SBBS will be known as a SBBS Sponsor. For each month, a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month depending upon the timing for publication. These sponsors are listed above. **LET'S GIVE THEM OUR SUPPORT.**



# PLEASE JOIN US



Meetings are held at the Kiwanis Club of Hermosa Beach

2515 Valley Drive, Hermosa Beach, CA 90245 (near the corner of Gould and Valley Drive)

Currently, the meetings are canceled. Most meetings are held on the 1st Monday of the month at 7 pm.

\* Sometimes, special meetings are held on Sunday afternoons, but verify the meeting date by checking the website at [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com).

You don't have to own a bird to attend. You are invited to bring a dish to share at our potluck which is followed by a speaker and a raffle.

Members are invited to attend Board Meetings which are usually the 2nd Monday of the month. Call Janet for details and to RSVP.

## South Bay Bird Society — Officers and Board of Directors

VOTING POSITIONS:



NON-VOTING POSITIONS:

**EXECUTIVE DIRECTORS:**


- President** Janet Ragonesi, (310) 376-5954
- V.P.: CFA & Secretary** Diane Sivas, (310) 937-9925
- V.P.: Education** Karen Allen, [birdsnmor@aol.com](mailto:birdsnmor@aol.com)

**DIRECTORS:**

- Program Director** **OPEN**
- Membership Director** Ron Ellwood  
([ronellwood1@gmail.com](mailto:ronellwood1@gmail.com))
- Raffle & Sponsors** **OPEN**
- Newsletter & Flyers** Gala Burkholder  
([gidgetscal@aol.com](mailto:gidgetscal@aol.com))
- Press/Media** June Baker  
([junespetcare@hotmail.com](mailto:junespetcare@hotmail.com))
- Community Outreach** **OPEN**
- Technical Support** **OPEN**  
  
ACTING—Gala Burkholder (310) 345-0278

**SUPPORT POSITIONS:**

- Adoptions & Foster Care** Janet Ragonesi, (310) 376-5954
- Proofreaders** Sylvia Skidmore, Marie Calleja, Patte Fisher
- Web Master** **OPEN**  
  
ACTING—David Benjamin  
([Davidsbbsr@dbenjamin.com](mailto:Davidsbbsr@dbenjamin.com))
- “Meet-up” Site** David Benjamin
- Refreshments** **OPEN**
- Photography** Gala Burkholder, Marie Calleja
- Lifetime Members** Anita & Cary Pao, Karen Allen, Ron & Perry Ellwood, Jack Ford, Donna Crossley, Janet Ragonesi, Dr. Rosskopf, Don Hand, Bree & Deven Brozey
- Memorial Lifetime Members:** Lorrie Mitchell, Diane Bock



***Do you want to volunteer in ANY way for SBBS?***

***If so, contact the President Janet Ragonesi at (310) 376-5954***

*The people listed above have chosen to “Step-up” to help with our club.*

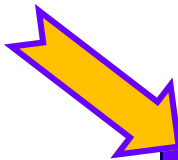
*They have listed their contact information for your reference in SBBS business.*



P.O. Box 3863  
Redondo Beach, CA 90277-3863  
www.sobaybirdsoc.com

**EFFECTIVE IMMEDIATELY:**

Due to the rising costs, members that require the US Postal Service for delivery, please add \$15 to your membership. Thank-you.



**MEMBERSHIP UPDATE:**

When a new or renewing member pays for a 2-year membership in advance, the member receives \$5.00 off of the 2nd year, excluding lifetime members.

**South Bay Bird Society Membership Application**

P.O. Box 3863, Redondo Beach, CA 90277-3863

*We appreciate your support. Your donations are tax deductible. SBBS is a 501 (c)(3) non-profit corporation*

New \_\_\_ Renewal \_\_\_ Former Member \_\_\_ Family \$40 \_\_\_ Individual \$32 \_\_\_ Senior (60+) \$25 \_\_\_ Lifetime \$350 \_\_\_

Name(s): \_\_\_\_\_

E-Mail Address for Newsletter Delivery: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Other Phone: (\_\_\_\_) \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

To help us plan programs and activities, please tell us what kind of birds you own: \_\_\_\_\_

\_\_\_\_\_ How long have you been keeping birds? \_\_\_\_\_

During the meetings when you are invited to bring your bird, we sometimes take pictures of the birds for our newsletter. We like to identify them by name. If you want, please list your bird species and the names of those you might be bringing so we can label the photos: \_\_\_\_\_

Mark ways you will volunteer: Hold a Board Office \_\_\_ Help with Pot Lucks \_\_\_ Help with Community Outreach Events \_\_\_ Help with the Silent Auction/Fundraiser \_\_\_ Take Photos of Meetings \_\_\_ Foster Birds \_\_\_ List Other ways \_\_\_\_\_

Do you keep birds primarily as: Companions \_\_\_ Breeders \_\_\_ Both \_\_\_ Renewal Month: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_