



**Volume 47 Issue 10 September-October 2020 SBBS Newsletter Established 1974**

**Stephanie Lamb, DVM, DABVP (Avian Practice) to speak on  
 “SAFETY FIRST: Common & Hidden Dangers For Your Bird &  
 Healthy Plants For Your Bird To Forage For Food And Fun!”**

**ZOOM on Monday, October 5th at 7PM**

If you think you know about all of the dangers your pet bird may face, then you definitely need to join us for our “Safety First!” ZOOM. This isn’t your average household hazards discussion. Dr. Lamb will discuss the many ways your bird can get injured or sick, based on real avian emergencies she has treated at her clinic. Even the most experienced bird owner may be surprised at some of the hidden, and not so hidden, dangers in a pet bird’s environment.



In addition to this topic, avian vet, Dr. Lamb will share how you can provide a safe and fun way for your bird to forage for food using fresh, non-toxic plants. In the wild, a bird searches for food everyday and often requires them to tear through some of the less edible parts of plants to get to the more desirable food item they are searching for. You will learn how you can provide a way they can use their instinctual behavior for their benefit. She will share safe plants you can grow and harvest.

Stephanie Lamb, DVM, DABVP (Avian Practice), received her veterinary degree from the University of Minnesota in 2010. She became a boarded specialist for birds in 2014 through the American Board of Veterinary Practitioners and has worked exclusively with birds and other exotics in Connecticut, California, and, currently, in Arizona. She volunteers her time with wildlife groups. Dr. Lamb has written scientific articles and spoken about avian and exotic medicine at various bird and exotic pet clubs and at both local and national veterinary conferences.

A self-proclaimed “bird-nut,” Dr. Lamb grew up in Las Vegas, Nevada, with various companion animals of her own. From an early age she knew she wanted to work with all types of animals, providing them with great medical care and individualized attention. She always had a strong pull toward working with those species who were less conventional, but it was her hand-tamed zebra finch, Leonardo Da Vinci, who opened up her heart and mind to the amazing companionship that a tiny life can provide for a human. It was because of him that she became encouraged to devote her attention to see that birds and other exotics received the best care and a happy, loving life that they deserved. So, plan to join us for this informative ZOOM!

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**For more information, call Janet Ragonesi at (310) 376-5954**

# Chris Davis & Dr. Ted Lafeber

"Birds and Other Animals as Loving Friends and Family..."

Taking It To A Whole New Level!"

Sunday, September 14, 2020 Presentation via ZOOM

By Diane Sivas

The coronavirus is uncool, but ZOOM meetings ARE COOL because they have allowed us to secure speakers who don't live in our immediate area. Perfect case in point, we had our friend, and past member, Chris Davis, on hand to speak to us about all things "behavioral" with our animals. And, of course, where there's Chris, there is husband Ted Lafeber to talk about the latest news from the world of bird nutrition.



Karen Allen



V.P., Karen Allen made a quick introduction and off we went. Chris began by telling us that this was her first video presentation, which turned out great, by the way. We know her mainly as a bird behaviorist, but it became apparent as she talked that she is connected to all types of animals from birds to reptiles to insects and even to fireflies!

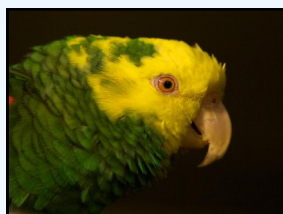
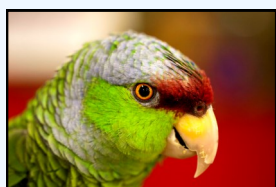


Chris Davis



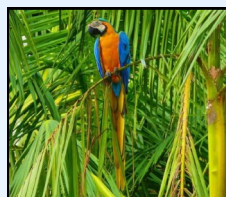
Chris started her career at Universal Studios and Lion Country Safari where she first got to work with, and train, parrots. This was at a time when importation of birds was going on. On

a trip to Kathmandu, she encountered a guy selling baby birds on the street, which was as close as we got to hand fed babies at that time. Most people had wild birds. Chris showed a picture of two Lilac Crowned Amazons and noted that one of them had been altered to look like a Double Yellow Headed Amazon. When asked about it later, Chris informed the unsuspecting owners that they had a Lilac Crown and not a Double Yellow Head.



Back then, people didn't think birds were intelligent enough to understand us and were so stupid that they felt the only way to discipline them was by punishing them, rather than trying to understand them and use appropriate training methods. Bird's brains are different than mammal brains, Chris told us, and people didn't think they could be trained or have their behavior modified.

Bird behavior training just was not accepted by most folks. Birds captured from the wild remained wild and fearful, and no one knew what to do with them. They'd drop them, or hit them, or leave them in a dark room or closet. This, they thought, was the only way you could control or alter their behavior.



When birds began to be bred domestically, Chris thought she'd need to find another job because she would no longer have to work with wild ones. She was very against more importation of wild birds and was for in for breeding them domestically, so she began working with people and their birds on ways to alter behavior. Imagine a bird being snatched from the wild, jammed into a box with nothing to eat? The only thing they knew for sure was that they were going to be killed and eaten. Why would they want to be our friend?

She told us about one wild bird she worked with, and how she was able to gradually modify the bird's behavior and eventually succeed in making him more open to being handled. Birds are very perceptive. Working with him, with her hands behind her back, was less threatening and she was actually able to communicate with him telepathically.

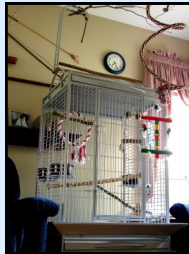
("Chris & Ted" continued on Page 3)

(“Chris & Ted” continued from page 2)

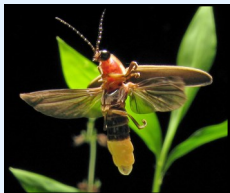


She worked with one man who was having trouble with his cockatoo, and who contacted Chris for guidance. She instructed him on what to do, but to not work with the bird for too long at any one time. Things were going well, but soon ended up going south. He called again, and she told him to sit silently in front of the cage and apologize to the bird. He did, and it worked!  
**Birds communicate with us on so many levels.**

**Going into people’s homes always gave Chris greater insight into what was going on with the bird.** A cage next to a doorway can frighten the bird when people come and go. Cage placement, or covering one corner of the cage, will give them a place to hide. Birds are visual and sometimes need privacy.



In addition to birds, Chris told us stories about her relationships with many different creatures. She talked about fireflies following her around when she talked to them, the iguana who watched TV with her, and the tortoise that recognized her and hugged her. Amazing!



Dr. Ted Lafeber

Ted then took over to give us the latest scoop on Lafeber foods and nutritional products, telling us about their *new* gourmet pellets that will be available on October 12.



**TROPICAL Gourmet Pellets**

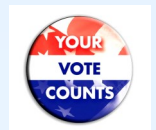
Great new stuff for our birds, so everyone should check them out. **Thanks to Chris and Ted for spending time with us. It was great to see them!**

For the rest of us, be on the lookout for fliers and the newsletter for upcoming events

*Stay safe everyone, and we'll see you soon on ZOOM!!*

Cheeto says:

*“Be sure to vote in this year’s election. You can find out more about our election at LA Vote.net.” Also, NOW is the time to get your flu shot.*



Diane Sivas & Cheeto, her Blue and Gold Macaw

*If you missed this ZOOM presentation, let Gala Burkholder know at gidgetscal@aol.com and she will send you a link so you can watch it!*



**SBBS MISSION STATEMENT:** The purpose of SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.

**THE SOUTH BAY BIRD SOCIETY**

Is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501 (C) (3).

*The President's Notes* By Janet Ragonesi



Greetings  
SBBS MEMBERS,  
SPONSORS AND  
FRIENDS



We all have learned to watch out for our birds by making sure they get 12 hours of sleep, have a healthy diet, challenge their intellect and physical well-being by giving them a new toy, providing large play areas so they can move freely, protecting them from hazards and more.

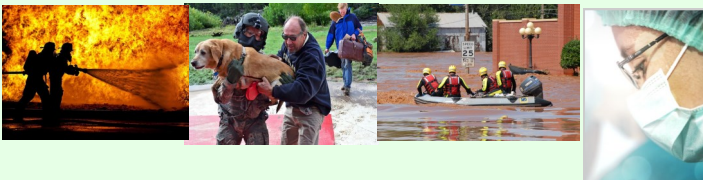
Now that we are nearing the end of September, my flock is molting, eating and chewing toys like crazy. Several of them are now very much interested in ripping papers and looking for a mate! Be careful where and how you pet them to not encourage mating behavior! Sometimes it is helpful to change the subject from this basic instinct by introducing a distraction such as playing music, giving them a toy or taking them outside.

STRESSES ON MANY FRONTS

California, as well as much of the West Coast, is suffering from a 2-year-long drought which is causing the largest, massive fires in these states in our recorded history. And the fire season has just begun! Other portions of the country on the Gulf and East Coasts are experiencing an increase in hurricanes and flooding.



In addition to these destructive weather patterns, the world is facing the worst pandemic in 100 years, and this virus is still not contained in our country. We mourn for those who have lost loved ones. Some of us have become unemployed, are having difficulty feeding our families and paying for housing. Our children are not able to have in-person education and vital socialization with their peers. We all probably know someone who has been negatively impacted to some degree from this public health crisis. Our hearts go out to everyone who is suffering. We applaud the first responders for their bravery to help us during these difficult times!



I want to encourage all of you to continue to take all of the necessary precautions to keep both you and your family safe and cared-for, both physically and mentally.

We need to be mindful in **taking care of ourselves** in much the **same way as we take care of our feathered family**. Make sure you get adequate rest, eat healthily and stay active. Consider starting or renewing a hobby such as drawing a picture of your parrot, dancing with your bird, gardening, practicing yoga, bird-watching, cooking a new recipe, going for a walk or watching a funny bird video with your parrot like this one of Einstein, the African Grey:



<https://laughingsquid.com/parrot-asks-squirrels-in-yard-to-talk-to-him/>

Continue to protect yourself and others by wearing a mask, social distancing and only meeting with others outdoors, washing your hands and sanitizing your home. Our parrots are counting on us to be there for them!

**Reaching out and helping a neighbor can be more satisfying to you** than for someone who lives next door and **can give you a sense of appreciation for what you do have in your life**. A phone call to a friend, family member or co-worker can brighten up another person's day, as well as your own!

Remember, **your mental health is as important as your physical health**. Contact your doctor for a referral for a mental health professional to provide you the **tools** to lead a more fulfilling life and to reduce your stressors. For those living in the South Bay, the Beach Cities Health District has health-related resources you can access by calling, (310) 374-3426 X 256. The County Crisis Line is (800) 854-7771. Sometimes, **we have to take baby steps to make positive changes in our life**. It can take time to teach our birds a new behavior, just as it does with us!



*("President's Notes" continued from page 4)*

**THANK YOU**



I would like to thank our board of directors, volunteers, members and our speakers that have stepped-up to assist the SBBS with our ZOOM each month! We may not be meeting in person, but organizing is much the same as our meetings at the Kiwanis Club! **Due to our technology, we are able to continue to "see" each other several times throughout each month and have FUN doing so! Join us.**

**SBBS ZOOM MEETINGS WITH SPEAKERS:**

**THANK-YOU TO OUR SEPTEMBER 13TH SPEAKERS—CHRIS DAVIS & DR. TED LAFEBER**

Our ZOOM meeting with animal behaviorist, Chris Davis, and Veterinarian/Nutritionist, Dr. Ted Lafeber was absolutely delightful! They are a matched-set of compassion!

*Chris Davis*



*Dr. Ted Lafeber*



Chris has dedicated her life to the well-being and care of animals. She is one of the first persons to become an animal behaviorist, believing birds are intelligent enough to be trained using positive behavior techniques instead of punishing them.

Ted has spend his life caring for animals and dedicated to avian health and nutrition. His company, Lafeber products, carries some of the most nutritious food for birds. His company invented Nutri-berries with a new flavor being introduced in October at your local bird store.

Be sure to read Diane's spot-on, full-report on Chris's and Ted's heart-warming presentation on pages 2-3.

**UPCOMING OCTOBER 5TH SPEAKER PRESENTATION**

Our **originally scheduled speaker**, Michael Tobias, is **unable to ZOOM** with us on this date due to taking care of a family member. We are looking forward to having him speak to us at a time in the future. **But, good news! Avian Veterinarian, Stephanie Lamb, DVM, DAVP, has agreed to be our guest ZOOM speaker on that same day!**



**THE MONDAY, OCTOBER 5TH SPEAKER PRESENTATION AT 7 PM, will feature AVIAN VETERINARIAN, STEPHANIE LAMB, DVM, DABVP**

*Dr. Stephanie Lamb*



SBBS is pleased to welcome Dr. Stephanie Lamb to our ZOOM series. Dr. Lamb will be speaking on **"Safety First!: Common & Hidden Dangers for Pet Birds"** and **"Providing Healthy Plants For Your Bird To Forage For Food & Fun."**

Dr. Lamb will discuss the many ways your bird can get injured or sick, based on real avian emergencies she has treated at her clinic. Even the most experienced bird owner may be surprised at some of the hidden, and not so hidden, dangers in a pet bird's environment.

In addition to this important topic, Dr. Stephanie Lamb will share how you can provide fresh, healthy plants for your bird to be able to forage for their favorite food. She will share with you examples of safe plants you can grow, harvest, and use for fresh foraging fun for your birds.

***For more information on this presentation, see the flyer on page 1.***

**THE 1 PM, SUNDAY, NOVEMBER 8TH SPEAKER PRESENTATION WILL FEATURE DR. IRENE PEPPERBERG, and she will give updates on her research studies on her AFRICAN GREY PARROTS & "THE ALEX FOUNDATION"**

We are thrilled to welcome **back Dr. Irene Pepperberg** to SBBS to have her give us **updates on her current research studies on African Grey Parrots.** As parrot owners, we **are not surprised to learn that parrots are smart, but Dr. Irene Pepperberg has proven it to the world!** You won't want to miss out on hearing what this world-class, published researcher has to share on current studies on Greys. **Please note the special time of 1 PM on Sunday, November 8th for this presentation.**

***For more information, see the flyer on page 9.***

*Dr. Irene Pepperberg with Alex, her Afri-*



("President's Notes" continued from page 5)

**SBBS SOCIAL ZOOM MEETINGS**



**SBBS SOCIAL ZOOMS CONTINUE ON THE 3<sup>RD</sup> MONDAY OF EACH MONTH AT 7 PM**

It is great to see the familiar faces of our SBBS members and meet new parrot lovers from across the country. This is a time we can get together as friends to chat about our common interest in our birds!

Each ZOOM social has a topic to serve as a framework to begin our discussions. But there is always time for each of us to share, or ask questions about what is on our minds, and what we have been doing while spending so much time at home. SBBS will send out the link a day or two in advance to each of our members as a reminder.

**WHAT WOULD YOU LIKE TO DISCUSS AT A FUTURE ZOOM SOCIAL?** Let us know of any topics you would like to discuss at a future Social ZOOM. If you think about any topic you would like to chat about, let me or one of the board members know.

*[A report on the August 17 social ZOOM can be found on page 17.](#)*

**UPCOMING SOCIAL ZOOM MEETINGS:**

**7 PM, MONDAY, OCTOBER 19TH**  
**The Topic will be:**  
**"CREATING A PET DIRECTIVE"**



In the state of California, pets are considered property. They have **no rights** other than the ones we state in our **pet directives**. Our wills, trusts, health directives and pet directives are vital to carry out our wishes when we are unable to make decisions about our lives and property, including the future of our pets' lives.



I have been working with a trust attorney to revisit my wishes for my parrots. This is a legal way to make sure my feathered flock will be well taken care of for the rest of their lives. Join us and share any plans you have made for your birds.

**For more information see the flyer on page 16.**

**OTHER UPCOMING SOCIAL ZOOM MEETINGS:**

**7 PM, MONDAY, NOVEMBER 16TH**

**The Topic will be: "ALL ABOUT The SBBS On-Line Fundraiser & Auction & Items Preview"**



- You will learn how to access the on-line auction.
- Learn about the security, procedures and aspects involved for you to bid on your favorite items.
- Preview some of the items that will be available for you to bid on beginning December 1 at 5 PM.

*More information for this social will be provided next month.*

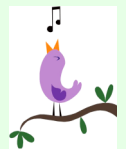
*The board has been planning some fun events we can celebrate together via ZOOM during the holidays. Here are a few we are considering. Let us know what you think, or any other ideas!*

**7 PM, MONDAY, DECEMBER 21ST**

**HOLIDAY PARTY & FAVORITE ORNAMENT SHARE!**



- Share your favorite tree ornament or other holiday decoration with others and explain what makes your item special to you.
- Share a holiday memory with your bird. Perhaps we will sing carols or festive songs with your birds while having a fun time!



**7 PM, THURSDAY, DECEMBER 31ST**

**CELEBRATE THE NEW YEAR PARTY!**

Let us know your fun ideas for bringing in the new year. We can start early enough for a brief time so you can still watch the virtual ball drop in New York City at 9 PM, Pacific Time, if you want.



("President's Notes" continued on page 7)

(“President’s Notes” continued from page 6)

## **LOOKING AHEAD: THE ANNUAL DECEMBER FUNDRAISER & AUCTION**

The online auction will be secure with **approximately 100 items**. We are limited in the number of items we can have, since we will not be holding the event in-person, but it will be online. We will be preparing a **catalogue for you with all of the items, which will include photographs** to help you select any items you might want to bid on.

**The on-line auction bidding will take place beginning 5 PM, December 1 thru 6 ending at 5 PM. More details about the auction will be discussed in the next 2 newsletters and at the 7 PM, November, 16th ZOOM Social. Be sure to link-in with us that night to find out more.**

**Due to the limited number of items, they must be PRE-APPROVED BEFORE you donate them.** To help us select the 100 items for the fundraiser, **please send me a photo (smart phone photos are fine) along with a short description and item value, to me at: Ragonesi@att.net and to Gala Burkholder at: gidgetscal@aol.com.**

Because all that is involved in coordinating this annual event, **NOW is the time to organize your donations that you wish to include in our annual SBBS fundraiser. Donations should be NEW or NEARLY NEW. If you choose to purchase new BIRD items for a donation, we would like to suggest you consider supporting one of our SPONSORS. For NON-BIRD items, consider ordering thru Amazon Smile and choose SBBS as your designated charity, and we will receive a small percentage of that purchase.**



***Tax deductible monetary donations can be made at any time.***

**Donations may include such items as:** art, jewelry, bird & people toys, wine, books, bird cages & stands, sporting equipment, household items, art supplies, china, hand-painted or artisan clothing, beauty products, gift baskets and gift cards of all kinds!

**We will be considering your donations until SUNDAY, OCTOBER 11th or until we reach 100 items.**

For additional information or questions about your donations, **please call me at (310) 376-5954**. Please do not wait; I am expecting your calls! Remember, **due to the limit of items for this year’s fundraiser, items must be pre-approved.** Thank you for supporting SBBS!

### **HOW WE CAN SUPPORT EACH OTHER**

While the current environment and challenges that face our country continue to evolve, SBBS wants to be there to assist our members, sponsors and friends.

**If you, or anyone you know, need assistance with their birds, please let us know.** We will do our best to help. Contact myself at (310) 376-5954 or Karen Allen, the SBBS “Parrot Lady” at (310) 371-9967.

### **PLEASE, SHOP OUR SBBS SPONSORS.**

#### **ATTENTION ALL VOTERS:**

Please make sure your choices are recorded on the entire ballot.

You and your family’s interests are at stake.

#### **So, PLEASE VOTE!**

#### **Los Angeles County Voters:**

Every registered voter in California will receive a mail-in ballot in time for the November election. *Carefully*, follow *all instructions* to make sure your vote is counted.

You can **return your ballot** by **mail (mail early)**, **in person**, at any “Vote by Mail” drop box location, or at any “Vote Center” in LA County.

For more information on how to safely vote in L.A. county in the upcoming election, please go to [sos.ca.gov/elections](https://sos.ca.gov/elections) and [lavote.net](https://lavote.net).

EVERY MOUNTAINTOP IS WITHIN REACH IF YOU JUST KEEP CLIMBING.

By Barry Finlay

LET'S CLIMB TOGETHER!

**Cheers,  
Janet Ragonesi, SBBS President**

**Palos Verdes/South Bay**

**AUDUBON SOCIETY**  
**NOW ON ZOOM!**

**3rd Tue./mo., 7 PM,**

**OCTOBER 20TH:**

Benny Isaac Jacobs-Schwartz presents: **"From Sea to Summit: The Marvelous Hummingbird"**



**At this time, BIRD WALKS are CANCELED**

**(Check the website to confirm cancellations and re-start dates)**

**\*BIRD WALKS:**

**4th Sat. each mo., 8:30-10:30 am:**

Madrona Marsh with Audubon leaders

**1st & 3rd Sun., 8-11 am:**

Ken Malloy Harbor Regional Park with Audubon leaders. 1st Sun. meet in the parking lot, 3rd Sun meet in the parking lot closest to Anaheim & Vermont for Regional Park 2.

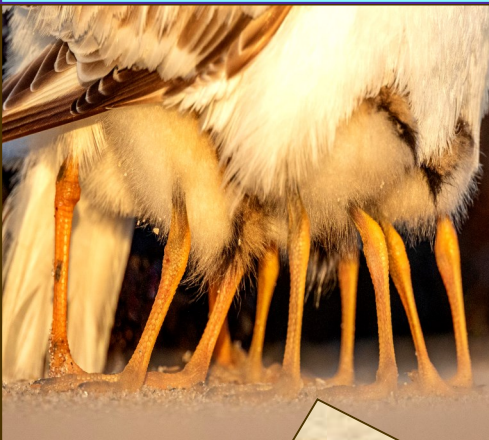


**3rd Sun., 8-11 am:**

South Coast Botanic Garden with Audubon leader David Quaadhamer

For Info: [www.pvsb-audubon.org](http://www.pvsb-audubon.org) or call David at (310) 833-3095.

**Laugh Kookaburra**



"Does anyone know where I can get a mani-pedi?"

**The Orange County Bird Breeders Meetings Are Canceled Due to Covid-19**

Balearic Center, 1975 Balearic Center Ave, Costa Mesa  
[www.ocbirdbreeders.org](http://www.ocbirdbreeders.org)



**When disposing of your masks, CUT the EAR STRAPS so animals don't get tangled up in them!**


**YOU KNOW YOU ARE A BIRD OWNER IF:**

1. Your TV channel is tuned to playing Tom & Jerry and Looney Tunes cartoons even though you don't have children at home.
2. You check the bird-swing after an earthquake to see if your African Grey is enjoying the earth moving. "Whee... That's fun Mom!"

*(Created by G.B.)*

**STAY SAFE!**

**Karen Allen Reminds Us To Continue To:**

- **Wash our hands often and vigorously for 20 seconds. Singing the "Happy Bird Day" song  TWICE for perfect timing.**
- **Avoid people that are sneezing and coughing.**
- **Wear a mask in public.**
- **Keep a distance of at least 6 feet away from other people.**

**BIRDING** coordinated with the PV Ballona Wetlands and more led by Bob Shanman from Peninsula Land Conservancy, Madrona Marsh, Wild Birds Unlimited

**CHECK WEBSITE TO CONFIRM CANCELED BOB BIRD WALKS**

**BIRD WATCHING WITH BOB SHANMAN**

When: **(4th Wednesday), 8:30 am**

Where: **GEORGE F. CANYON**  
27305 Palos Verdes Dr. East, Rolling Hills Estates, CA

When: **(2nd Wednesday), 8:00 am**

Where: **MADRONA MARSH**

When: **(3rd Sunday), 8:00 am**

Where: **BALLONA WETLANDS**

When: **(3rd Wednesday), 8:30 am**

Where: **WHITE POINT NATURE PRESERVE**

1600 Paseo Del Mar, San Pedro, CA

**Other BIRDING Locations:**

Where: BALLONA WETLANDS, KEN MALLOY HARBOR REGIONAL PARK (see PV/SB Audubon Society in the top, left, yellow box), BIXBY MARSH

*(See "Events" on Wild Birds Unlimited web site: [redondobeach.wbu.com](http://redondobeach.wbu.com) or call (310) 543-2473 to know more)*

**Palos Verdes Peninsula Land Conservancy**

RSVP: at [pvplc.org](http://pvplc.org), select "Events & Activities"





## Dr. Irene Pepperberg to give us an update on “Life in the Lab, Post-COVID”

**ZOOM on Sunday, November 8th at 1 PM**



Dr. Pepperberg with Alex, Griffin & Arthur

We are thrilled to welcome back **Dr. Irene Pepperberg** to SBBS via ZOOM and have her give us **updates on her research studies on African Grey Parrots in connection with the Alex Foundation and meet some of her birds.** There will be time for you to ask her specific questions about her work.

**As parrot owners, we are not surprised to learn that parrots are smart.** But, that wasn't always the pervasive assessment of their mental abilities. Thus, we have heard the unflattering term, “bird-brain” which was shorthand for unintelligent. Through Dr. Irene Pepperberg's 40 years of research with African Grey Parrots, **she has shown that these birds have the ability to speak and understand human language once thought to be unique to primates.** That ability is all the more remarkable considering that the last common ancestor between Irene and her first African Grey parrot was a dinosaur that lived over 300 million years ago. *(See the article “Bird Brain” about Dr. Pepperberg's research in the July-Aug. issue of the SBBS Newsletter).*

After Irene finished her doctorate at Harvard in 1977, she purchased a 1-year-old African Grey Parrot at a pet shop and named him **Alex**. She was captivated by his ability to learn. Dr. Pepperberg started designing her own experiments to study Alex's intelligence and reasoning abilities. With Irene's research in the Grey's cognitive ability, she has revolutionized how scientists and the public think about the brains of birds. Through her perseverance, Alex learned to comprehend numbers and do basic arithmetic; to identify colors, sizes, and shapes; to understand concepts such as “same,” “different” and “zero” and over 150 English words. Unfortunately, Alex passed away prematurely in 2007 at age 31. **Dr. Pepperberg continues her work determining the cognitive and communication abilities with two other African Grey Parrots: Griffin, a male, and Athena, a female.** She is comparing their mental abilities with those of great apes, marine mammals and young children.

Irene also leads “The Alex Foundation” which aims to improve the lives of parrots worldwide by supporting research, encouraging responsible ownership and advocating for their conservation in the wild. She is the author of the best-selling book Alex and Me, and has published over 20 years of peer-reviewed experiments on African Grey Parrots in some of the most highly-respected scientific journals in her field.

Since COVID, the Avian Cognition Lab has vacated the Department of Psychology at Harvard University, to a temporary rented space, and is being run entirely through “The Alex Foundation.” The birds are being well-cared for by former members of the Lab. They are running those projects that can be done by one person, working alone, so they can maintain appropriate social distancing.

**You won't want to miss out on hearing what this world-class researcher has to share about those birds, which we already knew were smart! Please note the meeting is on Sunday at 1 PM.**

**For more information, call Janet Ragonesi at (310) 376-5954**



## Q & A By Karen, The Parrot Lady



The answers to your questions are MY opinion based on nearly 50 years experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Rosskopf and Woerpel. I have hands-on experience owning my own Exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds.

Ask me your questions and I will answer to the best of my knowledge. If I don't have an answer I will make every effort to find one for you and tell you my source.

Here we go!!!!

**Q My bird is tearing paper like he/she has gone crazy. What is going on, and can I do anything to fix it?**

**A** Generally it means that your bird is acting hormonal. It is making nesting material, and if it is a girl, wants to make an egg. Most people don't know that if a female decides to make an egg, she develops one in 24+ hours. She needs no male, and does it on her own -- except it won't be fertile. Now if you have a boy and a girl, you might also have babies in 3 weeks or so. Should she lay an egg, look for more, and do NOT remove the eggs from her nesting area. If you do, you encourage her to keep laying, and that can deplete her calcium levels. (If not fertile, remove 3 weeks after the last egg is laid).

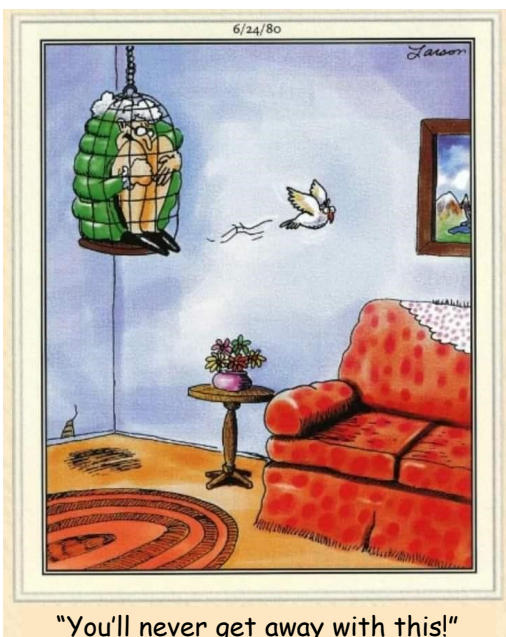


**Q I bought a bird to keep my other bird company, and now they both hate me.**

**A** Some birds bond when you do that, and do not need you any more. As a rule, hand fed birds stay tame, but not always. Should you decide to get a second bird, you might consider another kind -- and a separate cage. This way they can interact, but not necessarily bond the same way that two Lovebirds might.



"How do I love you... let me count the ways."



"You'll never get away with this!"

**Q My bird is attacking anyone who gets near her cage. What is going on?**

**A** She is being territorial. "This is my home. KEEP OUT!" Generally, when she is out and away from the cage she is nicer, from what you have told me, and this is very common. You can offer her a treat, like a grape or a Ritz cracker, as a peace offering, and also let her know you are not planning to move in, just visit.

("Q & A" Continued from page 10)

**Q What do I look for in trying to find a good Veterinarian?**

**A** The key word is **AVIAN VETERINARIAN!** Dog and cat vets are great, but generally not as well-versed in avian medicine. Most vets will be up front with you and suggest who you should call. However, my favorite story was the emergency animal hospital (they are no longer in business) that told me, when I called for a client, "Oh our vet can see the bird." Cute. I can see the bird, too, but I am not an avian vet, and you want your bird seen by a qualified professional. A good avian vet will test to get answers (like blood work, a culture and sensitivity test). You do not need to test for everything on earth.



Lisa Cooley & her Sun Conure playing with its new toys

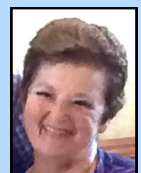
**Q How can I tell a good toy from one that might not be good?**

**A** Most toy makers are well-tuned into bird's needs. The bird shop you go into will choose toys that will satisfy your bird. Look at toys that get your bird's interest. Foraging toys are great, as are different types of wood, soft and hard. I personally prefer toys that have a chain and metal C-clamp. The toys that are on a cord (or rope) with a cord hook tend to end up on the floor rather quickly. Avoid bells (like jingle bells) that have grooves that the birds can get a beak or nail caught in. There are heavy bells with heavy clangers that work well, both for large and small birds. Toilet paper rolls, T-shirts torn in strips and tied in the center, then hung on the cage often make great toys. If your bird shreds a toy and there is string hanging, cut the string so it can not get caught in it. If you have cloth with a hole in it, dump it. It is too easy to get feet, heads or wings caught in those things. Be creative and have some fun. Your bird will love it, and you, too!



I want a chance to remind everyone to **support your SBBS sponsors**. Most of us have stayed open during the pandemic, so you and your feathery children will have the things you need. Food, grooming, boarding, consultations and supplies are available to all of you. We, as sponsors, have shortened our store hours and sanitize often. We wear our masks and ask you to do the same. This is a trying time for everyone, and as long as we stick together and do what's right, we will come out ahead.

**Stay safe and healthy.**  
**FOREVER,**  
**Karen, Your Parrot Lady**



**Karen Allen** has been involved with birds and a SBBS member for over 35 years. She is a lifetime member of SBBS. Karen owns her own bird shop, "**Birds & More**" located at **4301 Redondo Beach Blvd., Lawndale, CA.** The phone number is: **(310) 370-7550**. She counsels and trains new bird owners and is a published writer.

Send your questions for "**The Parrot Lady**" to:

Karen Allen, P. O. Box 3863 Redondo Beach, CA 90277-3863

Email: [Birdsnmor@aol.com](mailto:Birdsnmor@aol.com)

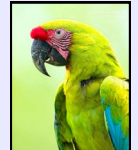


# Natural Bird Safe Pest Remedies

Please note, some of these remedies can kill the insects and other pests. SBBS does not advocate killing insects or pests, so use your discretion in utilizing some of these remedies. These are natural bird-safe options when used correctly for controlling pests in your home. These are by no means the only remedies that are safe and natural. Author Patty Jourgensen specializes in avian health, behavior and nutrition and has been working with and caring for rescue birds since 1987.

Along with the seasonal heat comes the insects. Those of us with birds, pets and children know it's especially important to reach a solution to these problems that is not toxic to those who might come in contact with it.

If you go to the supermarket, you will find shelves of insecticides and bug repellents like *Off*. Some of these products work really well. Combat **ant traps** are great, **they could also kill your bird should he gets a hold of one**. A few years ago, there was a lady who lost her military macaw after he found one of these ant traps and tore into it like a foraging toy. It really isn't worth the risk.



It is wise to use only natural products in any area that your bird might happen into. Keep in mind that **many of the synthetic poisons used in the dangerous products are based on natural remedies. Manufacturers took the ideas from nature and produced chemicals that get the same job done at a cheaper cost to them. They are hazardous to all that come in contact with them**, not just the bugs. Recent studies have link Parkinson's Disease to exposure to these chemicals. **Natural products DO work and I encourage you to give them a try. The following information will provide you with some great tips on natural and safe remedies:**

The Kitchen Physician at BirdsnWays.com offers this advice:

## GENERAL PEST REMEDIES

- **Diatomaceous earth (DE)** can be sprinkled on areas where pests are found. It contains the spent shells of tiny sea creatures that are sharp enough to damage the exoskeleton and cause insects to dehydrate. DE is harmless to humans and animals. **Parrots should not breathe the powder as it is being applied in the aviary.** One brand available in natural food markets is "Concern" by Necessary Organics.
- **Neem**—the seed kernels of the Neem tree are rich in limonoids, bitter tasting chemicals that effectively block development, feeding and egg laying in many species of insects. The most powerful limonoid (azadirachtin) has been certified by health authorities in the USA and Europe as being non-toxic to birds, animals and humans, but highly effective against insects
- **Ivory liquid dish-washing detergent**, diluted with water to a 1 to 2% solution, insect control on many plants and is easy to mix. Spray plants until they are drenched.
- **Frogs, spiders, ladybugs, praying mantis, and dragon flies** will help to reduce pest populations around the home and garden.



provides

## FRUIT FLIES

- Place some of the birds' discarded soft food in an open Ziploc bag in the evening. By morning, the bag will be full of fruit flies and can be sealed and discarded.
- Place saucers of fragrant wine with a few drops of detergent in areas frequented by fruit flies. They will die happy!
- Place fragrant fruit such as mango peels in the bottom of wine, soda or water bottles. *Fruit flies go in and cannot get out.*



*("Natural Bird Safe Pest Remedies" Continued on page 13)*

*("Natural Bird Safe Pest Remedies" Continued from page 12)*

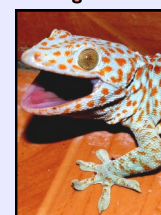
### **ANTS**

- Wash counter-tops, cabinets, and floor with equal parts vinegar and water to deter ant infestations.
- Sprinkle powdered cinnamon on ant trails. Several types of ants will not cross a barrier of cinnamon powder, powdered charcoal, bone meal, talcum powder, or chalk.
- Parrot cage legs can be set in shallow pans filled with water—like small moats that ants cannot cross. *(This may cause rusting of some cage legs so use caution).*



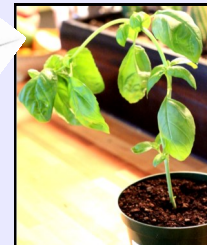
### **COCKROACHES**

- Prevention—Close off all cracks around pipes and electric lines where roaches enter the house. Use cement, screening, or Brillo pads. Caulk small cracks along baseboards, walls, cupboards, and around pipes, sinks, and bathtub fixtures. Seal food tightly. Rinse food off dishes that are left overnight. Do not leave pet food out overnight.
- Release small geckos in your home and aviary. Provide dishes of water for them to drink. They will feast upon the roaches at night in the late evening, and sleep out of sight during daylight hours.
- Baking soda and powdered sugar mixed in equal parts and spread around infested area is a non-toxic roach killer.
  - **Diatomaceous earth (DE)** can be sprinkled on areas where roaches are seen. **Parrots should not breathe the powder as it is being applied in the aviary.**



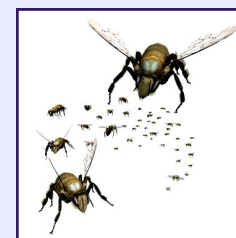
### **SEED MOTHS**

- Freeze bird seeds if possible, to kill larvae and store all food in airtight containers.
- Place basil leaves or mint teabags in bags or canisters of bird seed to repel moths.
- Instead of using toxic mothballs in clothing storage areas, use whole cloves in cheesecloth or spice bags and hang them in closets or stored bags of clothing.
- Place sticky fly strips (without pesticides) into an old bird cage or a closed basket out of the reach of children, birds, and other pets. Make your own sticky paper by boiling sugar, corn syrup, and water together. Spread the mixture on brown paper grocery bags. If a bird accidentally contacts fly paper and gets the sticky goo on its feathers, Citra-solv will safely remove it.



### **FLIES**

- To prevent flies, keep garbage containers tightly closed. Sprinkle dry soap powder or flakes into garbage cans after they have been washed and allowed to dry.
- In a small glass or jar, pour about one inch of real cider or red wine. Make a cover with saran wrap secured with a rubber band. Punch about six holes with a bamboo skewer or other shaper object. Flies will crawl in but cannot crawl out.



**EDITORS NOTE:** *During the September 21 Social ZOOM, the topic came up about pest control companies. One company that some of our members use is called, "American Structural Pest Control West." They advertise using safer products that can be used around children and pets. Their phone number is (310) 699-3110 and are located at 21143 Hawthorne Blvd., Ste.406, Torrance, CA 90503.*



SBBS Welcomes  
New & Returning Members

RENEWALS: Luana Feigelstock,  
Norma Schrader

LIFETIME MEMBERS: Cary & Anita Pao,  
Karen Allen, Perry Ellwood, Donna Crossley,  
Dr. Walter Roskopf, Jack Ford, Janet Ragonesi,  
Don Hand, Bree & Deven Brozey

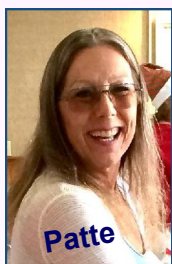
MEMORIAL LIFETIME MEMBERS:  
Lorrie Mitchell, Diane Bock, Ron Ellwood

Number of Current Members: 64

Don't fly off the membership list! Please pay your dues.

Your dues help support your club by providing newsletters,  
educational programs, the website and more.

To join SBBS, please print page 20 of the newsletter  
or go to [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com) and click on  
"Membership" to find a membership application. Fill  
the form out, include a check and send it to SBBS,  
P.O. Box 3863, Redondo Beach, CA 90277  
-3863. If you have received a hard copy  
or found the membership application on  
the back of the newsletter, fill it out and  
send it to the above address. If you have  
any questions about your membership,  
please contact Membership Director,  
Patte Fisher at [pattefisher@verizon.net](mailto:pattefisher@verizon.net).



The West L.A. Bird Club

All Meetings are currently

**CANCELED** due to COVID-19

We will post updates when the club  
can resume their monthly meetings

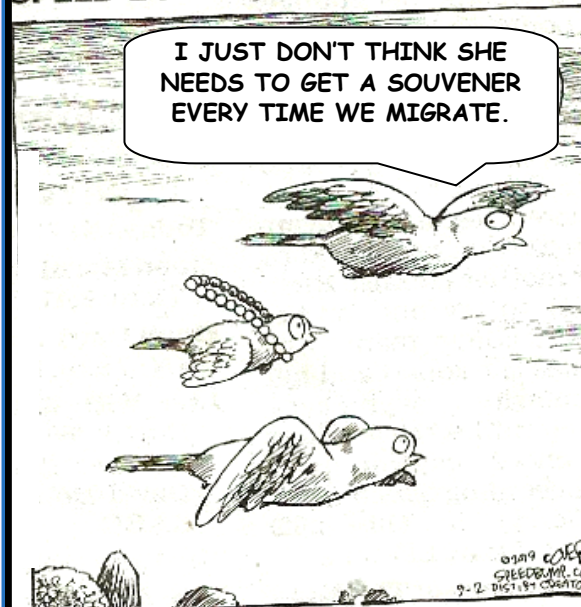
At the American Legion Hall

5309 Sepulveda Blvd., Culver City  
[www.westlabirdclub.com](http://www.westlabirdclub.com)

For info. Contact  
President, Doreen at  
[djseelig@aol.com](mailto:djseelig@aol.com)  
or (310) 488-9749



SPEED BUMP By Dave Coverly



Laugh Kookaburra

Long Beach Bird Breeders

**ALL MEETINGS ARE CURRENTLY CANCELED DUE TO COVID-19** Meetings are normally held on the 4th

Tuesday of each month at 7 p.m. at the American  
Legion Hall, 5938 Parkcrest Avenue, Long Beach, CA  
90808 (S. of Carson, E. of Woodruff Ave.)



For info call: (562) 881-9847  
[Longbeachbirdbreeders.com](http://Longbeachbirdbreeders.com)

PARROT EDUCATION & ADOPTION CENTER

PEAC is not taking in any parrots right now, but they do have a lot of nice birds ready to be adopted. There are classes going throughout the month. The San Diego location has classes the last weekend of the month. Classes in Orange County are on the third Saturday of the month. There is a new class now being offered in Hemet on the first Sunday of the month. Please check the website for topics, times, and directions. Please contact PEAC at [parroted@cox.net](mailto:parroted@cox.net) or visit their website [www.peac.org](http://www.peac.org) for information.

All members are invited to submit bird-related items for a future SBBS newsletter in any of the following segments:



Gala & Kahlia

- ☀ In **“Wing Tips,”** share a tip that could improve the lives of both you and your bird(s).
- ☀ In **“Laugh Kookaburra,”** send a bird-related cartoon, joke or humorous photo.
- ☀ In **“Creative Corner,”** send photos of your **bird-related** drawings, ceramic pieces, needle point, paintings, etc. or texts of poems or photos with a unique point of view.

E-mail your ideas of what you would like to see, along with your SUBMISSIONS to: [gidgetscal@aol.com](mailto:gidgetscal@aol.com).

*The deadline for the next newsletter is **Wednesday, October 14th***



### Adoptions



*There are so many birds needing homes out there.  
If you are considering another bird, please think about adopting one.*

*Call one of these rescue/adoption groups.*

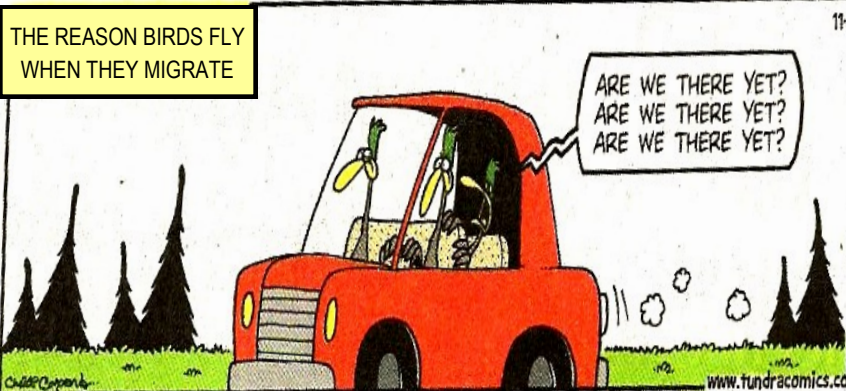
*They all have many wonderful birds just waiting for someone to come and take them home.*

*Many of these groups have websites—take a look!*

<u>Organization</u>	<u>Phone</u>	<u>Contact</u>
Fine Feathered Friends Foundation	(310) 529-1408 (Marie Calleja)	<a href="http://www.finefeatheredfriendsfoundation.org">www.finefeatheredfriendsfoundation.org</a>
Parrot Rehabilitation Society	(619) 224-6712	<a href="http://www.parrotsociety.org">www.parrotsociety.org</a>
Parrots First	(866) 248-7670, ext. 5937	<a href="http://www.parrotsfirst.org">www.parrotsfirst.org</a>
Santa Barbara Bird Sanctuary	(805) 565-1807	<a href="http://www.sbbird.org">www.sbbird.org</a>
Southern Nevada Parrot Education, Rescue & Rehoming		<a href="http://www.southernnevadaparrotrescue.org">www.southernnevadaparrotrescue.org</a>

**OPTIONAL MEET-UP RSVP FOR SBBS MEETINGS** In an attempt to reach out to the community, SBBS is listed as an pet/animal activity on the “Meet-up” website that is available to the public. Our meetings and activities, including our socials and meetings via ZOOM, are listed. Each of you who plan to participate in any one of these activities may consider an RSVP on this site. *(This is not necessary to participate, but is optional).* The more members who say they are participating, the more attractive our group looks to the public and hopefully will draw *new* members to our club. Each month, David Benjamin will send out a RSVP under Meet-up. The following is the link to access this site: <https://www.meetup.com/Redondo-Beach-Birds-Meetup/events/>. Thank you for your help in spreading the word about SBBS to other companion bird owners.

#### TUNDRA By Chad Carpenter



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Ducks will start to melt at 90 degrees.





**Social ZOOM on Monday, October 19th at 7PM**

**'CREATING A PET DIRECTIVE'**

In the state of California, pets are considered property. They have **no rights** other than the ones we state in our **pet directives**. Our wills, trusts, health directives, and pet directives are vital to **carry out our wishes** when we are unable to make decisions about our lives and property including **the future of our pets' lives**. Don't leave it up to your family and friends to **guess what you wanted** for your birds or other pets. **Give yourself the peace of mind knowing your pet's best interests will be take care of.**

SBBS President, Janet Ragonesi has been working with a trust attorney to define her wishes for her parrots. She plans to update her documents every five years to keep her wishes current. This strategy is her **legal way** to make sure her feathered flock **will be well taken care of for the rest of their lives**. Janet will be sharing with you **her experiences** regarding her **directive choices** and will **recommend the names of three attorneys** you might want to consider in creating your own pet directive.

Join us and share any legal documents you have made for your birds or **simply listen to what others are planning** in order to take care of their flock for the rest of their lives!

*(Please be aware of background images and activities that will be in view. Meetings may be recorded and used for promotional purposes. Opinions voiced by the speaker or others do not necessarily represent the views of SBBS, its board or its sponsors. You can RSVP on the Meet-up Site. See how on page 15).*



If you are new to ZOOM, don't worry; it is easy!  
 ZOOM works on most smart devices: PC, Mac, iPad, Android or iPhone.

**We look forward to seeing you on Monday, October 19th at 7 PM!**

**For more information, call Janet Ragonesi at (310) 376-5954**

**REPORT ON THE AUGUST 31 SOCIAL ZOOM**

By: Gala Burkholder

The topic discussed: **“How You Have Used Your Creativity To Make Your Bird’s Life Better.”** We focused on:

- **“What TOYS, OTHER ITEMS or PLAY AREAS You Have Made For Your Birds”**
- **“SPECIAL RECIPES You Prepare and Offer To Your Birds”**

That night’s conversation started with those who linked-in, on the various healthy bird treats they made for their feathered family. Donna Crossley shared with us how she makes nutritious veggie and fruit birdie smoothies for her parrots. She pours these liquid concoctions into an ice tray, freezes them into individual cool treats and gives one to each of her birds on a hot day. How refreshing! Gala Burkholder asked if anyone had fed their birds edible flowers and if so, where could you easily obtain them. Janet Ragonesi stated she had seen dried edible flowers at Whole Foods and Donna had seen fresh dandelions at Ralphs. June Baker recommended other common flowers suitable for birds including squash, nasturtiums and orange and lemon blossoms. Gala asked if anyone had made sprouts to feed their parrots. Donna Crossley stated she makes sprouts to feed to her parrots using bird seed that she has spread out on a wet paper towel which she then put out in the sun. During this time of year, instead of Donna making her usual recipe of “birdie banana bread” she instead uses fresh figs and mixes them into the batter along with adding nuts and seeds.



The discussion turned to utilizing various household items and transferring them into toys or other play areas for their parrots. Janet Ragonesi shared that she arranges empty Amazon boxes next to her cupboards to provide a chewing option for her birds instead of the bottom of a wooden drawer. Gala’s parrot, Kahlia, has claimed the kitchen dish-drain for her play pen and eating station which houses a food dish along with pieces of wooden toys and small paper cartons to fulfill her destructive chewing tendencies. Diane Sivas’s macaw, Cheeto, loves to throw 8-inch large paper coffee cups around the house to keep everyone alert. Donna places water-filled, short, wide crocks in the bottom of Jasper, her Greenwing macaw’s cage, with various toys floating, which she loves to play with. Jasper holds her rubber ducky play toy under the water to fill it up and then squirts the cool refreshment into her mouth.



(My Greenwing parrot used to use a half of a walnut-shell to scoop up water out of her dish to drink. These gentle giants are so sophisticated!) To give Janet’s birds a change in scenery, she takes them outside to spend an afternoon in their aviary.

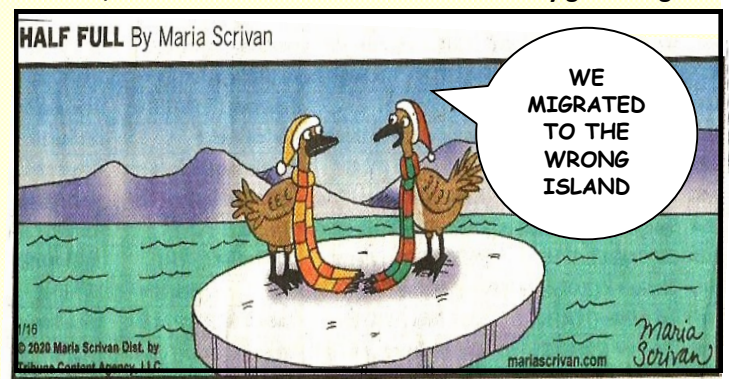
Things at Bree Brozey’s house with her African Grey, Aero, took on a fast-passed tour of her home and cow car! Yes, Bree has a small, convertible car that is hand-painted like a black and white cow. She takes Aero for a ride in his 360 degree-view, plexi-glass travel cage for neighborhood drives. Bree demonstrated this to us by actually continuing her ZOOM link with us on a sunset drive with her parrot. After Bree stopped the car, she shared with us a heartfelt story about how Aero once saved her life when they were traveling across the U.S. in her cow car. So, Aero, the cow car and Bree have a special connection, which she will never forget.



Back at home inside of her garage, Bree showed us a large table that was filled with tools, perches and assorted bird toy parts which she uses to construct various play items for Aero. Inside of her house, Bree pointed out various suction-window perches and play stands comprised of chains and other toys that she has created for her adventurous parrot. Bree even designed a swing for Aero that is suspended from the ceiling made with various toy pieces. (In fact, during a recent earthquake, Aero flew around the room while there was shaking, only to land on his swing and continue the back and forth movement). There is never a dull moment at the Brozey’s house. You never know what will happen during these live Social ZOOMS. They are so much fun and I hope you join us.

Next month, I will share our discussion of the **September Social ZOOM on “How to Disinfect Your Home Safely While Keeping Your Pets Well In Light of Covid-19.”** It was obvious that none of us were really excited to talk about “cleaning our home” but the conversation only started there. We ended up talking about lots of other aspects going on in our lives including how the current fires and smoke, the recent 4.5 earthquake and losing electricity for 16 hours affected all of us including our birds. There is always something challenging and funny to share!

**Our topics each month are only a “starting point” for our informal chats. Each ZOOM has surprised me in actually what happens during that one-hour and who you might see. Join us on Mon., October 19 at 7 PM for our next friendly gathering.**





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South Bay Bird Society members receive a 10% discount at Animal Lovers and Birds & More on selected merchandise. You must show your membership card or mention South Bay Bird Society when shopping on-line.

If you need to renew your membership, e-mail Patte Fisher at [pattefisher@verizon.net](mailto:pattefisher@verizon.net)

**NEED A HOME for Your Ad?**



Please Contact SBBS President, Janet Ragonesi at (310) 376-5954

**SPONSORS**

Upon review and acceptance by the board of directors, any business that donates \$25 or more per month in either goods, gift certificates or money to SBBS will be known as a SBBS Sponsor. For each month, a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month depending upon the timing for publication. These sponsors are listed above. **LET'S GIVE THEM OUR SUPPORT.**



# PLEASE JOIN US



**CURRENTLY, IN-PERSON meetings are CANCELED.** Meetings are held at the Kiwanis Club of Hermosa Beach

2515 Valley Drive, Hermosa Beach, CA 90245 (near the corner of Gould and Valley Drive)

**Our meetings are NOW being held via ZOOM.** MOST MEETINGS are held on the 1st Monday of the month at 7 pm., with an added **ZOOM SOCIAL on the 3rd Monday of the month AT 7 PM.** Join in the fun and lively conversations!

\* Sometimes, special meetings are held on Sunday afternoons, but [verify the meeting date by checking the website at: www.sobaybirdsoc.com](http://www.sobaybirdsoc.com).

**You don't have to own a bird to participate!**

Members are invited to participate Board Meetings which are usually the 2nd Monday of the month via ZOOM. Call Janet for details.

## South Bay Bird Society

## — Officers and Board of

### VOTING POSITIONS:



### NON-VOTING POSITIONS:

#### EXECUTIVE DIRECTORS:

- President** Janet Ragonesi, (310) 376-5954
- V.P. CFO & Secretary** Diane Sivas, (310) 937-9925
- V.P. Education** Karen Allen, birdsnmor@aol.com

#### DIRECTORS:

- Program Director** **OPEN**
- Membership Director** Patte Fisher, pattefisher@verizon.net
- Raffle & Sponsors** **OPEN**
- Newsletter & Flyers** Gala Burkholder (gidgetscal@aol.com)
- Press/Media** June Baker (junespetcare@hotmail.com)
- Community Outreach** **OPEN**
- Technical Support** **OPEN**  
ACTING—Gala Burkholder (310) 318-2662

#### SUPPORT POSITIONS:

- Adoptions & Foster Care** Janet Ragonesi, (310) 376-5954  
Marie Calleja, (310) 529-1408
- Proofreaders** Sylvia Skidmore, Marie Calleja
- Web Master** **OPEN**
- ZOOM Coordinator** ACTING—David Benjamin (Davidsbbsr@dbenjamin.com)
- “Meet-up” Site** David Benjamin
- Refreshments** **OPEN**
- Photography** Gala Burkholder, Marie Calleja
- Cartoons** June Baker, Marie Calleja
- Lifetime Members** Anita & Cary Pao, Karen Allen, Perry Ellwood, Jack Ford, Donna Crossley, Janet Ragonesi, Dr. Walter Roskopf, Don Hand, Bree & Deven Brozey
- Memorial Lifetime Members** Lorrie Mitchell, Diane Bock, Ron Ellwood



**Do you want to volunteer in ANY way for SBBS?**

**If so, contact the President Janet Ragonesi at (310) 376-5954 or ragonesi@att.net**

*The people listed above have chosen to “Step-up” to help with our club.*

*They have listed their contact information for your reference in SBBS business.*



P.O. Box 3863  
Redondo Beach, CA 90277-3863  
www.sobaybirdsoc.com

**EFFECTIVE IMMEDIATELY:**

Due to the rising costs, members that require the US Postal Service for delivery, please add \$15 to your membership. Thank-you.

**MEMBERSHIP UPDATE:**

When a new or renewing member pays for a 2-year membership in advance, the member receives \$5.00 off of the 2nd year.

**South Bay Bird Society Membership Application**

P.O. Box 3863, Redondo Beach, CA 90277-3863

*We appreciate your support. Your donations are tax deductible. SBBS is a 501 (c)(3) non-profit corporation*

New \_\_\_ Renewal \_\_\_ Former Member \_\_\_ Family \$40 \_\_\_ Individual \$32 \_\_\_ Senior (60+) \$25 \_\_\_ Lifetime \$350 \_\_\_

Name(s): \_\_\_\_\_

E-Mail Address for Newsletter Delivery: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Other Phone: (\_\_\_\_) \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

To help us plan programs and activities, please tell us what kind of birds you own: \_\_\_\_\_

\_\_\_\_\_ How long have you been keeping birds? \_\_\_\_\_

During the meetings when you are invited to bring your bird, we sometimes take pictures of the birds for our newsletter. We like to identify them by name. If you want, please list your bird species and the names of those you might be bringing so we can label the photos: \_\_\_\_\_

Mark ways you will volunteer: Hold a Board Office \_\_\_ Help with Pot Lucks \_\_\_ Help with Community Outreach Events \_\_\_ Help with the Silent Auction/Fundraiser \_\_\_ Take Photos of Meetings \_\_\_ Foster Birds \_\_\_ List Other ways \_\_\_\_\_

Do you keep birds primarily as: Companions \_\_\_ Breeders \_\_\_ Both \_\_\_ Renewal Month: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_