



Volume 49 Issue 2 Jan.- Feb. 2022 SBBS Newsletter Established 1974



So Many Choices to Watch in February...

Whether you like to watch an avian ZOOM, sports, the Hallmark Channel or Cobra Kai on Netflix there is so much to choose from to watch during the month of February.

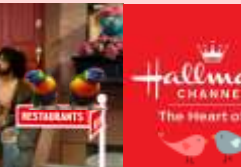
The world has come up with creative strategies for connecting with others via ZOOM. It seems as if there is every possible bird video on YouTube that you could ever want to see. Many bird clubs and bird-related businesses hold avian webinars and presentations.

The South Bay Bird Society has continued to meet on ZOOM with social gatherings and speaker presentations. We would like to be able to meet in-person; and hopefully, we can again soon. Until then, SBBS will continue to provide monthly newsletters, e-mail updates and have future speaker presentations. *Let us know if there is a speaker you would like us to have via ZOOM or at a future in-person meeting.*

During February, join one of the Avian-related ZOOM meetings listed on PAGE 10.

- **Phoenix Landing** is offering a ZOOM on **Saturday, February 5th at 10 AM (PT) / 1 PM (ET)** called, **"Beaks: The Good, Bad and the Ugly"** with **Bianca Murphy, DVM, ABVP (Avian)**. Go on www.phoenixlanding.org to register.
- **Lafeber** hosts ZOOMS every **Friday between February 11-25** on various **avian health topics with avian veterinarians and experts.**
- **The Palos Verdes/South Bay Audubon Club** has a presentation on **Tuesday, February 15 at 7 PM (PT) / 10 PM (ET)** on **"How Birds Can Save Farmers Millions."**
- **The Connecticut Parrot Club** is having the **US Administrator for the World Parrot Trust** on **Wednesday, Feb. 23 at 7 PM (ET) / 4 PM (PT)** share **"Why Save Parrots."**

Between all of this, you and your bird can see how high the athletes can fly on their snowboards and ice skates during the **Winter Olympics**. *Guess who wins?* The **Super Bowl** starts at 3:30 PM on Sun., Feb. 13th between the L.A. Rams and the Cincinnati Bengals. The half-time show will feature Snoop Dog, Eminem and the classic rock group Queen. *Who sings better vibrato than your Amazon parrot?* Remember the amazing commercials? *We love big bird!* There will certainly be Valentine movies on the **Hallmark Channel** featuring countless *love birds*. In the popular **Netflix series**, can a *parrot provide the emotional support* to help Johnny move away from the past? **However you choose to spend February, SBBS will back with a speaker presentation in March.**



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For more information, contact Janet Ragonese at (310) 376-5954 or at Ragonese@att.net or go on: www.sobaybirdsoc.com

The President's Notes

By Janet Ragonesi

Greetings
SBBS MEMBERS,
SPONSORS AND FRIENDS,

Janet



Our New Year's celebration ZOOM was absolutely delightful! David and Fran Benjamin had their ZOOM camera capturing the both of them in front of a toasty fire in their living room fireplace.



Sometimes this past year felt like an episode of "Survivor," but somehow we made it to January 2022! I love the fog and the rain, but not all at once.

My flock is doing well. Scarlet, my female Eclectus parrot, receives weekly laser treatments for her arthritis and from a fall. She is doing well and I am happy with the results.



Amy Hopkins, from the Connecticut Parrot Club, was on East Coast time, joined those of us on the West Coast. We chatted about our new year's past and future hopes and wishes for 2022.



We have good news! Our second, on-line fundraiser brought in \$3,800.00. I wish to thank members, friends and sponsors that participated. Our board of directors and volunteers all worked together to make this auction a success and I appreciate everyone's support.

FOLLOW-UP ON DECEMBER HOLIDAY ZOOMS

We celebrated Christmas and New Year's Eve with social ZOOMS this past month for the second year in a row. Our December 20th celebration was filled with lively conversations about Christmas past and present celebrations. Everyone had their own tales to share.

Gala Burkholder shared her desire to be able to travel to places like Costa Rica and the Galapagos, when it is safe to travel again. Amy agreed with the prospect of venturing to various parts in the world to see our wild feathered friends.



Our conversations continued with us asking each other various questions about our feathered flocks, when we became interested in birds, where we were born, previous travel experiences and whatever inquiring minds wanted to know. We found out David has an Australian connection. Fran "plays" at her job of coordinating video game production. No wonder she is always smiling.



I recalled as a child, my family loved celebrating Christmas. My friend, Barbara, and I, along with the rest of our neighborhood, celebrated this holiday tradition with a parade. Across the street from our homes was a meadow with army barracks. Each year, a variety of themed floats and marching bands would gather in the center of the field to begin their route down the streets of Winnipeg to the city center. I can say, without a doubt, there was always magic in the air. When I would spot Santa Claus and his reindeer, my heart would race as their float approached closer to where I was standing. Santa

Our short social holiday ZOOM included so many fun conversations, that before we knew it,



we were watching Time Square's ball drop marking the beginning of 2022!



with his Ho, Ho, Ho, and the spirit of Christmas was alive as the reindeer made their way past us. Yes, I still believe; ask Barbara.

Thank you all for joining in with SBBS! If you did not attend one of our holiday social ZOOMS, I trust you had a safe, good time during this festive season. I hope we all have a happier and healthy new year in 2022!

("President's Notes" continued on page 3)

Christmas Parade in Canada

("President's Notes" continued from page 2)



THE FUTURE FOR OUR SOUTH BAY BIRD SOCIETY IS BRIGHT

In spite of the fact that we have had to change our ways to continue our club activities, we have been able to find options. Through utilizing ZOOM, we have been able to have speakers on a variety of topics from locations, both inside and outside of our country. We were able to hold two, on-line auctions which are continuing to fund our activities. Recently, through ZOOM we were able to continue our community outreach to share our love of birds with others. Hopefully soon, we will be able to celebrate together with in-person meetings and bring our birds!

COMMUNITY OUTREACH

On December 5, Krista Renta and I ZOOMED-IN with the Peninsula Senior Center in Rancho Palos Verdes to share about our birds. There were two pionus parrots, Flynn and Seattle. Also, in attendance were my eclectus, Joey and African Grey, Rudy. Krista showed her rose-breasted cockatoo, Sidney for all to see his beautiful colors. Our conversation ranged from topics: "Do they Talk?", "What do they eat?" and "Can they fly?" We explained what countries each of these species originated from.



We chatted about the various activities of the South Bay Bird Society and our mission. Krista described her work with Flynn, her pionus, and several other of her companion pets. They are certified therapy pets. They have been to hospitals and senior facilities serving as therapy ambassadors. Krista is an MSW/Animal Behaviorist.



We also explained how Marie Calleja, of the Fine Feathered Friends Foundation, places parrots in need of a new home. Our interaction with the group was well received and we thank Renee Raymond for the invitation to share our experiences with companion pets. I thank Krista for stepping up with me for this opportunity to discuss how birds are a part of our lives, and how SBBS plays a vital role in our community.



WE MOVED INTO A SHARED STORAGE UNIT

We will be making changes to our storage for 2022. The costs are much too high for SBBS to have our own separate unit. We have made other arrangements for SBBS to share a unit close by in the same complex. Most storage businesses no longer give non-profit organizations a break in their monthly fees, and the costs keep rising. Fortunately, several volunteers and been sorting through our files and club supplies. We had all of our items moved into the shared storage unit by our deadline of January 31st. Thank you to those who have helped in this move!



("President's Notes" continued on page 4)

OPTIONAL



MEET-UP RSVP FOR SBBS MEETINGS

In an attempt to reach out to the community, SBBS is listed as an **pet/animal activity on the “Meet-up” website** that is available to the public. Our meetings and activities, including our socials and meetings via ZOOM, are listed. Each of you who plan to participate in any one of these activities may consider an RSVP on this site. *(This is not necessary to participate, but is optional).* The more members who say they are participating, the more attractive our group looks to the public and hopefully will draw *new* members to our club. **Each month, David Benjamin will send out a RSVP under Meet-up. The following is the link to access this site: <https://www.meetup.com/Redondo-Beach-Birds-Meetup/events/>.** Thank-you for your help in spreading the word about SBBS to other companion bird owners.

LOVE OUR SPONSORS

During nearly two years, most of our sponsors have stayed open, so you and your feathered children could have the things and services you needed. Food, grooming, boarding, veterinary care and supplies have been available to you. They follow CDC guidelines to help keep us all safe and healthy.

Please thank our sponsors for their support to our club by using their goods and services.



HONORING THE LIFE OF ACTRESS, COMEDIAN AND ANIMAL ACTIVIST, BETTY WHITE

Betty was an incredible human being, with kindness, compassion, and love for all. She is now with her beloved husband, Allen Ludden, and all the animal critters she has helped and loved. What a welcome it must have been back in December and a 100-year birthday celebration on January 17th with many of her loved ones on the other side. Thank you, Betty White for all you have done for the animal world!

You can read about how Betty spent much of her life promoting the welfare of animals on pages 5-8.

Betty White



Animal Activist

Be yourself.

You are a treasure unto the world.



From
The Little Book of Light
By: Mikaela Katherine Jones

CHEERS,
SBBS President, Janet Ragonesi
& Her Flock

One of Betty White's Greatest Legacies is Helping Animals

Betty White, the last living "Golden Girls" star, passed away on Friday, bringing her exuberant life to a conclusion. White was about two weeks shy of her 100th birthday when news broke that she died at her home. White remained a beloved icon for people of all ages and her agent said he believed she'd "live forever" despite her increasing age. **"I will miss her terribly and so will the animal world that she loved so much.** I don't think Betty ever feared passing because she always wanted to be with her most beloved husband Allen Ludden.

Though Betty White was a charming actor with a star on the Hollywood Walk of Fame, her lifelong love of animals was no act.



In the introduction to her 2011 book "[Betty & Friends](#)," she wrote that **both her mother and father "were genuine animal nuts, and I am eternally grateful that they have passed much of that passion on to me."** Fueled by that passion, White helped countless animals in myriad ways throughout her life. ***Betty White adores animals and does all she can to help them.*** (Courtesy the Greater Los Angeles Zoo Association)

As a child, she helped care for pets her parents took in when their former owners could no longer care for them, particularly with the hardships of the Great Depression. Naturally curious, she also loved learning about animals from around the world on visits to zoos.

That love only seems to have deepened over the years. She created the 1970s TV series "The Pet Set" (re-released in 2021 as "[Betty White's Pet Set](#)") and began each episode by introducing a pet — *then* their celebrity owner. Guests included Mary Tyler Moore, Della Reese, Burt Reynolds and Carol Burnett, as well as animal trainer Ralph Helfer, who introduced leopards, elephants and other endangered species who'd been "**affection trained**" — rather than whipped or otherwise punished. (One clip showed White lovingly brushing a 500-pound lion's mane in between kisses.)

She's also personally supported numerous animal-related nonprofits throughout her prolific career, from donations and volunteering to fundraising and recording public service announcements.



Betty White gave generously to many animal-related causes. (Tad Motoyama / Greater Los Angeles Zoo Association)

"In addition to her legendary status as an actress, comedian, and producer, **Betty White has demonstrated a lifelong commitment to helping animals in need, including dedicated support for local shelters and animal welfare endeavors, fiercely promoting and protecting animal interests in her entertainment projects, and personally adopting many rescued animals,**" Matt Bershadker, [ASPCA](#) president and CEO, told TODAY in an email.

Because of her ongoing interest in wildlife conservation and education, White served on the board of trustees at the nonprofit Greater Los Angeles Zoo Association (since 1974), but was involved as a volunteer since the [Los Angeles Zoo & Botanical Gardens](#) opened in 1966.



Betty White served on the board of trustees at the nonprofit Greater Los Angeles Zoo Association (GLAZA) since 1974, and as a commissioner of the Los Angeles Zoo for eight years.

(Courtesy the Greater Los Angeles Zoo Association)

("Betty White" Continued on page 6)

("Betty White" continued from page 5)

The zoo is renowned for offering quality habitats and enrichment to animals, and White was a big reason for that, according to Tom Jacobson, president of GLAZA.

"The chimpanzee habitat — Jane Goodall advised us in the construction of that — and the gorilla habitat are really **the result of her advocating for those animals and helping us get the money to build those,**" he told TODAY. "And she also had a really important voice with the creation of our elephant habitat and the expansion of that. As a result, in 2013, the **Los Angeles chapter of the American Association of Zookeepers made her an honorary zookeeper.**" Quite and achievement!



The Los Angeles chapter of the American Association of Zookeepers made Betty White an honorary zookeeper in 2013. (Courtesy the Greater Los Angeles Zoo Association)

White, who was also the **2009 Recipient of the Jane Goodall Institute Global Leadership Award for Lifetime Achievement,** was gracious to fans when she visited the L.A. Zoo, and conscientious about making sure her presence didn't stress the animals or inconvenience the keepers, he noted.

She once arrived with the trunk of her car filled with empty toilet paper tubes she'd been saving, since she knew the zoo needed them to stuff with food for enrichment games for the animals.

Whenever White came for a zoo tour with a docent, she requested two special stops: to see Elka, an orangutan named for her character on "Hot in Cleveland", and the Australia section, where there's a plaque dedicated to her late husband, Allen Ludden.

"She always made sure the plaque looked good, dusted it off if it needs it," Jacobson said. "Then she'll stay and speak a few words to Allen. That just grabbed my heart that she did that."



Betty White spent many Saturday mornings walking throughout the L.A. Zoo with a zookeeper and an elephant named Gita before the public arrived. "She had a really great rapport with our keepers and she was always aware of the animals' needs," Tom Jacobson, president of the Greater Los Angeles Zoo Association, told TODAY. (Greater Los Angeles Zoo Association)

White had also been extremely active with [Morris Animal Foundation](#), a nonprofit that invests in science to advance animal health. She served for 50 years as a Trustee, Trustee Emeritus and President Emeritus, and personally sponsored more than 30 health studies that improved health for dogs, cats, horses and wildlife, according to Tiffany Grunert, president and CEO of Morris Animal Foundation.

In 2010, the organization created the **Betty White Wildlife Rapid Response Fund** with a gift from Betty following the **Deepwater Horizon oil spill**, an ecological disaster in the Gulf of Mexico. The fund supported studies on the spill's impact on bottlenose dolphins. "Betty was a pioneer in recognizing the need for this type of emergency funding for animal health," Grunert told TODAY in an email.

The fund, now called the [Betty White Wildlife Fund](#), continues to fund research and address wildlife disasters. For instance, in 2020, the fund provided \$1 million to support the rescue, rehabilitation and release of animals after the devastating wildfires in Australia.

"Betty White has been an unparalleled force in making the world a better place for all animals, committing her life to improving their health and well-being," she said.

("Betty White" continued on page7)

"Betty White" continued from page 6)



Betty White feeds a gerenuk, a medium-sized gazelle, at the L.A. Zoo. She frequently reminded viewers of her 1971 TV series "Betty White's Pet Set" that said, wild animals should not be kept as pets. (Tad Motoyama / Greater Los Angeles Zoo Association)

White also helped make the world a better place for people assisted by animals and was a **strong supporter of guide dogs. She co-authored two books about guide dogs** with her friend Tom Sullivan, who lost his sight as an infant. When Sullivan's retired guide dog, Dinah, felt depressed by the arrival of his new dog, White adopted Dinah and they shared "over five glorious years together," Sullivan wrote in the author's note to ["Together."](#)

In 2005, the "Golden Girls" star also adopted a "career change" dog from [Guide Dogs for the Blind](#), an **international guide dog school** with campuses in California and Oregon. Pontiac, a golden retriever, didn't quite have the focus to be a guide dog because he wanted to greet every person he saw on the street. But that friendliness was a perfect match as a pet for Betty White.



Betty White hugs Pontiac, a golden retriever she acquired from Guide Dogs for the Blind in 2005. (Courtesy Betty White / Guide Dogs for the Blind)

"Golden retrievers are really extroverts — they love people. They just can't get enough of saying hello

to folks. And Betty is like that: she genuinely loves people," Christine Benninger, CEO and president of Guide Dogs for the Blind, told TODAY. **"She's the human version of the golden retriever."**

Betty supported Guide Dogs for the Blind long before adopting Pontiac; she made "very generous gifts" each year since 1986, attended events, written personal notes for direct mail campaigns, and recorded two public service announcements, according to Benninger.

"I have the utmost respect for her. She's one of the few people I've met in this world who truly comes from a place of love in all things that she does," she said.



Betty White holds a guide dog puppy in training in a public service announcement for the nonprofit Guide Dogs for the Blind. "She's used her voice for good, she really and truly has," Christine Benninger, CEO and

president of Guide Dogs for the Blind, told TODAY.

Across the country in New Jersey, Betty was a friend to [The Seeing Eye](#), the **oldest guide dog school in America**. One unusual form of support was offering a very popular bidding item for the group's annual fundraising auction: dinner with White herself.

"All of us at The Seeing Eye mourn the passing of our friend, Betty White," the organization told TODAY.com in a statement. **"Betty was not just a supporter of The Seeing Eye, but an advocate for the right of people who use guide dogs to have equal access to restaurants, hotels, and transportation. She loved our dogs and they loved her."**

Because of Betty White's affinity for guide dogs and their handlers, for several years she presented the award to the winner of the Guide Dog category in the [American Humane Hero Dog Awards](#). American Humane, established in 1877, works to ensure the safety, welfare and well-being of animals with a variety of initiatives, including the **"No Animals Were Harmed,"** a program to protect animal actors in movies, TV shows and commercials.

"She's been involved with American Humane for over 70 years — that's nearly half of our 145-year existence," Robin Ganzert, CEO and president of American Humane, told TODAY. "That makes her the longest living supporter of American Humane in our history."

Betty White, a true dog-lover, was known to have twenty-six dogs herself!

("Betty White" Continued on page 8)

("Betty White" continued from page 7

White served in various capacities, such as a volunteer, donor and member of the board of directors. She twice chaired the nonprofit's **Be Kind to Animals Week**, which teaches children around the country how to have compassion and live a life of empathy for all living creatures, Ganzert said.



In 2012, **American Humane** honored Betty White with the National Humanitarian Medal and the Legacy Award.

Robin Ganzert and Betty White, (Michael Rueter / Courtesy of American Humane)

"We honored Betty with our highest award for what we termed her outstanding, unparalleled contribution over the course of her remarkable life, and in spreading understanding, empathy, kindness and humane treatment for all living creatures," Ganzert said. "That is, in a nutshell, what utterly defines the incredible Betty White."



Betty White's love, action and voice for animal welfare can serve as an inspiration to us all!



We can hope there will be more "Golden Girls" to care for the animals!

Make a \$5.00 donation to a non-profit that improves the welfare of animals in honor of Betty White!



PLACE YOUR BID ON THESE ITEMS



SBBS has a few items up for auction.

These items include a macaw door mat, FRESH seed and decorative bird pillows.

Please send your bid to Janet Ragonesi by e-mail to: Ragonesi@att.net by 6 PM, 2/14/22.

If someone outbids you, Janet will return an e-mail prior to the closing of the bid date.

All items are to be picked up at Janet's home in Redondo Beach by 2/19 & 20, 11AM-3 PM

For more information or a pick-up appointment, call Janet at (424) 247-4447.

1. Wild Birds Unlimited: Door Mat

Greet your friends at the front door with this charming mat decorated with MACAWS. It can be used indoors or outdoors and measures 24" X 36". This hand-tufted mat is 80% Polyester and 20% Acrylic and is UV stabilized.

Value is approximately: \$50.00 Minimum bid: \$35.00



2. Leach Grain & Milling: Cockatiel Plus Seed

(2) 5 lb. bags of "FRESH" Cockatiel Plus

Value is approximately: \$20.00 Minimum bid : \$12.00



3. Magnolia Bird Farms: Magnolia Parrot Mix Seed

(2) 5 lb. bags of "FRESH" Magnolia Parrot Mix

Value is approximately: \$15.00 Minimum bid: \$8.00



4. Leach Grain & Milling: Small Hookbill Plus Seed

(2) 5 lb. bags of "FRESH" Small Hookbill Plus

Value is approximately: \$25.00 Minimum bid: \$18.00



5. (2) Bird Pillows

These two pillows will brighten up your living space.

Value is approximately: \$35.00 Minimum bid: \$18.00



OTHER AVIAN—RELATED ZOOMS



Palos Verdes/South Bay
AUDUBON SOCIETY
ON ZOOM!

3rd Tue./mo., 7 P.M.
Next ZOOM Meeting is
Feb. 15, 2022 with
Greg Breining
on
“How Birds
Control Pests—and Save
Farmers Millions”



Birding has
returned with
RESERVATIONS,
limited capacity,
guidelines & VACCINATIONS.

RESERVATION FORMS and Info
available at www.pvsb-audubon.org.

Contact the numbers below to know more.

***BIRD EXCURSIONS:**

Sun. Feb. 6, 8-11 A.M.: Ken Malloy
Harbor Regional Park with PV/SB
Audubon leaders. Starting point is at
the parking lot near the ranger station.
Call (562) 896-3369 for information and
reservations.

Sat. Feb. 26, 9 A.M.:
(Bird Walk with Kids & Beginners):
Madrona Marsh with PV/SB Audubon
leader. Call (310) 782-3989 for
information.

For Info: www.pvsb-audubon.org
or call David at (310) 833-3095.



The Connecticut Parrot Club



WEDNESDAY, FEB. 23rd 7 PM (ET), 4 PM (PT)

“Why Save Parrots?” with Lauren Schmalz,

US Administrator for the World Parrot Trust involved in parrot conservation, habitat restoration and community engagement.

ZOOM LINK:

<https://us06web.zoom.us/j/88276773192?pwd=YVlldDVSSCtjajZxMlZOakF0c2pkdz09>



You Can View YouTube Videos of Previous ZOOMS from
The Connecticut Parrot Club:

- Steve Baldwin, The Founder of the Brooklyn Parrots
<https://youtu.be/WAVd-kSYB0I>
- A Virtual Tour of The Rhode Island Parrot Rescue
<https://youtu.be/EOz00Gu-tHY>
- **Tables Communication and Play for Parrots,**
Jennifer Cunha <https://youtu.be/EgzLsA3owco>
- **Journey to Combine Art and Science Through Humor,**
Rosemary Mosco <https://youtu.be/7b1qwbcxYFk>
- **Through the Eyes of a Parrot,** Dr. Graham Martin
<https://youtu.be/JKcTFhynaMY>
- **Caring for Elderly & Disabled Bird Companions,** Dr. Kristin Sinclair
<https://youtu.be/4YhsDzAwJgQ>

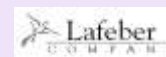


Lafeber Webinars are at 12 noon PT unless noted*

- **February 11 at * 11 a.m.:** **“Cardiovascular Disease in Pet Birds”**
with Dr. Stephanie Lamb
- **February 18:** **“The Grey Way: The Healthy Grey—Keeping your Bird Healthy & Happy”** with Lisa Bono, CPBC
- **February 25:** **“Ask the Vet: Q & A”** with Tom Tully, DVM, DABVP (Avian Practice), DECZM (Avian)



For more info or to view a prior webinar, go to:
<https://lafeber.com/pet-birds/category/webinar/>



West Los Angeles Bird Club



Tentatively Meets 2nd Wednesday of the month at 7:30 PM

Culver City American Legion Hall, 5209 Sepulveda Blvd., Culver City

For more information, go to: www.westlabirdclub.com or call Doreen at (310) 488-9749.

ZOOMS are on the 4th Thur. of the Month at 7-8:30 PM, PDT

For information on an upcoming ZOOM or
to watch a previous ZOOM presentation, go to www.sfvaudubon.org

Previous ZOOM include topics:

- “Crows and Ravens”
- “We’ll Always Have Parrots” (In Los Angeles)
- “Our Need for Birds”
- “Tracking World’s Migrations”



San Fernando Valley
Audubon Society

Remembering Jan Julien

Sadly, on December 24, 2021,
Jan Julien passed away of natural causes.

No celebration of life has been arranged at this time.
Future details to follow.

Jan was a board member of the West LA Bird Club and
a member of the South Bay Bird Society.

We send our deepest condolences to Pat Julien, Jan's sister.



PALOS VERDES PENINSULA LAND CONSERVANCY

NATURE WALK: Sat., Feb 12, 1 PM

WHERE:

Scared Cove at Abalone Cove Shoreline Park,
5970 Palos Verdes Drive S., Rancho Palos Verdes

Situated between Portuguese Point and Inspiration Point, the secluded Sacred Cove features wonderful rock formations edged with tide pools and a channel into a sea cave. PVPLC guide and birder: Randy Harwood. Moderate to Strenuous walk. RSVP, Parking cost: \$6 first 2 hours. Free 62 yrs.+

For information and reservations:
call: (310) 541-7613 or





Q & A *By Karen, The Parrot Lady*



The answers to your questions are MY opinion based on nearly 50 years experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Rosskopf and Woerpel. I have hands-on experience owning my own Exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds.

Ask me your questions and I will answer to the best of my knowledge. If I don't have an answer I will make every effort to find one for you and tell you my source.

Q My bird decided to make a meal out of my fiancé, who has a bit of a temper. The bird is really nice to everyone else. Is this fixable, or do I have to re-home the bird?

A Oh dear. I might be the wrong person to ask. I rely on all my animals and trust their instincts. Of course, he could be jealous, (Which one? Hmmm, I don't know, maybe both?) and with time and patience that is often fixable. However, a temper is not a great trait -- in either one of them! Who has been around longer? Who is the most faithful? Who do you trust to never test you? When you have those questions answered, you will have your answer!



Q My bird's tail feathers dropped off suddenly. I never even touched him, and they were all on the cage floor. Did I do something wrong?

A Not likely. That is a safety mechanism to protect your bird -- so if something grabbed his tail, he can release the feathers as a safe get-away. If something frightened or threatened him, he can drop those feathers if he feels the need. The birds don't do it often, but let's say he is walking on the floor and you accidentally stepped on his tail, he may just drop them and keep going. (Don't you wish we could do that with extra Christmas weight)?

Q My bird is getting up in years and is having some trouble walking. What can I do to help?

A I would start by going to see your Avian veterinarian. It could be a myriad of things, starting with arthritis. When my bird got this, I redid his perches because he could not balance on them. I used a flat board instead, so he was safe and comfortable. You are certainly more familiar with your bird's needs. Use your good sense to make his living space comfy and safe.



(“Q & A” continued on page 13)

("Q & A" continued from page 12)

Q My African Grey spends most of her time in the corner of her cage. She seems so unhappy. She is in a big, beautiful cage and I don't know what to do.

A I have 5 African Grays at home. I found that, like some people, they have very different likes and dislikes. I have seen this behavior on several occasions. With my birds, after making sure they were all healthy, I re-did their cages. Two of the Greys share one big cage, one prefers a medium cage and two are in separate small cages... there is no accounting for taste! As soon as I moved the two Greys into smaller cages, I had new birds. They were happy, playing and eating up a storm. Seems they felt safer in a smaller area.



Q There are moths flying out of my bird food and around my house, and I do not know how to get rid of them. PLEASE HELP.

A Any time we have heat and peanuts (mostly) there will be seed moths. However, practically any seed mix, even without peanuts, can give us these little, unwanted critters! Also be aware that this is NOT a bird problem. Moths are protein and cannot hurt your bird (as disgusting as you may find it)! Keep the seed in the fridge and they will not hatch! If they have hatched, I use a butterfly net and run around the house like a maniac catching and squishing. (That is not a pretty picture)!



**HAVE A WONDERFULLY SAFE AND HAPPY NEW YEAR
SENDING YOU LOTS OF LOVE AND LIGHT
FOR A VERY PROSPEROUS NEW YEAR.**

From Karen, the Parrot Lady



Karen Allen has been involved with birds and a SBBS member for over 35 years. She is a lifetime member of SBBS.

Karen owns her own bird shop, "Birds & More" located at 4301 Redondo Beach Blvd., Lawndale, CA.

Contacts: work (310) 370-7550, home (310) 371-9967, text (310) 704-1210. She counsels & trains new bird owners & is a published writer.



Send your questions for "The Parrot Lady" to:

Karen Allen, P. O. Box 3863 Redondo Beach, CA 90277-3863

Email: Birdsnmor@aol.com

WINGED NEWS & MORE

Transforming Green Waste at Your Home

Do you ever feel guilty about throwing away salads, fruit or vegetables that spoil before you can eat it? After you have fed your chop of mixed vegetables and fruit to your birds, you end up throwing away a portion of scraps left behind (or thrown on to the floor) into the trash. Through a transformation, this waste can give new life.



Did you know that all of these food scraps and yard clippings overflow land fills and can cause methane gas to be released into our atmosphere and thus, increase green house gases? (We all know what the left-over bird food scraps smell like after a few days).



The state of California has addressed this problem and turned it into a solution that **transforms this green waste into compost that can enrich our garden soil for growing nectar flowers for hummingbirds and butterflies, or for fresh food for ourselves.** As of January 1, 2022, all commercial and multi-family units must participate in their city’s organic waste recycling program. Check with the city you live in to see how they are meeting this mandate.



In the city of Redondo Beach, those interested in receiving more information about the Organics Recycling (food scraps), should contact Athens Services at **(888) 336-6100**, if you are not already participating. Food scraps will be collected from various locations and taken to a composting facility. Several times each year, **the city holds “free compost” days** which **you can pick up the transformed scraps in order to fertilize your garden** without using chemicals.

Single-Family Units Can Participate in this Curbside Compost Collection by Using a Green Bin.

All yard trimmings, food scraps, food-soiled paper (that is NOT from a bottom of a bird cage with your bird’s green and white artwork) and organics are collected in the green cart. No dirt or sod are allowed. Please do not over load the carts. Lids should not be open more than 3 inches and should not exceed a weight limit of 150 lbs.

(“Transforming Green Waste” continued on page 15)

(“Transforming Green Waste” continued from page 14)

WINGED NEWS & MORE

I bought a plastic container (Oxo) from Amazon that sits on my kitchen counter to throw away my food scraps before I take it out a couple of times a week to the green bin. I love the flip-up lid and I simply throw the vegetables and fruit food scraps into this container. You can also compost all types of meat if you want. Consider keeping those kind of scraps in a bag in your freezer until your collection day to keep the “yuckiness level” lower.



Redondo Beach residents can pick up a free countertop container at the Public Works City Yard at 531 North Gertrude Avenue. To reserve yours, call (310) 318-0686.

I bought green combustible bags from Amazon to make the green waste transfer easier and to keep my kitchen container and outdoor bin cleaner and less smelly. These bags can also be purchased at local grocery stores.



If you want to cut out the middle man and compost yourself, backyard compost and worm bins are available for purchase year-round. Redondo residents can call Athens Services at (888) 336-6100 to place an order. Athens Services will process your payment and deliver the bin to your home.

This just goes to show, by being creative in your problem solving, the outcome can make for a better world!

Items than CAN be composted

Food Scraps

- fruits
- vegetables
- meat
- poultry
- seafood
- shellfish
- bones
- rice
- beans
- pasta
- bread
- cheese
- eggshells
- coffee grounds



Yard Trimmings

- grass clippings
- leaves
- brush
- small branches
- tree trimmings
- other forms of organic materials generated from landscapes or gardens



Items that CANNOT be composted

- palm fronds
- bamboo plants
- animal waste
- large pieces of lumber
- stumps
- oversized branches
- construction debris
- succulents
- cactus
- yucca



Paper Products

- food soiled paper
- napkins
- paper towels
- paper plates
- tea bags



Submitted by Gala Burkholder

THE SOUTH BAY BIRD SOCIETY IS OUR LOCAL FLOCK.

SBBS Welcomes New & Returning Members



RETURNING MEMBERS: Diane Sivas, Len Vanderhoof, Kathleen Rollinger

LIFETIME MEMBERS: Cary & Anita Pao, Karen Allen, Perry Ellwood, Donna Crossley, Dr. Walter Roskopf, Jack Ford, Janet Ragonesi, Don Hand, Bree & Deven Brozey

MEMORIAL LIFETIME MEMBERS: Lorrie Mitchell, Diane Bock, Ron Ellwood

IN MEMORIAM LIFETIME MEMBER: Laura Lynn Porter

Number of Current Members: 65

Don't fly off the membership list! Please pay your dues.

Your dues help support your club by providing newsletters, educational programs, the website and more.

To join SBBS, please print the last page of the newsletter or go to www.sobaybirdsoc.com and click on "Membership" to find a membership application. Fill the form out, include a check and send it to SBBS, P.O. Box 3863, Redondo Beach, CA 90277-3863. If you have received a hard copy or found the membership application on the back of the newsletter, fill it out and send it to the above address. If you have any questions about your membership, please contact Membership Director, Patte Fisher at pattefisher@verizon.net.



Patte



THE SOUTH BAY BIRD SOCIETY

Is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501 (C) (3).

SBBS MISSION STATEMENT

The purpose of SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.



Cockatiel Olympics

Laugh KookaburRa



STAY SAFE & PROTECTED FROM GERMS! Karen Allen Reminds Us To Continue To:

- Wash your hands often and vigorously for 20 seconds. Singing the "Happy Bird Day" song TWICE for perfect timing.
- Avoid people that are sneezing and coughing.
- Wear a N95 or KN95 mask indoors and when in close proximity to others. Respect people's choice on wearing a mask, even when it is not legally required.
- Keep a distance of at least 6 feet between people.



All members are invited to submit bird-related items for a future SBBS newsletter in any of the following segments:

- ☀ In **"Wing Tips,"** share a tip that could improve the lives of both you and your bird(s).
- ☀ In **"Laugh Kookaburra,"** send a bird-related cartoon, joke or humorous photo.
- ☀ In **"Creative Corner,"** send photos of your **bird-related** drawings, ceramic pieces, needle point, paintings, etc. or texts of poems or photos with a unique point of view.



Kahlia & Gala

E-mail your ideas of what you would like to see, along with your SUBMISSIONS to: gidgetscal@aol.com.

The deadline for the next newsletter is *Wednesday, February 9th.*



Adoptions



There are so many birds needing homes out there. If you are considering another bird, please think about adopting one. Call one of these rescue/adoption groups.

They all have many wonderful birds just waiting for someone to come and take them home.

Many of these groups have websites - take a look!

<u>Organization</u>	<u>Phone</u>	<u>Contact</u>
Fine Feathered Friends Foundation	(310) 334-9062	www.finefeatheredfriendsfoundation.org
Parrot Rehabilitation Society	(619) 224-6712	www.parrotsociety.org
Parrots First	(866) 248-7670, ext. 5937	www.parrotsfirst.org
Santa Barbara Bird Sanctuary	(805) 565-1807	www.sbbird.org
Southern Nevada Parrot Education, Rescue & Rehoming		www.southernnevadaparrotrescue.org



We can all relate...

LAUGH



KOOKaBURrA





SHOP
our
Sponsors

Contact: "Birds & More" and "Animal Lovers" for curbside service.
"Wild Bird's Unlimited" for items to be shipped and curbside service.

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Karen Lee Allen

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Website: birdsandmore.com

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Webinars Listed on page 8!

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Please thank our Sponsors for supporting the South Bay Bird Society by giving them your business.

Shop on-line at: www.MyWBU.org or call:

Contact for delivery options during Covid-19

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Feed a Hummingbird

Happy Valentine's Day!

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South Bay Bird Society members receive a 10% discount at Birds & More on selected merchandise. You must show your membership card or mention South Bay Bird Society when shopping on-line.

If you need to renew your membership, go to: www.sobaybirdsoc.com.

NEED A HOME for Your Ad?

Please Contact SBBS President, Janet Ragonesi at (310) 376-5954

SPONSORS

Upon review and acceptance by the board of directors, any business that donates \$25 or more per month in either goods, gift certificates or money to SBBS will be known as a SBBS Sponsor. For each month, a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month depending upon the timing for publication. These sponsors are listed above. **LET'S GIVE THEM OUR SUPPORT.**



PLEASE JOIN US



CURRENTLY, our meetings are held on ZOOM! Meetings are held at the Kiwanis Club of Hermosa Beach

2515 Valley Drive, Hermosa Beach, CA 90245 (near the corner of Gould and Valley Drive)

Verify on our website of status of meetings. MOST MEETINGS are held on the 1st Monday of the month at 7 P.M.

* Sometimes, special meetings are held on Sunday afternoons, but verify the meeting date by checking the website at: www.sobaybirdsoc.com.

You don't have to own a bird to participate!

Members are invited to participate Board Meetings which are usually the 2nd Monday of the month via ZOOM. Call Janet for details.

South Bay Bird Society — Officers and Board of Directors

VOTING POSITIONS:



NON-VOTING POSITIONS:

EXECUTIVE DIRECTORS:

- President** Janet Ragonesi, (310) 376-5954
- Vice President, CFO** Diane Sivas, (310) 937-9925
- Vice President** Karen Allen, birdsnmor@aol.com
- DIRECTORS:**
- Communications** Gala Burkholder
(gidgetscal@aol.com)
- Community Outreach** **OPEN**
- Education** Karen Allen, birdsnmor@aol.com
- Meeting Tech Support** **OPEN**
ACTING—Gala Burkholder (310) 318-2662
- Membership** Patte Fisher, pattefisher@verizon.net
- Newsletter & Flyers** Gala Burkholder
(gidgetscal@aol.com)
- Press/Media** Gala Burkholder
(gidgetscal@aol.com)
- Programs** **OPEN**
- Raffle & Sponsors** Janet Ragonesi, Patte Fisher
- Secretary** Diane Sivas, (310) 937-9925

SUPPORT POSITIONS:

- Adoptions & Foster Care** Janet Ragonesi, (310) 376-5954
Marie Calleja, (310) 529-1408
- Cartoons** June Baker, Marie Calleja
- “Meet-up” Site** David Benjamin
- Photography** Gala Burkholder, Marie Calleja
- Proofreaders** Sylvia Skidmore, Marie Calleja,
June Baker, Patte Fisher
- Website Coordinator** ACTING—David Benjamin
(Davidsbbsr@dbenjamin.com)
- Website Maintenance** Harold Buchman
- Youth Ambassador** **OPEN**
- ZOOM Coordinator** David Benjamin
(davidsbr@dbenjaomin.com)
- Lifetime Members** Anita & Cary Pao, Karen Allen,
Perry Ellwood, Jack Ford,
Donna Crossley, Janet Ragonesi,
Dr. Walter Roskopf, Don Hand,
Bree & Deven Brozey
- Memorial Lifetime Members**
Lorrie Mitchell, Diane Bock,
Ron Ellwood



Do you want to volunteer in ANY way for SBBS?

If so, contact the President Janet Ragonesi at (310) 376-5954 or ragonesi@att.net

The people listed above have chosen to “Step-up” to help with our club.



P.O. Box 3863
Redondo Beach, CA 90277-3863
www.sobaybirdsoc.com

EFFECTIVE IMMEDIATELY:

Members that require the US Postal Service for their delivery,
please add \$15 to your membership. Thank-you.



MEMBERSHIP UPDATE:

When a new or renewing member pays for a 2-year membership in advance,
the member receives \$5.00 off of the 2nd year.

South Bay Bird Society Membership Application

Return your application to: P.O. Box 3863, Redondo Beach, CA 90277-3863

We appreciate your support. Your donations are tax deductible. SBBS is a 501 (c)(3) non-profit corporation

New ___ Renewal ___ Former Member ___ / Family \$40 ___ Individual \$32 ___ Senior (60+) \$25 ___ Lifetime \$350 ___

Name(s): _____

E-Mail Address for Newsletter Delivery: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: (____) _____

Other Phone: (____) _____ How did you hear about us? _____

To help us plan programs and activities, please tell us what kind of birds you own: _____

_____ How long have you been keeping birds? _____

During the meetings when you are invited to bring your bird, we sometimes take pictures of the birds for our newsletter. We like to identify them by name. If you want, please list your bird species and the names of those you might be bringing so we can label the photos: _____

Mark ways you will volunteer: Hold a Board Office ___ Help with Pot Lucks ___ Help with Community Outreach Events ___
Help with the Silent Auction/Fundraiser ___ Take Photos of Meetings ___ Foster Birds ___ List Other ways _____

Do you keep birds primarily as: Companions ___ Breeders ___ Both ___ Renewal Month: _____

Signature: _____ Date: _____