



Volume 50 Issue 3 February - March 2023 SBBS Newsletter Established 1974



**Bob Shanman Shares His  
 African Safari Adventures**  
 Monday, March 6th at 7 PM  
**Hybrid Meeting at Hermosa Beach Kiwanis Building**  
**In-person and on ZOOM**

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The South Bay Bird Society is delighted to have Bob Shanman from WILD BIRDS UNLIMITED speak to us in March. Last August, Bob, his family and friends were fortunate to travel to Africa with stops in Cape Town, South Africa; Botswana and Zimbabwe. Bob will share with us his experience on safari to see an assortment of animals in the wild. His keen eye from leading years of bird walks was advantageous in spotting a variety of creatures in the brush.

This hybrid meeting will be held in-person and on ZOOM. A ZOOM link will be sent to you just prior to the meeting or you can RSVP on Meet-up at: <https://www.meetup.com/Redondo-Beach-Birds-Meetup/events/>.

*See pages 4 and 5 for more information about this and other upcoming SBBS meetings.*



**The meeting will be held at the Hermosa Beach Kiwanis Club Building**  
 2515 Valley Drive, Hermosa Beach, CA 90245 (near the corner of Gould & Valley Dr.)


*For more information, contact Janet Ragonesi at (310)379-5954  
 or at ragonesi@att.net or go on: [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com)*

*Sylvia and her cockatoo, Cook-*



*Sylvia and her flock*



Ways to Help the Parrot You Love 

When It Develops or Has a Special Need

Presented by: Sylvia Skidmore

Monday, February 6th

Meeting Summary Report by: Patte Fisher

Welcome to another wonderful year of South Bay Bird Society entertainment, education and society companionship! It was great to come together again as a “flock” and share our adventures since our last meeting in October!

Opening comments were made by our president, Janet Ragonesi, who caught us up on all things bird club. Janet introduced our newsletter editor, Gala Burkholder. She had loads of new information on other bird organizations, bird blogs and upcoming bird events.

Next to speak was the bird authority we all love to hear from, Karen Allen. Karen introduced our speaker for the evening: longtime South Bay Bird Society member Sylvia Skidmore.



*Donna Crossley with her dog Lexi*



*Cookie on her pillow*

*Winkie, Sylvia's African Grey, on a perch*

*JoJo, another one of Sylvia's African Greys in a cage*

*Lucky, a Senegal parrot*



*Sylvia's cockatoo, Cookie, scoots herself around the cage by grabbing the cage bars with her beak*

Sylvia, who cares for a multitude of disabled, handicapped and otherwise compromised birds of all ages, gave a wildly informative and very comprehensive talk on living with and caring for older birds and birds with special needs.

Sylvia showed us some of the ways to adapt a bird's habitat to suit each bird's individual requirements including different ways to pad a bird's cage in case of falls, as well as using a variety of perches to accommodate a bird's ability to move about.



*JoJo, Sylvia's African Grey has padding in the cage bottom*



*Gala Burkholder's Amazon, Kahlia, prefers cloth or padded perches*



*Marie Calleja brought her cockatiel, Piper, with special needs*



*Molly, a bronze-winged pionus, on a cloth perch*

*(“Report” continued on page 3)*

*("Report" continued from page 2)*

To facilitate the demonstration, Sylvia went to the trouble to pack up and bring eight parrots with her including four African Greys, a Senegal, a pionus, a cockatoo and a cockatiel all of whom have different cage set ups, perches and types of padding necessary to keep each one healthy, happy and entertained. All of her birds are compromised in various ways; some with congenital deformities, while others were the result of traumatic injuries either as nestlings or due to accidents or injuries as adults.



Molly, a bronze-winged pionus on a cloth perch



Sylvia demonstrates adding gripper to a perch

After her marvelous presentation, Janet presented Sylvia with a South Bay Bird Society certificate of appreciation and a gift basket.

**Thank You to Presenter, Sylvia Skidmore, given by SBBS President, Janet Raqonesi**



Gala then gave thanks to Sylvia Skidmore and Patte Fisher, who are proofreading our monthly newsletter. The room applauded the always fantastic newsletter coordinated by Gala that we get to enjoy every month!

We followed with our ever-popular raffle table; always a hit with the members! Karen called out the raffle numbers and Janet handed out the goodies! Small refreshments were provided. Everyone had a good time, with several members staying after the meeting to help us clean up and put everything away. I know we cannot wait to do it again!

Our next South Bay Bird Society meeting will be on **Monday, March 6th at 7 PM** and features **Bob Shanman**, from the **Redondo Beach Wild Birds Unlimited**. He will share with us his adventures on an **African safari**. This meeting will be another hybrid meeting that is both in-person and over ZOOM! *See page 1 for more information.*



Sylvia points out the cage accommodations she made for her cockatiel, Pearl and her cockatoo, Cookie



David Benjamin monitors the ZOOM feed from the meeting to those on-line



Raffle Tickets



Bob Shanman

# The President's Notes *By Janet Ragonesi*

## Greetings BIRD LOVERS.

Janet



Hearing the chirping of the birds outside and seeing the trees starting to bloom, there is spring in the air.



Be sure to check out the "Parrot Lady" Q & A with her answer to the question about "Mating Behaviors." Karen Allen answers the question I had posed in our last newsletter.

## THANK YOU SYLVIA SKIDMORE FOR YOUR FEBRUARY 6<sup>th</sup> PRESENTATION



Our February in-person meeting featured a presentation with Sylvia Skidmore on "Ways to Help the Parrot(s) You Love." Sylvia hit it out of the park! The attendees witnessed her deep commitment to her flock of parrots. She brought cages with adaptations to meet their individualized needs. Sylvia reminded us that birds with special needs are able to adapt to their situation. For those birds who were born with physical challenges, they have no clue they are handicapped. For those of us in attendance or watching by ZOOM, it was a pleasure to see Sylvia's love for her flock, and the various ways she accommodates their needs. Patte Fisher's summary of the meeting on pages 2 and 3, along with meeting photos, further shows Sylvia's love for her birds.

## UPCOMING HYBRID SBBS MEETINGS

### MONDAY, MARCH 6, 7 PM

### BOB SHANMAN WILL SHARE

### HIS AFRICAN SAFARI ADVENTURES



We are delighted to have Bob Shanman from WILD BIRDS UNLIMITED at our next meeting. Bob will share his African safari adventures with his stops in Cape Town, South Africa; Botswana and Zimbabwe. Bob's presentations are always entertaining and informative,



and I look forward to seeing some of the highlights from his trip. See page 1 for more info.

### SUNDAY, APRIL 2, 2 PM

### JULIE SCARDINA

### WILL SHARE HER RECENT WILDLIFE TRAVELS IN INDIA



Julie will travel to India for three weeks in March to promote animal conservation. She promises to take lots of photos and share her recent experiences there.

Julie's lifelong love of all animals led her to careers as animal trainer, conservationist and public educator. Julie has been recognized for her work in these fields with a variety of awards including an Emmy for educational programming. Julie also co-authored the book *Wildlife Heroes* highlighting 40 conservationists and their life's work to save imperiled species.



Julie's credentials include almost 20 years as a trainer, working with everything from killer whales to birds, culminating as Director of Training at SeaWorld San Diego; and 20 years as spokesperson and Corporate Director of Training and Animal Ambassador Programs across all SeaWorld and Busch Gardens parks, retiring 2017.

Among thousands of appearances, Julie was the most frequent guest on the Tonight Show with Jay Leno and appeared on the Today Show over 100 times discussing animals and conservation.



Julie leads "Mission Wildlife," a non-profit organization dedicated to supporting species' conservation, with the goal of encouraging others to make a positive difference in the world we share.

"We can all be wildlife heroes - actions such as creating your own backyard habitat and making informed consumer choices can make a big difference for the health and conservation of our one planet, and all its inhabitants."

She is always delightful and charming, whether it be on a TV show with Jack Hannah, or talking to us at an SBBS meeting. More information about her presentation will be in the next newsletter. **Be sure to save that date in your calendar to see Julie Scardina on Sunday, April 2!**

*("President's Notes" continued on page 5)*

**MONDAY, MAY 1, MEETING AT 7 PM****WITH MARIE CALLEJA ON****“BLUE THROATED and  
HYACINTH MACAWS”**

Marie Calleja, the Director of “Fine Feathered Friends Foundation” will share with us traits of these blue-colored macaws. These macaws may look similar, but there are differences in color, size, and attitude! Marie will be bringing her companion macaws from these two species. More information about this meeting will be in upcoming newsletters.

**OPTIONAL RSVP****MEET-UP RSVP FOR SBBS MEETINGS**

In an attempt to reach out to the community, SBBS is listed as a **pet/animal activity on the “Meet-up” website** that is available to the public. Our meetings and activities, including our socials and meetings via ZOOM, are listed. Each of you who plan to participate in any one of these activities may consider an RSVP on this site. *(This is not necessary to participate, but is optional).* The more members who say they are participating, the more attractive our group looks to the public and hopefully will draw *new* members to our club. **Each month, David Benjamin will send out a RSVP under Meet-up. The following is the link to access this site: <https://www.meetup.com/Redondo-Beach-Birds-Meetup/events/>.** Thank-you for your help in spreading the word about SBBS to other companion bird owners.

**WE SHARE OUR LOVE OF BIRDS**

SBBS encourages all bird lovers to support the clubs and activities that share your love of birds. Whether the meetings are on ZOOM or in-person, I hope you participate in our local sister clubs—West LA Bird Club, Long Beach and Orange County Bird Breeders, as well as SBBS.



These clubs succeed through the sharing of our love of parrots and by educating each other in the care of our companion birds. The sense of community of bird lovers is created by your participation in the various clubs.

**THANKS TO OUR BOARD MEMBERS AND OTHER VOLUNTEERS FOR THEIR CONTRIBUTIONS TO OUR CLUB.**

Many thanks our newsletter editor, Gala Burkholder, we have a fantastic monthly communication tool to keep us up-to-date on the club’s and other bird and nature club’s activities. Gala includes various articles and news to educate us and keep us current on an assortment of bird-related topics. Many of these articles are sent to Gala from all over the country.

Our own “Parrot Lady,” Karen Allen, responds with humor to a variety of questions about our care and relationships with our birds.

The cartoons are submitted mostly by SBBS member, Marie Calleja, to bring a smile to your face. Patte Fisher has taken over the task of summarizing our speaker presentations for those who miss attending one of our SBBS meetings. Patte keeps notes while staffing the membership table and welcoming our guests.

The newsletter wouldn’t be complete without the careful proofing by Sylvia Skidmore and Patte Fisher. We are proud of the newsletter that represents our club. It is sent out via e-mail to bird lovers near and far after the proofing is complete. A few copies are made by the editor and then distributed by June Baker.

**Currently, we do not have anyone in the kitchen to oversee a pot luck dinner. Any volunteers? Thank you to Patte Fisher for providing coffee from Starbucks and trays of individually packaged goodies.**



David Benjamin helps to keep us connected by providing a ZOOM of the meetings to those who are not attending in-person and also maintains our website available for club or other bird information.

**Everyone’s input helps create a sense of community for the South Bay Bird Society. We would appreciate your assistance towards that goal. Feel free to contact me or one**



**of the board members if you can help. Thank you.**

*(“President’s Notes” continued on page 6)*

### PLEASE SHOP OUR SPONSORS

Our sponsors have remained open and made safety accommodations for us during the past two and a half years. They have continued to make donations to SBBS for our raffles and to our annual auction.



Please give them your business, whether it be for a bird product, grooming or veterinarian service.

### REPORT ON MY OWN FLOCK

My severe macaw, Oliver, crossed the Rainbow Bridge on February 4th. I have spoken about Oliver in previous newsletters. He was a wild caught bird with a history of being sold at a garage sale and purchased by a man that ran a thrift store in Hermosa Beach in 1995.



Oliver was over 50 years of age. My late husband Leon and I loved Ollie for 28 years. Oliver was our sentinel; we always knew what was going on in the bird room by his particular calls. Once in the middle of the night when he had a seizure, he alerted us of his medical problem with his call. Even though Oliver could not fly, he made up for it with his loud voice! During our 28 years together, Oliver had two mates; Miss Clyde for 12 years and Sammy Girl. Sammy is still part of our flock. Oliver was one unique bird. He would always greet me with a hug. Though he did not speak any human language, we found ways to communicate with each other in "macaw."

Oliver is now free to fly. I am sure he was met by Miss Clyde and my late husband, Leon; they are together again. Oliver was a good egg, as I said to Dr. Micco, our lives are richer for his presence!

### VOLUNTEERS NEEDED FOR COMMUNITY OUTREACH: "WHALE OF A DAY" ON SUN., APRIL 15, 9:30-4:30 PM



It has been several years since SBBS has participated in the exciting, fun, community-wide event at the Point Vicente Interpretive Center called, "WHALE OF A DAY." This event celebrates the migration of the Pacific Grey whale from the Artic seas to Baja, CA. There will be live music, food trucks, vendors, crafts, games and views of the whale watching!

The club has the opportunity to **HAVE OUR OWN SBBS INFORMATION BOOTH** and **showcase our parrots**. This is a great way for the public to see and learn about having a companion bird and ways to make connections with others in the bird community.



In order for us to have a booth, we NEED YOUR HELP to volunteer to staff the booth for a shift of two hours. You can even bring your bird!

Please let me or one of the board members know by MARCH 8TH whether you are interested in helping out on that day so we can decide whether or not to reserve a booth.

**Thank you!**



*("Presidents Notes" continued on page 7)*

(“President’s Notes” continued from 6)

## UPDATES:

### AVIAN FLU IS STILL IN SOUTHERN CALIFORNIA

This highly infectious bird influenza continues to be found in Southern California. *More information about Avian Influenza can be found below.* Please follow the precautions listed with your own flock and with the wild birds to help keep them safe.

#### Prevention Measures to Stop the Spread of Avian Influenza:

- In general, **bird feeders & bird baths should be cleaned and disinfected at least once a week. Once HPAI is in your area, these should be taken down until the crisis has passed.**
- Keep **pet birds away from other domestic or wild birds.**
- If you might be **handling sick birds** or other wildlife, **wear appropriate protection.**
- **Disinfect surfaces that have come in contact with birds or sick wildlife.**
- Practice **bio-security by removing your shoes after walking outside and before entering your home with companion parrots. (Have inside shoes available to put on by the door).**
- **Depopulation is NOT required for exhibit flocks with HPAI-infected birds. However, if HPAI is suspected in your birds, you will need to follow quarantine requirements and use proper biosecurity to prevent the disease from spreading.**



#### Report sick or dead birds to:

**The L.A. County of Veterinary Public Health, Animal Disease** (VPH) by calling: 213-288-7060 or by using the short report form at:  
<https://admin.publichealth.lacounty.gov/phcommon/public/adss/aossaddshortform.csm?>

Life is  
short...

Join your  
friends at  
The South  
Bay Bird  
Society!



A bird sitting on a tree is never afraid of the branch breaking because its trust is not in the branch, but in its own wings.

ALWAYS BELIEVE IN YOURSELF.



See you on March 6th!

From my flock to yours

Cheers,

Janet Ragonesi,  
SBBS President



OTHER AVIAN—RELATED ZOOMS/MEETINGS/BIRD WALKS

Palos Verdes/  
South Bay  
AUDUBON  
SOCIETY



3rd Tue./mo., 7 P.M.

The Next Hybrid - ZOOM/  
In-Person Meeting is:

March 21, 2023

“A Look Back at the People,  
Wildlife and Sealife of Papua  
New Guinea and Raja Ampat”



Presented by: Randy Harwood

Madrona Marsh Nature Center  
3201 Plaza del Amo, Torrance

BIRD EXCURSIONS:

**Birding has returned with  
RESERVATIONS, limited  
capacity, guidelines &  
VACCINATIONS.**



**RESERVATION FORMS and info are  
available at: [www.pvsb-audubon.org](http://www.pvsb-audubon.org).**

Sat. March 25, 9 A.M.

Birding for Kids at Madrona Marsh  
with PV/SB leader, Jazmín Ríos.

Sun. March 5, 8 A.M.

Ken Malloy Harbor Regional Park  
with PV/SB Audubon leaders. Meet in  
the parking lot between Vermont and  
Anaheim above the ranger station.

**Motmots' Birding Field Trip Adventures**  
**See information on the top of pg. 9.**

**For Information, go to:  
[www.pvsb-audubon.org](http://www.pvsb-audubon.org)**

West Los Angeles Bird Club  
**Wed., March 8th at 7:00 PM**



**Culver City American Legion Hall, 5209 Sepulveda Blvd., Culver City**

**For more information, go to:**

[www.westlabirdclub.com](http://www.westlabirdclub.com) or call Doreen at (310) 488-9749.



The Connecticut Parrot Club



**Tue., March 21th, 4 PM (PT):  
“Penguins Up Close” with Mystic Aquarium**

**For information on an upcoming ZOOM or  
to watch a previous ZOOM presentation go to:  
[www.theparrotclub.org](http://www.theparrotclub.org)**



**You Can View YouTube Videos of Previous ZOOMS from**

The Connecticut Parrot Club:

- **Rescuing, Rehabbing & Rehoming Pigeons and Doves**, Elizabeth Young
- **Rewilding the Caribbean**, Fabio Tarazona
- **Avian Flu**, Dr. Kristin Sinclair, YouTube Video: <https://youtu.be/OfCsl4g35cs> (Over 1,000 views)!
- **The Brooklyn Parrots**, Steve Baldwin
- **A Virtual Tour of The Rhode Island Parrot Rescue**
- **Tables Communication and Play for Parrots**, Jennifer Cunha
- **Journey to Combine Art and Science Through Humor**, Rosemary Mosco
- **Through the Eyes of a Parrot**, Dr. Graham Martin
- **Caring for Elderly & Disabled Bird Companions**, Dr. Kristin Sinclair



Lafeber Companion Bird Webinars in March  
You can see a current or previous webinar by going to:

**<https://lafeber.com/pet-birds/category/webinar/>**

- **March 17, 12 noon PDT, “Pet Bird Hormones: Top 10 Questions” with Dr. Stephanie Lamb, DVM, DABVP (Avian Practice)**
- **March 24, 12 noon PDT, “Ask the Vet: Q & A” (Ask questions about your bird’s health, nutrition, care or behavior problems) with Tom Tully, DVM, DABVP (Avian Practice), DECZM (Avian)**
- **March 31, 12 noon PDT, “The Grey Way—Grey’s Hormones: Top 10 Questions” with Lisa Bono, CPBC**



**OTHER AVIAN—RELATED ZOOMS/MEETINGS/NATURE WALKS**

In Association with the PV/SB Audubon Chapter:  
**Motmots' Birding Field Trip Adventures**

**Full COVID vaccinations are required** for PV/SB Audubon field trips, **masks are recommended** and the group is **limited to 12**. Call our home number **before** each field trip **to check for updates & to let us know you are joining us**.



**For Information, Details and Reservations:**  
**Contact Eric & Ann Brooks at (323) 295-6688 or**  
**text Ann at (310) 913-2798 or email: motmots@aol.com**



**Wed., March 8 at 8 am and March 9: Midweek Trip to Morro Bay** Meet at Morro Rock Beach, at the base of Morro Rock (to the right) at 8 am on Wednesday, <https://www.morrobayca.gov/383/Morro-Rock-Beach>, Thursday start place and time TBD. RSVP

**Sat., March 18, 8 am: Join LA Audubon for a Bird Count at Kenneth Hahn Park.** Meet in the Olympic Forest parking area (first left after kiosk) \$7/car, seniors \$5/car. RSVP

**Sun., March 19. 8:30 am: Field Trip to Yorba Regional Park in (north) Anaheim** Meet in Parking Lot A (turn right at the entrance and pretty much drive to the end of the road) at 8:30 am. Entry fee. <https://www.ocparks.com/yorbapark>. RSVP



**WINTER RESTORATION PROJECT**  
**ESPLANADE BLUFF REDONDO BEACH**  
**March TBA RSVP**  
[www.southbayparks.org](http://www.southbayparks.org)

**NATURE WALK at Wilderness Park**  
**Sun., Feb 26 & March 26 (confirm dates)**  
**10-11 am: Grades 2-5th**  
**11:15-12: All Ages**



**For info go to:**  
[www.southbayparks.org](http://www.southbayparks.org)

**Phoenix Landing Foundation Webinar**

**Saturday, March 25**  
**10 AM-noon (PT) 1-3 PM (ET)**  
**"What Does a Wild Parrot Eat and Why?"**



**with José Antonio Di'az Luque**  
 We can learn a lot about our companion parrots and their potential needs by studying the diets and behavior of their wild counterparts.

**To Register or see a previous webinar, go to:**  
[www.phoenixlanding.org/events.html](http://www.phoenixlanding.org/events.html)



ZOOMS are on the 4th Thursday of the month at 7PM

**Thursday, March 23, 2023, 7:00-8:30 p.m.**

**Speakers: Heath Smith & Jennifer Hartman of**  
**Detection Dog Teams on**  
**"Detection Dog Teams and Avian Conservation"**



**For information on an upcoming ZOOM meeting or to watch an previous ZOOM presentation, go to [www.sfvaudubon.org](http://www.sfvaudubon.org)**

**Previous ZOOM include topics:**

- "The How and Why of Colorful Feathers of Tanagers"
- "A Global Odyssey of Migratory Birds"
- "Crows and Ravens"
- "We'll Always Have Parrots" (In LA)
- "Our Need for Birds"



**San Fernando Valley Audubon Society**

**PALOS VERDES PENINSULA LAND CONSERVANCY**



**GUIDED NATURE WALK:**  
**Sat., March 4 10:30 AM**

**WHERE:**

**George F. Canyon**  
**27305 Palos Verdes Dr. East**  
**Rolling Hills Estates, CA 90274**

Naturalists will guide you along a trail through the preserve to discover a unique variety of wildlife in their canyon habitat with amazing views of the LA Basin. Meet on the back patio of the Nature Center and come inside to explore after the hike. Moderate walk. Guides provided by the Palos Verdes Peninsula Land Conservancy. RSVP



**GUIDED NATURE WALK:**  
**Sat. March 11, 9:00 AM**

**WHERE:**

**Alta Vicente Reserve**  
**30940 Hawthorne Blvd.**  
**Rancho Palos Verdes, CA 90275**

Explore rare cactus wren and California gnatcatcher restored habitat. Enjoy beautiful views of Catalina Island and spring flowers in bloom. Moderate-strenuous walk. Guides by Palos Verdes Peninsula Land Conservancy. RSVP



**GUIDED NATURE WALK:**  
**Sat., March 18, 10:30 AM**

**WHERE:**

**White Point Nature Preserve**  
**1600 W. Paseo Del Mar**  
**San Pedro, CA 90731**

Naturalists will guide you along a trail to discover a variety of wildlife in their coastal sage scrub habitat with amazing views across to the ocean. Meet in front of the Nature Center and come inside to explore after the hike. *Park in the lot via Western Avenue only.* Guides by P.V.P. Land Conservancy. RSVP

# Q & A *By Karen, The Parrot Lady*

The answers to your questions are MY opinion based on nearly 50 years of experience. I donated my time to Avian and Exotic Animal Hospital, working with Doctors Roskopf and Woerpel. I have hands-on experience owning my own Exotic bird shops, raising and breeding, grooming and caring for parrots of all kinds.

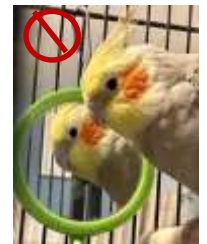
Ask me your questions and I will answer to the best of my knowledge. If I don't have an answer I will make every effort to find one for you and tell you my source. Be sure to check with your avian vet for their evaluation of your bird's particular circumstance. Here we go!!!



## Just a Heads Up!!!!

Spring is upon us and guess what? Disney says, "Twitterpated," Bird experts say "Sexually Mature," Dr. Roskopf and I say "Horny" and they all mean the same thing. Your birds are going to be exhibiting signs of "I WANT A MATE" whether you like it or not! They will tear up anything for nesting material and even use their feathers. Some become aggressive, some get way over stimulated. Mirrors, tickling their back side and under their wings can activate those urges and make you both crazy (in different ways). Avoid those things, please!

**\*\*Remember: you are not equipped to satisfy them, and that ticks them off royally!\*\***



Provide shredding toys instead of birds using their feathers



Head scratches only

An angry Sun Conure!



**Q My Amazon likes to chew on egg cartons and paper from a paper ring that I bought for parrots. Is this safe?**

**A** The second part of your question you sort of answered yourself by saying you bought it for parrots. If you got it at a reputable bird store, it is fine. *Birdie Bagels* are what "Birds & More" sells, and our birds love them.

In answer to the first part of your question, I do not have a scientific answer. I've let my birds play with egg cartons and toilet paper rolls, etc. and never had a problem. I always check that there is no glue on the rolls and that the cartons are clean to be extra safe.

**Q I was asked what the green specks in the seed mix are, and you would have to ask the manufacturer. All seed mixes differ in many ways, and in the mixing process things break up. Dried greens are probably what you are seeing.**



"Do you think the green bits are dried cabbage or shamrock leaves?"

("Q & A" continued on page 9)

("Q & A" continued from page 8)

**Q My bird likes to sit on a perch in the bathroom and watch herself preen in the mirror while I brush my teeth. I think she does that to see her feathers better. Am I just imagining that?**

**A Birds are very intelligent, but I don't think Beauty School is in their vocabulary. They truly come by personal hygiene and self-beautification quite naturally and don't need a mirror. HOWEVER, that is probably the most precious idea I have heard in almost forever. THANK YOU!**



**Q How do I tell what sex my bird is?**

**A DNA sexing for most birds is appropriate.**

The Eclectus male is green and the female is red. It is called dimorphic when the female and male parrots are different colors, and these are few and far between.

In Parakeets, the skin around the nostrils (called the cere) is blue when it's a boy, and beige or pink when it is a girl. However, some start out blue and change to brown when older. You can call them whatever you like. I am not touching that one!



Again, breeding season is upon us. Stay safe and alert, and TAKE NOTHING PERSONALLY!!!!



**Happy St. Patrick's Day!**  
*Karen,*  
*"The Parrot Lady"*



**Karen Allen** has been involved with birds and a SBBS member for over 35 years. She is a lifetime member of SBBS. Karen owns her own bird shop, "Birds & More" located at 4301 Redondo Beach Blvd., Lawndale, CA. Contacts: work (310) 370-7550, home (310) 371-9967, text (310) 704-1210. She counsels & trains new bird owners & is a published writer.

Send your questions for "The Parrot Lady" to:

Karen Allen, P. O. Box 3863 Redondo Beach, CA 90277-3863

Email: [Birdsnmor@aol.com](mailto:Birdsnmor@aol.com)



Sergii continues to post updates about his and Roxy's, his peach-colored cockatoo's, experience during this past year of the war in Ukraine.



## Sergii and Roxy

A Ukrainian Survivor and His Beloved Cockatoo's Story

Sergii and Roxy, his Mollucan cockatoo, are in Kyiv trying to survive the invasion of Ukraine.

They are suffering the horrors of war and just trying to survive day to day...  
trapped like so many of Ukraine's beautiful people.

This is their story...



[YOU CAN GO ON THE SITE:](https://sergiandroxy.wixsite.com)

<https://sergiandroxy.wixsite.com> to see more updates)

### [Huge, Wonderful Progress Report! - Feb. 4, 2023](#)

Dear friends,

I have a lot of good news today. Your prayers and support helped us a lot again. Miracles are happening! Today I was able to immediately conclude a lease in one of the best cities in Europe in Karlovy Vary. This is a famous resort with thermal springs and a very mild climate, even palm trees grow here. The landlord let me keep Roxy. Therefore, the next step is to take her out of Ukraine. XOXO!



### [Impatient Roxy Waiting For Reunification - Feb., 6, 2023](#)

Dear friends and fans of Roxy,

I would like to announce our news. Yesterday I moved into a new apartment. The apartment is new and there was no furniture or household appliances in it. Therefore, these two days was very busy looking for inexpensive used furniture and appliances. I managed to buy the essentials for life.

Roxy is in Kyiv and many people come to see her. Volunteers help my father now. Roxy was unhappy today that she was photographed with a phone (she does not like it when any gadgets are used in her presence). That's why Roxy bit my father hard today. My father and volunteers give her a lot of cones and wooden blocks to keep her busy.

I handed over Roxy's documents for translation into Czech. It is necessary for CITES. Tomorrow I'm going to the police to register a new address where I now live and where Roxy should move. We need your prayers for everything to go well. I really look forward to when my fluffy princess will be with me again. We need to hurry, because the Russian troops may attack again.

P.S. There is no Internet in my new apartment yet, so it is very difficult to view the Facebook feed and reply to your private messages. I love everyone and wish you happiness in communicating with their feathered pets! XoXo

Best wishes, Sergii & Roxy

### [A Small, Uplifting Update - Feb., 7, 2023](#)

Dear friends,

Thank you for your concern and support. I had a very successful day today. Your prayers and support helped me again! I have successfully registered a new place of residence in Karlovy Vary. This is very important so that I can be here and bring Roxy here. I'm planning to make a big post tomorrow as it's late today and I only have internet on my mobile phone, but it's very slow.

Best wishes, Sergii & Roxy



*("Sergii and Roxy" continued on page 13)*

("Sergii and Roxy" continued from page 12)



### [Getting Closer The Finish Line? LIFE IS BETTER - Feb. 11, 2023](#)

Dear friends and fans of Roxy,

Last night I got internet and can report again about our difficult period of life. However, now I believe that we are already close to the finish line. Thanks to your prayers and support, every day I see small but very important miracles. I thank you all very much for supporting us. When I re-read your such kind and personal comments to our posts, I feel great joy and peace. Only this helps muffle the bitterness of separation from my peach princess and home. But I have confidence that soon we will be together. I set myself the goal of bringing Roxy to the Czech Republic before March 26, my birthday. Roxy hatched on April 10 and she deserves to celebrate her Hatchday with her loving dad.

#### [About my business:](#)

Yesterday was a very important day (not only because of the internet connection in my apartment); I met my landlord in person for the first time. It was important for me to convince him that Roxy should live with me.

Fortunately, in the Czech Republic, such cockatoos are very rare and he saw them only on TV. I showed him some cute videos of Roxy where she is so cute and is the epitome of innocence (a lot of people don't really even know what a cockatoo is in real life). I warned that Roxy screams loudly, gnaws everything that gets into her powerful beak (the apartment was completely empty and I bought used furniture myself). My landlord said he was "sure this cute bird couldn't be any louder than his dog." He said that he understands very well that Roxy should be with me and she must be taken out of Ukraine.

#### [On Roxy's condition:](#)

This cute bird has become much calmer, and she is also not so capricious now. She tries to get maximum attention and affection from every visit of my father and volunteers. She now immediately eats all the fruits and vegetables that are given to her (previously she threw away many fruits or did not take them right away). She herself presses against the edge of the cage to be scratched and stroked. Once every two days she is let out for an hour walk (so far, it is not possible to let her out every day).

We gave the documents to Roxy for translation and certification (into Czech). Next week I will be talking to the new lawyer I was given to resolve the issue of Roxy leaving (I worried in vain that this vile Nina "Suriname" would harm us, since we refused her "dirty services"). We need to hurry, because everyone says that the Russian troops are going to attack Kyiv again.



#### [About new home:](#)

I'm going to sign up for a Czech language course next week and look for a job. This city of Karlovy Vary has many health and wellness facilities, so I hope to find a job quickly. I really like this city. It is very comfortable to live in. I can walk around it all. I haven't walked that much in a long time. There is very clean mountain air, many water channels, as well as various birds: swans, ducks, etc. And most importantly, there are very happy and calm people who go about their business slowly, just smile and are very friendly. I have not seen this in Ukraine for a long time.

I am very grateful to God that he helped me break free. Today, for the first time, my father agreed that he should also go to the Czech Republic. Prior to that, he categorically did not want to leave Ukraine. That's all for now. You can learn more from my book. In it you can find out all the details of our history that I could not write about for the Cockatoo Lovers group and even now on Facebook. The book will be very dramatic, but interesting. I hope this story will end soon and he will be happy. I love you all and thank you! XoXo

Best wishes, Sergii & Roxy"

***P.S. I think that this story should teach each of us to take responsibility for our pets and develop our best qualities.***

**[Keep Sergii & Roxy in your thoughts & prayers. We are so fortunate to have our feathered friends with us in peace.](#)**

# WINGED NEWS & MORE

## Turkish Boy With Budgie in Hand Rescued 55 Hours After the Quake!



***The aunt of Berat Sarı, Döndü Öztürk, holds the budgie that Berat protected under the rubble for 55 hours in Kahramanmaraş, Türkiye, Feb. 8, 2023. (AA Photo)***

By Daily Sabah with AA

Feb 08, 2023 12:22 pm

In an emotional instance, a 13-year-old boy was rescued from the rubble in Kahramanmaraş with his budgie in his hands that he protected for 55 hours straight under the rubble of a 7.7 magnitude earthquake that wreaked havoc in the southeastern part of Türkiye. The search had been going on for three hours after rescue teams heard screams from the debris of an apartment.



***The aunt of Berat Sarı, Döndü Öztürk, holds the budgie that Berat protected under the rubble for 55 hours, Kahramanmaraş, Türkiye, Feb. 8, 2023. (AA Photo)***

Wrapped in special blankets against the danger of hypothermia, Berat Sarı shouted to his aunt while he was in the ambulance to hand his budgie to her. The aunt first embraced the bird, then fed it and made it drink water from the bottle cap that she found. The aunt, who shed tears of joy from time to time, thanked God after seeing her nephew and his little bird alive. Sari was taken to the hospital for treatment.



***Thirteen-year-old Berat Sarı is carried to an ambulance after being rescued after 55 hours, Kahramanmaraş, Türkiye, Feb. 8, 2023. (AA Photo)***

***You wonder if the thirteen old, Berat, knowing he had to stay alive to protect his little bird, gave him the stamina to hang on and shout out so both of them would be rescued. It goes to show we all love our birds, pets and family, which gives us strength and endurance to help us survive during those difficult times we each face during our lives.***

Donations to help the animals impacted by this earthquake can be made to:

International Fund for Animal Welfare: <https://www.ifaw.org/international> and

Network for Animals: <https://networkforanimals.org/>



## WINGED TIPS & MORE

### Budgies and Children: How to Safely Introduce Your Companion Bird to Others.



*Introducing ANYONE on how to treat your bird with RESPECT, is a teaching moment on how to treat ALL animals (and people too)!*

***Budgies make great companions for families with children.***

These small, colorful birds are known for their playful personalities and their ability to mimic simple words and phrases. However, it's important to properly introduce your companion bird, as well as any other pet, to your children to ensure the safety of both your bird and children.

Bringing a budgie into a household with children can be a wonderful and rewarding experience for the whole family. However, it's important to properly introduce your parrot to your children to ensure the safety of both the bird and your children. By teaching your children how to behave around birds, supervising interactions, providing a safe space for the bird, and bonding with the bird, you can create a happy and healthy relationship between your budgie and your kids.

***It's important to remember that a bird (or other animal) is a living creature and should be treated with the same CARE and RESPECT as any other FAMILY MEMBER.***

***(When people ask you about your companion bird, this is a good message to TEACH ANYONE about the treatment of animals. It is a great opportunity to teach the RESPECT of animals when they want to hold or handle your parrot. Bird are like magnets for young children; it is almost impossible for them to not want to touch a bird. Besides the health and safety reasons for not allowing others to contact your bird, it is good to teach them that perhaps the bird doesn't want to be pet or handled at that particular moment. It is a good lesson to instruct them on how to be CAUTIOUS in approaching any animal; to learn their BEHAVIORAL CLUES to try to understand what the animal is comfortable with. Animals that are treated with respect, are less likely to get scared and start biting whether it is a dog, cat or a pet bird. I explain that concept to children as the reason to respect my parrot and why my bird is so sweet. I emphasize to them and their parents that we want to maintain the parrot's trust so they will continue to be safe around my bird. Hopefully, this lesson transfers to their interactions with other animals they meet and their pets at home.)***

A companion bird is not just a toy or a decoration, but a living being that requires attention, care and proper handling. By educating your children about the proper care and handling of a bird, you can ensure that they understand the **responsibility** that comes with owning a pet. **Budgies are social animals and enjoy interacting with their owners. By talking to your budgie in a calm and gentle voice, you can help it to feel more relaxed and secure.**

Bonding with the bird is an important step in creating a strong relationship between the bird and your family. Training your budgie to do simple tricks, spending time talking to it and offering it treats, and spending time with the bird can help the bird feel more comfortable and secure in its new surroundings. It also allows for the whole family to learn about the bird's behavior and habits, and also a great way to strengthen the bond between you and the bird.

# WINGED NEWS & MORE



## Monarch Butterflies Wintering In California Rebound

OLGA R. RODRIGUEZ, Associated Press  
Jan. 31, 2023

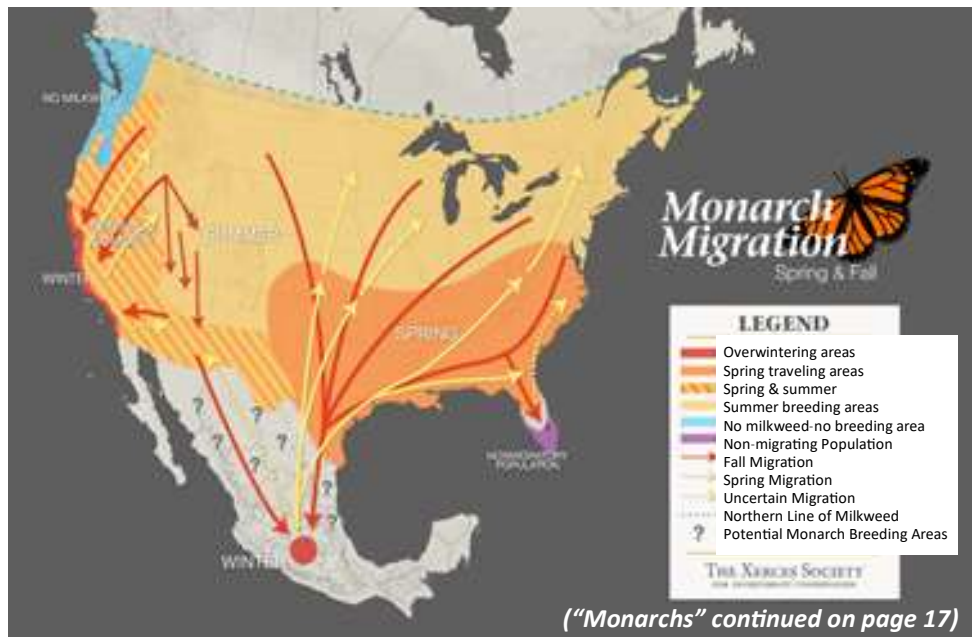
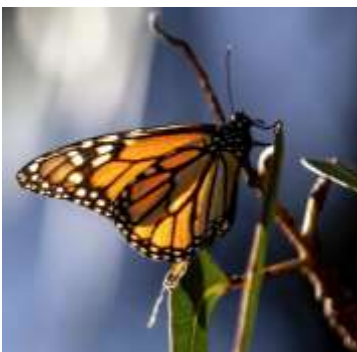
SAN FRANCISCO (AP) — The population of western monarch butterflies wintering along the California coast has rebounded for a second year in a row after a precipitous drop in 2020, but the population of orange-and-black insects is still well below what it used to be, researchers announced Tuesday, January 31, 2023.

Volunteers who visited sites in California and Arizona around Thanksgiving tallied more than 330,000 butterflies, which is the highest number of these insects counted in the last six years. It was a promising rebound after the annual winter count in 2020 recorded fewer than 2,000 butterflies. In 2021, the number recorded was 247,000.

“I think we can all celebrate and this is really exciting,” said Emma Pelton, a conservation biologist at the Xerces Society, a nonprofit environmental organization that focuses on the conservation of invertebrates. “We were all so relieved last year when we had about 250,000 butterflies, and to see that number tick up even modestly this year it’s really a good sign that we’ve got a second chance.”



Pelton said it’s not clear why the population has rebounded but one explanation could be that eastern monarch butterflies, which tend to spend the winter in Mexico, could be mixing with their western counterparts. “Some of that kind of leakage could be occurring and I don’t think we fully understand the system enough to say what it is,” she said. “But I think one thing, it’s not that all is well or that we all made human actions that magically made it all better.”



(“Monarchs” continued on page 17)

# WINGED NEWS & MORE

("Monarchs" continued from page 16)

The population is still far below what it was in the 1980s, when monarchs numbered in the millions. Scientists say the butterflies are at critically low levels in western states because of destruction to their milkweed habitat along their migratory route as housing expands into their territory and use of pesticides and herbicides increases. Along with farming, climate change is one of the main drivers of the monarch's threatened extinction, disrupting an annual 3,000-mile migration synched to springtime and the blossoming of wildflowers.

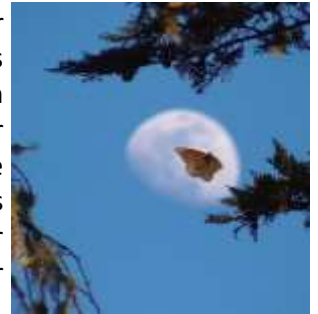


Western monarch butterflies head south from the Pacific Northwest to California each winter, returning to the same places and even the same trees, where they cluster to keep warm. The monarchs breed multiple generations along the way for thousands of miles before reaching California where they generally arrive at the beginning of November. Once warmer weather arrives in March, they spread east of California.



On the eastern side of the Rocky Mountains, another monarch population travels from southern Canada and the northeastern United States across thousands of miles to spend the winter in central Mexico. Scientists estimate the monarch population in the eastern U.S. has fallen about 80% since the mid-1990s, **but the drop-off in the western U.S. has been even steeper.**

Adult monarch butterflies live for a few weeks, whereas monarchs that spend the winter clustered in trees and emerge in late summer and early fall can live up to nine months. When temperatures warm up, they fly back to their breeding grounds where their reproduction cycle starts anew.



The western monarch count is conducted by trained volunteers over several weeks around the Thanksgiving holiday. It dates back to 1997 and has observed a loss of more than 95% of a population that according to earlier studies once numbered in the low millions.

**This year the insects' wintering habitat along California's central coast was also battered by heavy rains and volunteers reported more monarchs blown from their clusters and vulnerable to the cold, wet conditions and predation, the Xerces Society said in a statement.**



The group normally also conducts a second count after the New Year. This year's results will be announced in February/March and shed light on how much winter storms impacted the butterflies, said Isis Howard, an endangered species conservation biologist with the Xerces Society. Howard said the follow-up New Year's counts usually show a 30% to 50% decline in butterflies from the Thanksgiving count.

"Because the storms were so intense and so back-to-back this year, it seems reasonable to assume that there might be increased mortality this winter, leading to a smaller population that'll kick off the breeding season this next spring and summer," she said.





## Growing Herbs and Flowers for Your Bird

If you love birds, you might love gardens also. Spring begins soon and you may be deciding what to plant in your garden this year. **In addition to considering planting natives for the wild birds, butterflies and other insects** you may want to include **some flowers and herbs that are safe, nutritious and yummy to your bird.**

To be sure the plants and flowers are edible make sure they are grown **without the use of pesticides and other harmful additives.** You can grow a few for yourself in pots or any garden area. **Here are some healthy, yummy, easy flowers and herbs to get started with.** You might find you enjoy them as much as your bird!

Although all of the plants and flowers we have listed are considered edible, **it is always a good idea to only feed a small portion initially to your bird.** For example, parsley is considered safe and edible and I had a budgie named Blue Bell who loved it, but it always made her throw up. No other bird in our home had that reaction, but parsley was a no-no for Bluebell. **So, although a flower or plant is considered safe for many, a bird can still have a sensitivity.**

Here are some great herbs and flowers to grow for you and your bird. Experiment with flavors and colors and find what you and your bird enjoy the most.

### Edible Herbs and Flowers to Grow

**Basil** is a highly fragrant herb with a pungent and peppery taste and super easy to grow in containers.



**Bee Balm** tastes like a mixture of peppermint and spearmint with a touch of oregano. Interesting flavor and quite lovely to grow. With beautiful pink flowers, the bees and butterflies will love it too.



**Borage** leaves and flowers smell and taste kind of like a cucumber and can be added to salads for you and your bird. The blue flowers are unusual and quite lovely.



**Chamomile** leaves and flowers have an apple or pineapple taste and are great also in a salad as well as added to tea for the humans. The flowers are pretty and daisy-like and make a great addition to your garden. Chamomile is known for its calming influence, and you might notice it helps calm your parrot a little too.



**Daisies** (*Bellis perennis*) have yellow and white flowers that have a mint or clover flavor and are so pretty growing in the garden.



**Dandelions** are considered unwanted weeds by many; however, they are a super nutritious addition to your bird's diet when picked as a young flower. The yellow blossoms have a honey flavor and are very nutritional. They are known to be helpful for liver problems as well.



**Gardenias** are one of the most fragrant of all flowers in a garden and gardenias are a great addition to the garden with a delicate taste to add to that fabulous aroma.



**Tropical Hibiscus** flowers are not only beautiful but fun for your bird to eat. Although the flowers tend to have an acidy taste, most parrots seem to love them.



*("Growing Flowers" continued on page 19)*

("Growing Flowers" continued from pg.18)  
**Honeysuckle** flowers are small white or yellow trumpet shaped blossoms, and they are sweet and delicious. Lories in particular love these flowers as well as other nectar loving birds.



**Impatiens** (*Impatiens wallerana*) are found in many colors and the blooms have a mild sweet flavor. Add them to your salads and drinks too.



**Milk Thistle** (*Silybum marianum*) has purple flowers that are edible as well as the leaves and the seeds produced. Milk Thistle is known for its benefits to the liver and can be a great healing flower for a bird with liver problems.



**Nasturtiums** (*Tropaeolum majus*) have red, yellow, and orange flowers and both flowers and leaves can be eaten. They tend to taste a little sweet at first, then the taste blends into a rather hot and peppery radish flavor. Birds tend to love them.



**Pansies** (*Viola X Wittrockiana*) come in many colors such as purples, whites, yellows, blue, etc., and have a sweet yet tart flavor. Although I haven't personally tried one, I'm told the blue flowers have a mild wintergreen flavor.



**Petunias** (*Petunia hybrida*) have flowers in many many colors these days. The flowers have a mild flavor.



**Roses** (*Rosa* spp) are some of the tastiest flowers and can have a slightly fruity flavor as well as an awesome fragrance.



**Rosemary** has tiny flowering blooms and makes a cool looking container plant. Rosemary is great to add to many grilled dishes for humans also.



**Sage** can have lavender blue flower spikes on some varieties. The flowers have a strong sage flavor which may be more likeable to your bird than yourself.



**Sunflowers** (*Helianthus*) have yellow black-eyed centers. If you let them mature, they will contain those seeds that many parrots just find so yummy. Our local wild mitted conures can be seen eating the seed, so you have to be quick to save some for your birds.



**Thyme** has a slight minty flavor and is often used in many cooking dishes as well.



Hope this helps interest you in growing herbs and flowers and sharing with your bird. Be sure to include native plants also for our other wild winged friends.



(Dr. Stephanie Lamb's African Grey is foraging in her yard)

## SBBS Welcomes New & Returning Members



RENEWAL MEMBERS: **Len Vanderhoof,  
Charles & Barbara Bender**

LIFETIME MEMBERS: **Cary & Anita Pao,  
Karen Allen, Perry Ellwood, Donna Crossley,  
Dr. Walter Roskopf, Jack Ford, Janet Ragonesi,  
Don Hand, Bree & Deven Brozey**

MEMORIAL LIFETIME MEMBERS:  
**Lorrie Mitchell, Diane Bock, Ron Ellwood**

IN MEMORIAM LIFETIME MEMBERS:  
**Laura Lynn Porter, Diane Racey**

Number of Current Members: **62**

**Don't fly off the membership list! Please pay your dues.**

**Your dues help support your club by providing newsletters, educational programs, the website and more.**

To join SBBS, please print the last page of the newsletter or go to [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com) and click on "Membership" to find a membership application. Fill the form out, include a check and send it to SBBS, P.O. Box 3863, Redondo Beach, CA 90277-3863. If you have received a hard copy or found the membership application on the back of the newsletter, fill it out and send it to the above address. If you have any questions about your membership, please contact the Membership Director, Patte Fisher at [pattefisher@verizon.net](mailto:pattefisher@verizon.net) or you can call her at: (310) 316-9843



Patte

## THE SOUTH BAY BIRD SOCIETY IS OUR LOCAL FLOCK



### THE SOUTH BAY BIRD SOCIETY

Is a Public Benefit Corporation and a qualified tax-exempt organization under IRS Code Section 501(C)(3).

### SBBS MISSION STATEMENT

The purpose of SBBS is to study all avian species (native and foreign) and their habitats; to disseminate among the general public and supporting members, information on all aspects of avian care and breeding and the preservation of endangered species and their habitats through written publications, educational lectures, seminars, activities; and to support and promote the propagation and preservation of species that are threatened with extinction.



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### STAY SAFE & PROTECTED FROM GERMS! Karen Allen Reminds Us To Continue To:

- Wash your hands often and vigorously for 20 seconds. Singing the "Happy Bird Day" song TWICE for perfect timing. (You may want to turn off the water while you are scrubbing.)
- Avoid people that are sneezing and coughing.
- Stay home & away from others if you are sick & contagious with a cold, flu, etc.
- Wear a N95, KN95 or KF94 mask indoors and when in close proximity to others. Respect people's choice on wearing a mask, even when it is not legally required.



All members are invited to submit bird-related items for a future SBBS newsletter in any of the following segments:



Kahlia & Gala

- ☀ In "Wing Tips," share a tip that could improve the lives of both you and your bird(s).
- ☀ In "Laugh Kookaburra," send a bird-related cartoon, joke or humorous photo.
- ☀ In "Creative Corner," send photos of your bird-related drawings, ceramic pieces, needle point, paintings, etc. or texts of poems or photos with a unique point of view.

E-mail your ideas of what you would like to see, along with your SUBMISSIONS to: [gidgetscal@aol.com](mailto:gidgetscal@aol.com).

The deadline for the next newsletter is Wednesday, March 8th.

## Adoptions



There are so many birds needing homes.

If you are considering getting another bird, please think about adopting one. Call one of these rescue/adoption groups.

They all have many wonderful birds just waiting for someone to come and take them home.

Many of these groups have websites - take a look!

<u>Organization</u>	<u>Phone</u>	<u>Contact</u>
Fine Feathered Friends Foundation	(310) 334-9062	<a href="http://www.finefeatheredfriendsfoundation.org">www.finefeatheredfriendsfoundation.org</a>
Parrot Rehabilitation Society	(619) 224-6712	<a href="http://www.parrotsociety.org">www.parrotsociety.org</a>
Parrots First	(866) 248-7670, ext. 5937	<a href="http://www.parrotsfirst.org">www.parrotsfirst.org</a>
Santa Barbara Bird Sanctuary	(805) 565-1807	<a href="http://www.sbbird.org">www.sbbird.org</a>
Southern Nevada Parrot Education, Rescue & Rehoming		<a href="http://www.southernnevadaparrotrescue.org">www.southernnevadaparrotrescue.org</a>



"Look at this shirt, Remus! You can zip-a-dee-doo-dah all day long for I care, but you keep that dang Mr. Bluebird off of your shoulder!"



I THINK YOU'VE BEEN FEEDING THE PARAKEET TOO MUCH.



THAT BIRD HAS THE STRANGEST LOOKING TAIL I'VE EVER SEEN.

LAUGH  
KOOKABURRA



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**If you need to renew your membership, go to: [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com).**

**NEED A HOME for Your Ad?**  
**Please Contact SBBS President, Janet Ragonesi at (310) 376-5954**

**SPONSORS**  
Upon review and acceptance by the board of directors, any business that donates \$25 or more per month in either goods, gift certificates or money to SBBS will be known as a SBBS Sponsor. For each month, a sponsor donates to SBBS, the sponsor will be listed in the newsletter for that month depending upon the timing for publication. These SBBS sponsors are listed above.  
**LET'S GIVE THEM OUR SUPPORT!**



# PLEASE JOIN US



Some of our meetings are held on ZOOM & some are at the Kiwanis Club Building of Hermosa Beach

2515 Valley Drive, Hermosa Beach, CA 90245 (near the corner of Gould and Valley Drive)

**MEETINGS** are usually held on the 1st Monday of the month at 7 P.M. **OR** are held on Sunday afternoons.

Verify the meeting date by checking the website at: [www.sobaybirdsoc.com](http://www.sobaybirdsoc.com).

**You don't have to own a bird to participate!**

Members are invited to participate Board Meetings which are usually the 2nd Monday of the month. Call Janet for details.

## South Bay Bird Society — Officers and Board of Directors



### VOTING POSITIONS:

#### EXECUTIVE DIRECTORS:

- President** Janet Ragonesi, (310) 376-5954
- Vice President, CFO** Diane Sivas, (310) 937-9925
- Vice President** Karen Allen, birdsnmor@aol.com

#### DIRECTORS:

- Communications** Gala Burkholder  
gidgetscal@aol.com
- Community Outreach** **OPEN**
- Education** Karen Allen, birdsnmor@aol.com
- Meeting Tech Support** **OPEN**
- Membership** Patte Fisher, pattefisher@verizon.net,  
(310) 316-9843 or cell: (310) 418-9096
- Newsletter & Flyers** Gala Burkholder  
text (310) 345-0278
- Press/Media** Gala Burkholder  
gidgetscal@aol.com
- Programs** **OPEN**
- Raffle & Sponsors** Janet Ragonesi, Patte Fisher
- Secretary** Diane Sivas, (310) 937-9925

### NON-VOTING POSITIONS:

#### SUPPORT POSITIONS:

- Adoptions & Foster Care** Janet Ragonesi, (310) 376-5954  
Marie Calleja, (310) 529-1408
- Cartoons** Marie Calleja
- "Meet-up" Site** David Benjamin
- Photography** Gala Burkholder, Marie Calleja
- Proofreaders** Sylvia Skidmore, Patte Fisher
- Website Coordinator** ACTING—David Benjamin  
(davidsbbsnews@dbenjamin.com)
- Website Maintenance** Harold Buchman
- Refreshment Coordinator** **OPEN**
- ZOOM Coordinator** David Benjamin  
(davidsbbsnews@dbenjamin.com)
- Lifetime Members** Anita & Cary Pao, Karen Allen,  
Perry Ellwood, Jack Ford,  
Donna Crossley, Janet Ragonesi,  
Dr. Walter Rosskopf, Don Hand,  
Bree & Deven Brozey
- Memorial Lifetime Members**  
Lorrie Mitchell, Diane Bock,  
Ron Ellwood
- In Memoriam Members** Laura Lynn Porter, Diane Racey

***Do you want to volunteer in ANY way for SBBS?***

***If so, contact the President Janet Ragonesi at (310) 376-5954 or [ragonesi@att.net](mailto:ragonesi@att.net)***

*The people listed above have chosen to "Step-up" to help with our club. Thank you!*





P.O. Box 3863  
 Redondo Beach, CA 90277-3863  
 www.sobaybirdsoc.com

**EFFECTIVE IMMEDIATELY:**

Members that require the US Postal Service for their delivery, please add \$15 to your membership. Thank-you.




**MEMBERSHIP UPDATE:**  
 When a new or renewing member pays for a 2-year membership in advance, the member receives \$5.00 off of the 2nd year.

### South Bay Bird Society Membership Application

Return your application to: P.O. Box 3863, Redondo Beach, CA 90277-3863

*We appreciate your support. **Your donations are tax deductible.** SBBS is a 501 (c)(3) non-profit corporation*

New \_\_\_ Renewal \_\_\_ Former Member \_\_\_ / Family \$40 \_\_\_ Individual \$32 \_\_\_ Senior (60+) \$25 \_\_\_ Lifetime \$350 \_\_\_

Name(s): \_\_\_\_\_

E-Mail Address for Newsletter Delivery: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Other Phone: (\_\_\_\_) \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

To help us plan programs and activities, please tell us what kind of birds you own: \_\_\_\_\_

How long have you been keeping birds? \_\_\_\_\_

During the meetings when you are invited to bring your bird, we sometimes take pictures of the birds for our newsletter. We like to identify them by name. If you want, please list your bird species and the names of those you might be bringing so we can label the photos: \_\_\_\_\_

Mark ways you will volunteer: Hold a Board Office \_\_\_ Help with Pot Lucks \_\_\_ Help with Community Outreach Events \_\_\_  
 Help with the Silent Auction/Fundraiser \_\_\_ Take Photos of Meetings \_\_\_ Foster Birds \_\_\_ List Other ways \_\_\_\_\_

Do you keep birds primarily as: Companions \_\_\_ Breeders \_\_\_ Both \_\_\_ Renewal Month: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_